| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|   <br> Chicken Parmesan  <br> Pasta / Sauce  <br> Green Beans  <br> Wheat Bread  <br> Fresh Seasonal Fruit  | 2-Feb <br> Warm Roast Beef Sandwich <br> Provolone Cheese <br> Ranch Potatoes <br> Fresh Coleslaw <br> Sandwich Roll <br> Sugar Cookie |  $3-\mathrm{Feb}$ <br> Baked Ham Slice  <br> w/ Fruit Sauce  <br> Scalloped Potatoes  <br> Cauliflower  <br> Whole Wheat Bread  <br> Vanilla Ice Cream  | Swedish Meatballs (3) w/ Gravy Egg Noodles Carrots Whole Wheat Bread . Pineapple Tidbits \& Mandarin Oranges | Grilled Chicken Sandwich Lettuce, Tomato Vegetable Soup w/ Crackers Sandwich Roll Tropical Fruit Salad |
|  $8-\mathrm{Feb}$ <br> Baked Swiss Steak  <br> w/ Gravy  <br> Parsley Potatoes  <br> Baked Cabbage  <br> Whole Wheat Bread  <br> Fresh Seasonal Fruit  |  $9-\mathrm{Feb}$ <br> Pizza Casserole  <br> Toss Salad  <br> Dressing  <br> Italian Bread  <br> Applesauce  | "Ash Wednesday" 10-Feb Baked Breaded Fish Rice Pilaf Broccoli Wheat Bread Peaches | "Valentine's Lunch" 11-Feb <br> Hot Turkey Sandwich / Gravy <br> O'Brien Potatoes <br> Vegetable Medley <br> Whole Wheat Bread <br> Cake w/ Icing | Tuna Salad Sandwich (1/2c) <br> w/ Cheese <br> Lettuce, Tomato <br> Dill Pickle Spear <br> Tomato Soup w/ Crackers 2 Whole Wheat Bread Peaches |
| Happy President's | Hot Dog $16-\mathrm{Feb}$ 1/2c. Whipped Potatoes 1/2c. Sauerkraut Hot Dog Roll Fresh Seasonal Fruit | Pepper Steak w/-Feb weppers \& Sauce . Buttered Potatoes Garden Salad / Tomato \& Dressing Whole Wheat Bread Gelatin w/ Topping | Baked Chicken Alfredo w/ Creamy Parmesan Sauce Pasta . Broccoli Medley Whole Wheat Bread 1/2c. Peaches | 19-Feb Potato Crusted Fish Macaroni \& Cheese Stewed Tomatoes Sandwich Roll Fresh Seasonal Fruit |
| 22-Feb Penne Pasta w/ Meatballs (3) Toss Salad Italian Bread Cinnamon Applesauce Italian Bread | BBQ Chicken Baked Potato Sour Cream Sweet \& Sour Slaw Whole Wheat Bread Tropical Fruit Salad | Sliced Roast Turkey w/ Gravy Whipped Potatoes Carrots Whole Wheat Bread Chocolate Pudding | Baked Salisbury Steak <br> w/ Gravy <br> Au Gratin Potatoes <br> Mixed Bean Medley <br> Whole Wheat Bread <br> Mandarin Oranges | Baked Vegetable Lasagna w/ Parmesan Cream Sauce <br> Toss Salad w/ Tomato <br> Carrots, Egg \& Dressing <br> Breadstick <br> Cinnamon Applesauce |
| 29-Feb <br> Roast Pork w/ Gravy <br> Whipped Potatoes <br> Peas \& Carrots <br> Whole Wheat Bread Apple Slices <br> w/ Oatmeal Topping |  |  |  |  |

