

"A Month of Thanks"

November 2015

Jefferson County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Nov	3-Nov	4-Nov	5-Nov	6-Nov
Baked Pork Patty	Sloppy Joe Sandwich	Ham Salad Sandwich	Baked Meatloaf	Spaghetti & Meatballs (3)
1/2c. Whipped Potatoes	1/2c. Parsley Potatoes	1/4c. Lettuce, 1 Slice Tomato	w/ Gravy	3/4c. Pasta, 1/2c. Marinara
1/2c. Sweet Peas	1/2c. Fresh Coleslaw	1c. Cream of Broccoli Soup	Baked Potato	1c. Toss Salad w/ Tomato
Whole Wheat Bread	Sandwich Roll	w/ Crackers	1/2c. Sliced Carrots	Carrots, Red Cabbage, Dress
1/2c. Applesauce	1/2c. Sliced Peaches	Sandwich Roll	Whole Wheat Bread	Bread Stick
* 1		1/2c. Mixed Fruit Salad	1/2c. Tropical Fruit Salad	Fresh Seasonal Fruit

9-Nov	10-Nov	_	12-Nov	13-Nov
Chopped Steak	Baked Chicken Thigh	- AM STAN	BBQ Pork Ribette	Taco Salad w/
w/ Onion Gravy	w/ Thin Gravy	XXXXX	1/2c. Blended Rice	Seasoned Meat & Cheese
1/2c. Whipped Potatoes	1/2c. Scalloped Potatoes	Veterans	1/2c. Sweet & Sour Slaw	1c. Toss Salad w/ Tomato
1/2c. Broccoli w/ Red Peppers	1/2c. Toss Salad w/ Tomato	Day	Whole Wheat Bread	Onions & Dress
2 Whole Wheat Bread	1/2c. Warm Beets		1/2c. Diced Pears	1/2c. Fiesta Corn Salad
1/2c. Tapioca Pudding	White Bread			Nacho Chips
•	1/2c. Fruited Gelatin	"Thank You"		1/2c. Pineapple Tidbits
16-Nov	17-Nov	18-Nov	"Thanksgiving Special" 19-Nov	20-Nov
Cheesy Tuna Noodle	Chicken Parmesan	Baked Ham Slice	Roast Turkey w/ Gravy	Roast Beef & American
Casserole (1c.)	w/ Sauce & Cheese	w/ Fruit Sauce	1/2c. Homemade Stuffing	1/4c. Lettuce, 1 Slice Tomato
1/2c. Fresh Coleslaw	1/2c. Pasta w/ Sauce	1/2c. Scalloped Potatoes	1/2c. Whipped Potatoes	1c. Homemade Vegetable Soup
Whole Wheat bread	1/2c. Italian Green Beans	1/2c. Cauliflower	1/2c. Baby Carrots	w/ Crackers
1/2c. Mandarin Oranges	Whole Wheat Bread	White Bread	Cranberry Sauce 📆 🥻	2 Whole Wheat Bread
	Fresh Seasonal Fruit	Chocolate Brownie	Dinner Roll	1/2c. Diced Pears
			1/2c. Pumpkin Dessert	
23-Nov	24-Nov	25-Nov		
Breaded Chicken Fillet	Baked Pepper Steak	Swedish Meatballs (3)		
Sandwich	w/ Peppers & Gravy	w/ Gravy		
1/4c. Lettuce, 1 Slice Tomato	1/2c. Whipped Potatoes	1/2c. Parsley Noodles		
1/2c. Hash Browns	1/2c. Cream Style Corn	1/2c. Sliced Carrots		
1/2c. Mixed Vegetable Medley	Whole Wheat Bread	Whole Wheat Bread		
Sandwich Roll	# Cake	1/2c. Tropical Fruit Salad		
1/2c. Pineapple Tidbits				
30-Nov			. .	
Potato Crusted Fish				
1/2c. Macaroni & Cheese				
1/2c. Stewed Tomatoes		1 3/6/14/1		1 3 74 1 A C# 1 C#
Whole Wheat Bread	and an			
Fresh Seasonal Fruit				
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