

THE SUNSHINE LINE

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 (814) 849-3096
 1-800-852-8036

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 186 Main Street, Suite 2
 Brookville, PA 15825

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 (814) 849-3232

Website:
www.jcaaa.org



Bill Sherman - Executive Director

Molly McNutt - Deputy Director

The Family Caregiver Support Program

Caregiving can be difficult or overwhelming at times. Family members caring for their loved ones may have to work or have health problems of their own, but there are programs available to provide assistance.

For Tom and Betty Miller, working full-time made it difficult to be able to provide the care that her mother Betty Walters needed in her home. Betty Miller inquired about the services available at Jefferson County Area Agency on Aging and found that the Family Caregiver Support Program best met her and Thomas' needs.

To begin the process of eligibility for the Family Caregiver Support Program, Mrs. Walters had to be assessed to determine what services were needed to support staying at home as well as her level of care determination. Since reimbursement is determined by household income, Betty's son-in-law Tom provided the financial information necessary to determine eligibility for the level of qualifying reimbursement each month. Betty's primary need was for in-home services but she also qualifies to be reimbursed for supplies such as nutritional supplements and over-the-counter medications.

The family is appreciative of the financial reimbursement that has allowed Mrs. Walters to remain at home. It helps afford them respite while managing their own home and while at work. Without the reimbursement for care provided, Betty and Tom could not afford to pay privately for help in Mrs. Walters home.

Betty and Tom have found that her mother's quality of life has improved with the increased social interaction provided by her caregiver Betsy. Betsy takes Betty out to social events such as the Victorian Christmas held in downtown Brookville as well as the fall festival in Roseville. Betty also was made an honorary member of the Christian Biker Group that Betsy belongs to, as she attends the picnics held during the summer. Betty's daughter feels that the increase in social activity helps keep Betty positive, especially with her husband's recent passing.

Educational pamphlets on caregiving for loved ones with dementia provided at the initial assessment proved very helpful for Betty's daughter.

Betty Miller's advice for other caregivers is to not be afraid to go to the Aging Office and inquire about help that is available. There are many useful programs that can help keep your loved ones in their own homes.

For more information or interest in obtaining services, please contact the Jefferson County Area Agency on Aging at 800-852-8036.

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Betty Walters with her Christian Biker Group vest

A message from the Executive Director

Happy Spring everyone!

I'm going to deviate from my normal fact laced missive this month to pay tribute to two long time employees that recently moved on to the retirement phase of their lives. Donna Price, Center Manager of the Foundry and Rita Zelman, Case Aide and Receptionist at the Administrative Office in Brookville. Both began their careers with the Area Agency on Aging (AAA) in September 2001. For nearly 15 years they were an integral part of the ongoing success of the AAA.

Donna came to us with a background in aging services and hit the ground running, as we had just recently opened The Foundry Senior Center located on Main Street, Reynoldsville. Through her tenure the Foundry became a welcoming location for local seniors to congregate for meals, socialization and just plain fun. It also gained the reputation of becoming a major event location for the local Community. Unfortunately, there were some trials and tribulations along the way. The floods of 2005 and 2013 destroyed the lower level of the building. Each time required major clean up and reconstruction and Donna was there every step of the way, while assuring the center participants as well as the community the building would come back stronger than before.

Rita came to us with strong background in local and state government having served as an aide for former State Senator, Pat Stapleton. As was the case when she worked for the Senator, for many years Rita was first point of contact when you called or stopped by the Brookville office of the AAA searching for information and assistance.

Rita was always there to assist, whether at the office or senior center assisting with real estate tax rebates, rent rebates, or PACE applications.

On behalf of the Board of Directors, the staff and I, thank you both of your many years of dedicated and loyal service to the AAA.

Please join me in wishing Donna and Rita a happy well deserved retirement, with many years of good health and happiness. Good wishes friend!

The Agency is here to help older residents of Jefferson County - please pass the word. Please take advantage of the recently updated Website: www.jcaaa.org
Summer is just around the corner.

