







Jefferson County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Feb	2-Feb	3-Feb	4-Feb	5-Feb
Chicken Parmesan	Warm Roast Beef Sandwich	Baked Ham Slice	Swedish Meatballs (3)	Grilled Chicken Sandwich
Pasta / Sauce	Provolone Cheese	w/ Fruit Sauce	w/ Gravy	Lettuce, Tomato
Green Beans	Ranch Potatoes	Scalloped Potatoes	Egg Noodles	Vegetable Soup
Wheat Bread	Fresh Coleslaw	Cauliflower	Carrots	w/ Crackers
Fresh Seasonal Fruit	Sandwich Roll	Whole Wheat Bread	Whole Wheat Bread	Sandwich Roll
	Sugar Cookie	Vanilla Ice Cream	. Pineapple Tidbits &	Tropical Fruit Salad
			Mandarin Oranges	
8-Feb	9-Feb	"Ash Wednesday" 10-Feb	"Valentine's Lunch" 11-Feb	12-Dec
Baked Swiss Steak	Pizza Casserole	Baked Breaded Fish	Hot Turkey Sandwich / Gravy	Tuna Salad Sandwich (1/2c)
w/ Gravy	Toss Salad	Rice Pilaf	O'Brien Potatoes	w/ Cheese
Parsley Potatoes	Dressing	Broccoli	Vegetable Medley	Lettuce, Tomato
Baked Cabbage	Italian Bread	Wheat Bread	Whole Wheat Bread	Dill Pickle Spear
Whole Wheat Bread	Applesauce	Peaches	Cake w/ Icing	Tomato Soup w/ Crackers
Fresh Seasonal Fruit	··· ·		5	2 Whole Wheat Bread
				Peaches
15-Feb	16-Feb	17-Feb	18-Feb	19-Feb
	Hot Dog	Pepper Steak	Baked Chicken Alfredo	Potato Crusted Fish
ent's	1/2c. Whipped Potatoes	w/ Peppers & Sauce	w/ Creamy Parmesan Sauce	Macaroni & Cheese
Happy President's Day	1/2c. Sauerkraut	. Buttered Potatoes	Pasta	Stewed Tomatoes
Happy Day	Hot Dog Roll	Garden Salad / Tomato	. Broccoli Medley	Sandwich Roll
(Du)	Fresh Seasonal Fruit	& Dressing	Whole Wheat Bread	Fresh Seasonal Fruit
		Whole Wheat Bread	1/2c. Peaches	
		Gelatin w/ Topping		
22-Feb	23-Feb	24-Feb	25-Feb	26-Feb
Penne Pasta w/ Meatballs (3)	BBQ Chicken	Sliced Roast Turkey	Baked Salisbury Steak	Baked Vegetable Lasagna
Toss Salad	Baked Potato	w/ Gravy	w/ Gravy	w/ Parmesan Cream Sauce
Italian Bread	Sour Cream	Whipped Potatoes	Au Gratin Potatoes	Toss Salad w/ Tomato
Cinnamon Applesauce	Sweet & Sour Slaw	Carrots	Mixed Bean Medley	Carrots, Egg & Dressing
Italian Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Breadstick
	. Tropical Fruit Salad	Chocolate Pudding	Mandarin Oranges	Cinnamon Applesauce
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29-Feb				
Roast Pork			5-91	
w/ Gravy				
Whipped Potatoes Peas & Carrots			linge	
Whole Wheat Bread		- unen	1063	
Apple Slices		· (1)0		
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w/ Oatmeal Topping				