











MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1-Jul Sausage Sandwich w/ Peppers & Onions Buttered Potatoes Baby Carrots Sandwich Roll Vanilla Ice Cream
	5-Jul Sweet & Sour Chicken White Rice Broccoli & Carrot Medley Whole Wheat Bread Fresh Seasonal Melon Cookie	6-Jul Baked Vegetable Lasagna w/ Parmesan Cream Sauce Toss Salad w/ Tomato Carrots, Cabbage & Dress Dinner Roll Sliced Peaches 	7-Jul Ham & Swiss Sandwich Lettuce, Tomato Fresh Broccoli Salad Fresh Fruit Whole Wheat Bread Gelatin	 8-Jul Turkey & Gravy over Noodles Whipped Potatoes Sliced Carrots Whole Wheat Bread Chocolate Brownie
11-Jul Grilled Chicken Sandwich Lettuce, Tomato Potato Salad Wheat Sandwich Roll Mixed Fruit 	12-Jul Spaghetti w/ Meatballs Pasta, Toss Salad w/ Tomato Carrots, Cabbage & Dress. Italian Bread Cinnamon Apples	13-Jul Tuna Salad Sandwich Lettuce, Tomato Cream of Tomato Soup w/ Crackers Cottage Cheese Whole Wheat Bread Fresh Seasonal Fruit	14-Jul House Seasoned Chicken Breast w/ Gravy Blended Rice Vegetable Medley Whole Wheat Bread Fresh Navel Orange	15-Jul Hot Dog w/ Kraut Whipped Potatoes Sweet Peas Hot Dog Roll Fresh Seasonal Melon
18-Jul Baked Salisbury Steak w/ Mushroom Gravy Garlic & Butter Potatoes Broccoli Whole Wheat Bread Fluff Dessert	19-Jul Turkey & Cheddar Sandwich Lettuce, Tomato Potato Soup w/ Crackers Whole Wheat Bread Fresh Seasonal Fruit	20-Jul Baked Pollock Fillet Baked Potato Sweet Peas & Onions Dinner Roll Pudding	21-Jul Italian Hoagie Lettuce, Tomato Parmesan Red Potatoes Garden Salad w/ Tomato Carrots, Dress. Hoagie Roll  Fresh Seasonal Melon	22-Jul Grilled Chicken Salad w/ Cheese Toss Salad w/ Tomato Carrots, Cabbage & Dress Whole Wheat Bread Fresh Seasonal Melon Gelatin
25-Jul Breaded Pork Chop Patty w/ Gravy Whipped Potatoes Succotash Whole Wheat Bread Oatmeal Cookie	26-Jul Potato Crusted Fish Macaroni & Cheese Stewed Tomatoes Whole Wheat Bread Applesauce 	27-Jul Chef Salad (ham, turkey, egg & cheese) Toss Salad w/ Tomato Carrots, Cabbage & Dress Fruit Juice Garlic Bread Stick Diced Pears	28-Jul Roast Chicken & Gravy Homemade Stuffing Baby Carrots Whole Wheat Bread Pineapple & Oranges	29-Jul Meatball Hoagie w/ Sauce & Cheese Fresh Coleslaw Mixed Bean Medley Hoagie Roll Fresh Navel Orange