Warm Regards,
- Bill Sherman, Executive Director

Oliver Township Center,
Closed for April
Questions?
Call: 814-849-3391

SENIORS - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAAA for emergencies 24 hours a day at 1-800-852-8036.

Livanta

BENEFITS: Livanta LLC is a Beneficiary and Family Centered Care Quality Improvement Organizations (BFCC-QIO) that protects the rights of Medicare beneficiaries receiving care in Pennsylvania. Call Livanta if you are denied admission to a hospital, are asked to leave a hospital before you feel well enough, or are dissatisfied with the quality of care you received from a medical provider. Livanta performs these services free of charge to Medicare beneficiaries, including those enrolled in HMOs and Medicare Advantage Plans.

THOSE ELIGIBLE: All Medicare beneficiaries who receive medical care in the Commonwealth of Pennsylvania.

CONTACT: It's helpful to have as much background information on hand as possible when calling Livanta, including: name on Medicare card; Medicare number; address and phone number; date of birth; date of service; and full name and contact information of the healthcare professional.

Livanta LLC

BFCC-QIO Program, Area 1
9090 Junction Drive, Suite 10
Annapolis Junction, MD 20701
Toll-free: (866) 815-5440
TTY: (866) 868-2289
www.BFCCQIOAREA1.com

From: Benefits & Rights For Older Pennsylvanians 2015

To get a copy stop by the JCAAA Main Office



Employee Spotlight!

Name: Jodi Shaffer
Job title: Options Care Manager
Location: Main Office
Years at JCAAA: 1.5 years
Education and School Where Attended: Punxsutawney Area High School, Clarion University to obtain Bachelor's Degree with majors in psychology and biology.
Certifications: First Aid and CPR

What is involved in your day-to-day activities in your current position?

I complete in home assessments to set up Options services. I provide care management and make sure that consumers are happy with services. I answer phones, take new referrals, and answer consumer questions. I complete Rent Rebates and LIHEAP applications. I also manage the Dom Care program.

Please tell me about your most rewarding or satisfying experience in your work or volunteer history:

I enjoy completing the in home assessments and meeting the consumers that I work with. It is very rewarding to hear about how the services that we provide are helping individuals.

Please tell me about your proudest moment since you joined JCAAA:

I am always proud when I hear from consumers that they are happy with the services and that the services are making a difference in their lives.

Please tell us about the significant people in your personal life.

I have been married to my husband, Rich, for almost 11 years. I have a 10 year old daughter, Bailey, and a 6 year old son, Riley. We enjoy animals and have 2 rabbits, 5 fish, 2 cats, a bearded dragon, and a rat.

What do you do when you're not at work?

I enjoy doing activities with my family. We like to take walks outside when the weather is nice and sled ride in the winter. I also enjoys crafting and sewing.



JEFFERSON COUNTY AREA AGENCY ON AGING
186 MAIN STREET, SUITE 2
BROOKVILLE, PA 15825

Ombudsman Program



**60% of individuals
living in long-term care
facilities don't get
visitors.**

- ★ You can make a difference in the lives of those in long-term care facilities.
- ★ You can advocate for resident's rights.
- ★ You can empower others.
- ★ You can become a volunteer.

Make a difference by joining our team as an Ombudsman volunteer
where we offer support, education and flexible hours.

To learn more about this volunteer opportunity and how you can make a difference
in a residents life, please call the Jefferson County Area Agency on Aging and ask
for Mindy Sivanich, Ombudsman Coordinator at 1-800-852-8036 Ext. 232

Certified APPRISE (Medicare) Volunteer Counselors Needed!!

Are you looking for a challenging volunteer opportunity?
Do you enjoy learning about complex topics?
Are you good at analyzing and solving problems?
Do you like to work with people?

The APPRISE program may be just what you are looking for!

The next APPRISE training will take place in **April**. For more
information about becoming an APPRISE Counselor, call Amy
Zeitler, APPRISE Coordinator at 814-849-3096.

