






OCTOBER 2015

Jefferson County

AAA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1-Oct Pizza Casserole Toss Salad w/ Dressing Fruit Garlic Bread Stick Sugar Cookie	2-Oct Hot Dog Whipped Potatoes Sauerkraut Hot Dog Roll Fresh Seasonal Fruit
5-Oct Fish Macaroni & Cheese Stewed Tomatoes Whole Wheat Bread Fresh Seasonal Fruit	6-Oct Liver & Onions Whipped Potatoes Green Beans 2 White Bread Pudding	7-Oct Baked Chicken Baked Potato Mixed Vegetables Wheat Bread Pears	8-Oct Ham Scalloped Potatoes Winter Blend Vegetables 2 White Bread Applesauce	9-Oct Pepper Steak w/ Gravy Oven Brown Potatoes Toss Salad w/ Dressing 2 Whole Wheat Bread Gelatin w/ Topping
12-Oct BBQ Rib Seasoned Noodles Coleslaw Whole Wheat Bread Oatmeal Cookie	13-Oct Chicken Alfredo Pasta Broccoli Wheat Bread Fresh Fruit	14-Oct Salisbury Steak w/ Gravy Parsley Potatoes Seasoned Cabbage 2 Whole Wheat Bread Tropical Fruit Salad	15-Oct Chef Salad (ham, turkey & cheese) Vegetable Noodle Soup Bread Stick Peaches	16-Oct Egg Patties / Cheese Sausage Breakfast Style Potatoes 2 White Bread 4oz. Orange Juice
19-Oct Pasta Meatballs Toss Salad w/ Dressing Garlic Bread Stick Pears	20-Oct Roast Sliced Turkey w/ Gravy Whipped Potatoes Sliced Carrots 2 Wheat Bread Cake w/ Icing	21-Oct Ham & Cheese Sandwich Lettuce, Tomato Vegetable Soup 2 White Bread Crackers Fresh Seasonal Fruit	22-Oct Pork Patty Baked Potato Fresh Coleslaw 2 Whole Wheat Bread Pudding	23-Oct Country Fried Steak Augratin Potatoes Mixed Beans Whole Wheat Bread Fruited Gelatin
26-Oct Cheeseburger Oven Browns Baked Beans Sandwich Roll Fresh Seasonal Fruit	27-Oct Meatloaf / Gravy Whipped Potatoes Cream Corn 2 Wheat Bread Mandarin Oranges	28-Oct Sweet & Sour Meatballs White Rice Mixed Vegetables Whole Wheat Bread Pears	29-Oct Chicken Strip Salad Noodle Soup Garlic Bread Stick Pudding	30-Oct HAPPY HALLOWEEN Witches Stew Ghostly Noodles Ghoulslaw Black Cat Cake