

January 2016

Jefferson County

	THEODAY			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-Jan	5-Jan	6-Jan	7-Jan	8-Jan
Baked Salisbury Steak	Penne Pasta	BBQ Chicken Breast	Chef Salad	Sliced Roast Turkey Breast
w/ Gravy	Meatballs	Baked Potato	(ham, turkey, & cheese)	Gravy
AuGratin Potatoes	Toss Salad	Sour Cream	Dressing	Whipped Potatoes
Mixed Bean Medley	Dressing	Coleslaw	Vegetable Noodle Soup	Sliced Carrots
Whole Wheat Bread	White Bread	Whole Wheat Bread	Bread Stick	Whole Wheat Bread
Mandarin Oranges	. Warm Applesauce	Tropical Fruit Salad	Sliced Peaches	Chocolate Cake
11-Jan	12-Jan	13-Jan	14-Jan	15-Jan
Cheeseburger	Ham, Bean & Potato	Baked Meatloaf	Sweet & Sour Meatballs	Chicken Strip Salad
Lettuce, Tomato	Casserole	Whipped Potatoes	White Rice	Cheese
Oven Brown Potatoes	Toss Salad 🏻 🏹	Green Beans	Broccoli Medley	Dressing
Mixed Vegetable Medley	Dressing	Whole Wheat Bread	Whole Wheat Bread	Noodle Soup[
Sandwich Roll	Whole Wheat Bread	Sugar Cookie	Applesauce	Garlic Bread Stick
Fresh Seasonal Fruit	Apple Oatmeal Bar		Cookie	Fresh Seasonal Fruit
18-Jan	19-Jan	20-Jan	21-Jan	22-Jan
Roast Pork	Sloppy Joe Sandwich	Roast Beef	Sizzled Ham & Cheese	Continental Chicken
w/ Gravy	Parsley Potatoes	w/ Gravy	Sandwich	Celery, Onion & Gravy
Whipped Potatoes	Fresh Coleslaw	Baked Potato	Lettuce, Tomato	Homemade Stuffing
Sweet Peas	Sandwich Roll	w/ Sour Cream	Cream of Broccoli Soup	Mixed Vegetable Medley
Whole Wheat Bread	Peaches	Sliced Carrot	Crackers	Fresh Seasonal Fruit
Apple Slices		Whole Wheat Bread	2 Whole Wheat Bread	Chocolate Chip Cookie
XX		Tropical Fruit Salad	Pears	N.P.
25-Jan	26-Jan	27-Jan	28-Jan	29-Jan
Turkey Pot Pie	Chopped Steak	Spaghetti w/ Meatballs (3)	Homey Mustard Chicken	Taco Salad
over Noodles	w/ Onion Gravy	Pasta, Sauce	Sandwich	Cheddar Cheese
Sweet & Sour Slaw	Whipped Potatoes	Toss Salad	Lettuce,Tomato	Fiesta Corn Salad
Sweet Peas & Carrots	. Broccoli w/ Red Peppers	Dressing	Baked Potato Soup	Nacho Chips
Whole Wheat Bread	Whole Wheat Bread	White Bread	w/ Crackers	Pineapple Tidbits
Oatmeal Cookie	Tapioca Pudding	Mandarin Oranges	2 Wheat Bread	
			Mixed Fruit Salad	
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