If you need help with Medicare, our volunteer APPRISE counselors
can assist. Call 814-849-3096 for an appointment.

Exercise Walking For Seniors: Preventing Foot Problems

by Christine Dobrowolski

Exercise has a very important role in the general health and the quality of life of everyone, but especially in seniors. Seniors who walk tend to look younger, sleep more soundly and have fewer visits to the doctor. Walking for 30 to 60 minutes four to six days a week will help improve osteoarthritis and decrease the risk of osteoporosis, heart disease, hypertension, diabetes and obesity. Walking is the top recreational sport for seniors.

Although many seniors may be scared to start an exercise program because they are worried about injury, the health benefits of exercise outweigh the risk of injury. Walking is considered one of the best forms of exercise because it's safe, cheap and easy. Unfortunately, foot problems can prevent seniors from starting or continuing with a walking program. Follow these tips to help avoid foot problems when walking:

1. Choose the right shoe. Make sure the shoe is supportive and bends only at the toes. The shoe should also be stable from side to side. If you can twist the shoe or fold it in half, it is too flexible. The shoe should have enough wiggle room for the toes, yet be snug enough to keep the heel from slipping.
 2. Buy shoes in the afternoon. Feet swell during the day and it is better to fit your shoes at this time. The only exception to this rule would be if you always do your walks in the mornings. Make sure your foot is measured at the store to obtain your correct size. Feet change size over time. Most feet lengthen and widen over the years, increasing the shoe size. Don't assume you've always been the same shoe size.
 3. Start slowly with an easy pace. Try a short walk of 15 minutes and gradually increase the time each day.
 4. If you haven't walked before, make sure you start on a flat, soft surface. A great surface to start on is a level, dirt path. Don't jump into climbing hills until you build some endurance.
 5. Warm up before walks. Gentle stretching before and after walking can improve circulation and prevent injury. But, don't over stretch. If you haven't stretched before, be careful not to over do it. This can lead to injury.
 6. Avoid walking in bad weather. Cold, wet weather makes surfaces slippery and hard and decreases visibility. Muscles can become tight and the feet can become numb, increasing the chance of injury.
 7. Examine your feet after the walk. Look for areas of irritation, red spots, blisters or areas of swelling. Self-treating can turn a minor problem into a major problem. Consult a podiatrist if a problem persists.
 8. Avoid cotton socks. The white cotton socks you've been told to wear all these years are not appropriate for exercise walking. Synthetic or wool socks will help wick moisture away from your feet as you walk. This will decrease your chance of fungal infections, excess rubbing or blister formation.
 9. Walk in well-lit places. The darker the trail or road, the more difficult it is to see and the higher the chance you will have of tripping, falling or twisting an ankle.
 10. Don't walk through pain. As soon as you notice a foot problem, stop walking. If you continue walking with an injury you could be making the problem worse. If a few days of rest does not resolve the problem, see a podiatrist. If you feel it's necessary to continue your exercise
- Source: <http://www.justseniorhealth.com/main.php?pid=walking&title=Exercise Walking For Seniors: Preventing Foot Problems>



Brookville Heritage House Center
4 Sylvania Street,
Brookville, PA 15825
Director: Romaine Conner
Phone: 814-849-3391
Email: heritage@jcaaa.org

- 4/1- -Some April Fool Trivia
11:30 am.
- 4/7- “Gambling Away The Golden Years” with Marsha Emhoff from Drug & Alcohol Comm. at 11:00 am.
- 4/12- Blood Pressure Screening...Mary Keck from Guardian 11:00 am
- 4/14- Nutrition Info with Penn Highland Dietician 11am.
- 4/15- “Crossfire “ Band 7-9pm. Kitchen open at 5:30. Loaded Baked Potatoes...Chili...Hot Dogs and Pie.
- 4/18- Patriot’s Day remembering Paul Revere.
- 4/22- Enjoy some Jelly Beans with your friends at the Heritage House before lunch.
- 4/25- Advisory Board Meeting 1pm Open to all Birthday Dinner 5:00pm
- 4/26- Come and enjoy some variety of pretzels today ..Maybe some dip????? .
- 4/29- Arbor Day. Just some info on the meaning of Arbor Day and how it originated.

Monday – Bingo..9:30am, Healthy Steps 9:30 , Tai-Chi 10:00am

Tuesday - Art Class 1:00pm, Bridge 1:00pm, Healthy Steps 9:30

Wednesday - Scrabble 10:00am, Bridge 1:00pm, Wii Bowling 1:00pm

Thursday – Healthy Steps 9:30-11:00am Bridge / Cards 1:00pm

Friday - Bingo 9:30am, Tai-Chi 10:00am Bridge 1:00pm

FITNESS ROOM WITH NEW EXERCISE EQUIPMENT OPEN DAILY FROM 8:00AM-2:00PM. Please see director or volunteer for instructions and registration..

The always distinguished Mr. Deemer.



Punxsutawney Pine Street Center
103 North Gilpin Street,
Punxsutawney, PA 15767
Director: Mindy Grose
Phone: 814-938-8376
Email: pinestreet@jcaaa.org

- 4/4- Vitamin C day! 11:30 in the dining room to learn about the benefits of vitamin c
- 4/7- 10:30 healthy aging in the dining room
- 4/13- Thomas Jefferson day. 11:30 in the dining room to learn about Thomas Jefferson
- 4/14- Spring Fling Bingo! \$2.00 per person and all money is returned in bingo pay-outs!
- 4/16- Senior Prom starts at 6:00 pm!
- 4/22- national jelly bean day! jelly bean fun in the dining room at 11:30
- 4/26- national pretzel day. come and join the fun and learn about pretzels! 11:30

Daily – puzzles, computers, cards, Wii,

Monday – exercise with Linda at 10:30 am

Tuesday – Bingo with Jim from 9:30-11:30 AM

Wednesday - Stop by and play some air hockey

Thursday - exercise with Linda at 10:30 am

Friday – Bingo with Jim from 9:30-11:30 AM

The VIP table; Hilda, Jack, Patty, Annabelle and Jim





Brockwayville Depot Center
425 Alexander Street
Brockway, PA 15824
Director: Cheryl Moore
Phone: 814-265-1719
Email: depot@jcaaa.org

4/4- Movie Day. After lunch..Snacks provided

4/6- Artist Connection 7:00 PM

4/7-. Nutrition Speaker from Brookville Hospital 11:15AM

4/12- Breakfast 7:30-9:30.Blood Sugars 7:00-8:30..Blood Pressures 8:30-9:30

4/15- MUSIC NIGHT WITH ROMNEY AND FRIENDS 6-9..KITCHEN OPENS AT 4

4/20- Artist Connection 7PM

4/21- Tureen Dinner at 5:30 along with the GiN Spring Event

4/26- 55 Alive Refresher Class 1-5 PM

Daily – Lunch is at Noon! Make your reservation the day before Social Hour, Pool, Library, Puzzles, Coupons, TV Lounge, PLUS a Fun Time!

Monday – Healthy Steps 10:00 AM

Tuesday - Bingo after lunch

Wednesday – Cards 10:00 AM, Chair Yoga 11:30 AM

Thursday – Healthy Steps 10:00 AM, Bingo after lunch

Friday – Bingo 10:00 AM followed by lunch

Some of the ladies at The Depot passing around the Beach Ball with helpful hints and questions about nutrition. Picture holding the ball Jean Grimes, Helen Bish, Mary Matthews and Donna Sicheri.



The Reynoldsville Foundry Center
45 West Main Street
Reynoldsville, PA 15851
Director: Donna Price
Phone: 814-653-2522
Email: foundry@jcaaa.org

4/01 – Music Night with Bill DeLong & Friends. Kitchen opens @ 6:00 p.m.; Band begins @ 7:00 p.m.

4/09 & 4/11 – Patty Smith Art Class @ 9:00 a.m.

4/15 – Blood Pressure/ Blood Sugar Checks and Presentation with Mary Keck from Guardian @ 11:00 a.m.

4/18 – Gut Check Presentation with Lori Rancik @ 11:30 a.m.

4/19 – Drug and Alcohol Commission Presentation with Karen Orner @ 11:15 a.m.

Daily – Coffee break, Pool, Computers, Exercise Machines, Shuffleboard, Jigsaw puzzle, Lending Library, TV/Movie lounge

Monday– Healthy Steps in Motion 10:30 AM, Jam Session 1 PM

Tuesday – Dominoes 10, Computer class 1, Tai Chi 6 p.m.

Wednesday – Healthy Steps in Motion 10:30 AM, Oil Painting 1 PM

Thursday – Nickel Bingo 9:30 am, Cards 10 am, Tai Chi 6 p.m.

Friday - Healthy Steps in Motion 10:30am

Seniors at the Foundry participating in the Healthy Steps In Motion Program



April 21, 2016 at
5:30 pm at the
Brockway Depot

Spring

The Geriatric Interest Network will be
sponsoring a Spring Tureen Dinner
followed by a presentation of Chair Yoga
with Allison Ball.

Please RSVP to Cheryl Moore at
the Depot by 4-15-16

814-265-1719

DO YOU HAVE MEDICARE?

Do you want to know if you are
eligible to save some money?

The APPRISE Program wants to make
sure you and your loved ones who have
Medicare know about the Extra Help
and Medicare Savings Programs.

Extra Help can help lower your prescription
co-payments and premiums and cover the
cost of the coverage gap ("donut hole")

- If you are **single** and have **total monthly**
income of less than \$1,471/month; and less
than \$13,640 in resources
- If you are **married** and have a **total monthly**
income of less than \$1,991/month; and less
than \$27,250 in resources

Medicare Savings Program can help you
with the payment of your Part B premium and
possibly with the payment of your Medicare
Part A and Part B cost-sharing.

- If you are **single** and have a **total monthly**
income of less than \$1,324/month; and less
than \$7,280 in resources
- If you are **married** and have a **total monthly**
income of less than \$1,792/month; and less
than \$10,930 in resources

There is **NO COST** for the APPRISE Program's
help or for enrollment into these programs.

APPRISE CAN ALSO HELP WITH:

- Medicare
- Medicare
Prescription Drug
Plans (Part D)
- Medicare Advantage
Plans
- Medicare
Supplemental
Insurance (Medigap)
- Medicaid
- Long-Term Care
Insurance
- Fraud and Abuse
- Medicare Appeals

Call Today!

Jefferson County Area
Agency on Aging

1-800-852-8036



Funded in whole or part by
a grant through the
Administration for
Community Living

This April take time to stop in to the
new fitness center at the Heritage House!
See what others are saying:

"After joining the fitness program at Heritage House
and being explained how to operate the various exercise
machines available I began working out. Since then I have
noticed a huge difference in my stamina and flexibility.
The available of this equipment has been very beneficial
to me and I will continue to use it on a regular basis. I am
very grateful for the program that provided this."

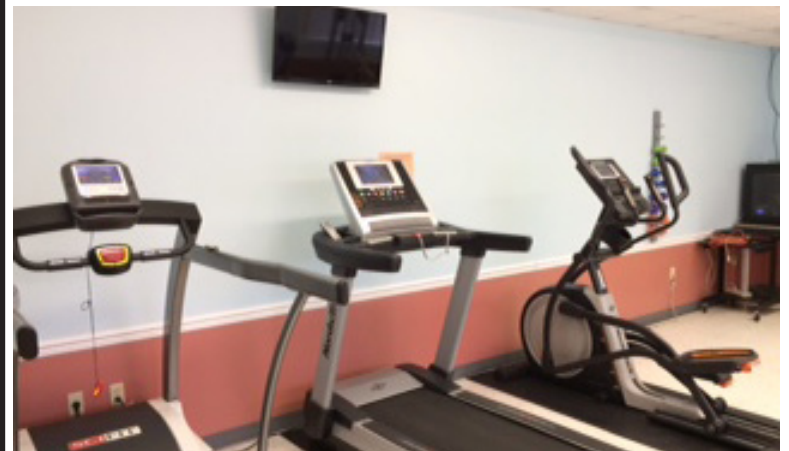
- **Wayne R.**

"The fitness center at Heritage House in Brookville was a
good idea. I know that I use it a lot. I ride the bicycle. I
started out at 15 minutes. I can now ride it for four miles."

- **Norma K.**

"The exercise room is a really neat addition to the Heri-
tage House senior center. There are seven stations which
provide a wide variety of activities for seniors wishing to
gain strength, agility, and improve their overall health. The
room is bright, cheerful and easily accessible. Stop in soon
for a demonstration and join in the fun!"

- **Shirley E.**



Crossword Answers

H	A	R	E		L	A	O	S		A	R	E
S	K	I	N		A	X	L	E		B	E	N
T	A	C	T		S	E	D	A	T	I	V	E
				O	R	B				M	O	D
R	A	T	I	O			S	T	A	T	E	L
I	N	T	E	N	T	I	O	N				
P	T	A	S		O	R	G		L	O	P	E
					T	R	E	A	S	U	R	E
A	T	T	I	R	E	D			S	C	A	N
H	E	A	V	E					W	I	T	
E	N	S	E	M	B	L	E		A	I	D	E
A	S	K			O	R	E	S		N	O	N
D	E	S			R	O	O	T		O	N	C

One-Pot Spaghetti with Fresh Tomato Sauce



Ingredients

12 ounces spaghetti, broken in half
 3 tablespoons extra-virgin olive oil
 1 tablespoon tomato paste
 2 medium tomatoes, roughly chopped
 Handful fresh basil leaves, plus more for garnish
 4 cloves garlic, thinly sliced
 Large pinch crushed red pepper flakes
 Kosher salt
 1/2 cup grated Parmesan, plus more for serving

Read more at: <http://www.foodnetwork.com/recipes/food-network-kitchens/one-pot-spaghetti-with-fresh-tomato-sauce.print.html?oc=linkback>

Directions

Put the spaghetti, oil, tomato paste, tomatoes, basil, garlic, red pepper flakes and 1 teaspoon salt in a high-sided medium skillet. Add 5 cups water, and bring to a boil over medium-high heat. Continue to cook, stirring the spaghetti frequently to keep it from clumping, until it is al dente and the sauce has reduced and thickened, 6 to 8 minutes. Stir in the Parmesan (the sauce will thicken more), and season with salt if needed. Divide the spaghetti among 4 bowls, and garnish with more Parmesan and torn basil leaves.



April 2016

Jefferson County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
				
4-Apr Sliced Roast Turkey w/ Gravy Whipped Potatoes Sliced Carrots Whole Wheat Bread Chocolate Pudding	5-Apr Penne Pasta Meatballs Toss Salad w/ Tomato Carrots, Onions & Dressing Italian Bread Applesauce	6-Apr BBQ Chicken Breast Baked Potato w/ Sour Cream Fresh Coleslaw Whole Wheat Bread Tropical Fruit Salad	7-Apr Chef Salad (ham, turkey & cheese) Mixed Greens w/ Tomato Carrots, Cabbage & Dressing Vegetable Noodle Soup Garlic Bread Stick Sliced Peaches	8-Apr Baked Chicken Alfredo w/ Parmesan Sauce Pasta Broccoli Whole Wheat Bread Sliced Peaches
11-Apr Chicken & Biscuits Mixed Vegetable Medley Fresh Seasonal Fruit Cookie	12-Apr Sizzled Ham & Cheese Sandwich Lettuce, Tomato Creamy Broccoli Soup 2 Whole Wheat Bread Diced Pears 	14-Apr Pork Patty w/ Gravy Whipped Potatoes Sweet Peas & Onions Whole Wheat Bread Cinnamon Apple Slices	15-Apr  Sloppy Joe Sandwich Parsley Potatoes Sweet & Sour Slaw Sandwich Roll Pineapple Tidbits & Mandarin Oranges	16-Apr Roast Beef Baked Potato Carrots Whole Wheat Bread Fruit Salad
18-Apr Cheeseburger Lettuce, Tomato Ranch Oven Browns Mixed Vegetable Medley Sandwich Roll Fresh Seasonal Fruit	19-Apr Ham, Bean & Potato Casserole Toss Salad w/ Tomato Carrots, Cabbage & Dressing Whole Wheat Bread Sliced Peaches	20-Apr Sweet & Sour Chicken White Rice Broccoli Whole Wheat Bread Applesauce	21-Apr Baked Meatloaf w/ Gravy Whipped Potatoes Green Beans Whole Wheat Bread Cake	22-Apr Chicken Strip Salad w/ Cheddar Cheese Mixed Greens w/ Tomato Carrots, Cabbage & Dressing Chicken Noodle Soup Garlic Bread Stick Fresh Seasonal Fruit 
25-Apr Pepper Steak Whipped Potatoes Broccoli with Red Peppers Whole Wheat Bread Pudding	26-Apr Turkey Pot Pie over Noodles Fresh Coleslaw Sweet Peas Whole Wheat Bread Cookie 	27-Apr Taco Salad w/ Cheddar Cheese Toss Salad w/ Tomato Carrots, Cabbage Fiesta Corn Salad Nacho Chips Pineapple Delight	28-Apr Breaded Chicken Fillet Sandwich Lettuce, Tomato Potato Soup w/ Crackers Sandwich Roll Mixed Fruit Salad	29-Apr Spaghetti & Meatballs (3) Toss Salad Italian Bread Pears



JEFFERSON COUNTY AREA AGENCY ON AGING
 186 Main Street, Suite 2
 Brookville, PA 15825

Non-Profit
 Organization
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 Permit No. 21
 Falls Creek, PA
 15840

ADDRESS SERVICE REQUESTED

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**Check for Crossword Puzzle
 Answers On the I & R Page**

Puzzle# 34

ACROSS

- 1. Tortoise's opponent
- 5. Vietnam's neighbor
- 9. Right you ____!
- 12. Rind
- 13. Car part
- 14. London's Big ____
- 15. Poise
- 16. Calming drug
- 18. Sphere
- 20. Internet access device
- 21. Proportion

DOWN

- 23. Majestic
- 25. Objective
- 27. School gps.
- 28. Assoc.
- 29. Run easily
- 33. Prizes
- 35. Dressed
- 39. Reads quickly
- 40. Throw
- 41. Humor
- 42. Performance group
- 46. Assistant
- 49. Interrogate

- 50. Mine products
- 51. High ____
- 52. French preposition
- 53. Source
- 54. Fairy tale starter

DOWN

- 1. Truman's monogram
- 2. Alias abbr.
- 3. Cottage cheese's kin
- 4. Logbook items
- 5. "Viva ____ Vegas"
- 6. Chopping tool
- 7. Antique
- 8. Sailor
- 9. Remain
- 10. Make merry
- 11. Foe
- 17. Wee one
- 19. ____ voyage!
- 21. Tear
- 22. Army insect
- 23. Fathered
- 24. Dress for Caesar
- 26. Pulled apart
- 29. Tenor ____ Pavarotti
- 30. Formal speech
- 31. Writer's tool
- 32. Tricky curve
- 33. Earth vibration
- 34. Compass pt.
- 35. In front
- 36. Nervous
- 37. Chores
- 38. "____ Got a Secret"
- 43. Sis's sibling
- 44. Author ____ Tolstoy
- 45. Philadelphia time zone (abbr.)
- 47. Trumpeter ____ Severinsen
- 48. Wind direction (abbr.)