



August 2016



Jefferson County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Aug	2-Aug	3-Aug	4-Aug	5-Aug
Chicken & Gravy	Turkey Salad Sandwich	Baked Swiss Steak	BBQ Pulled Pork Sandwich	Baked Meat & Cheese Lasagna
w/ Peas & Carrots	Lettuce, Tomato	w/ Gravy	Season Redskin Potatoes	w/ Marinara Sauce
over Buttermilk Biscuit	Pasta Salad 🗼	Whipped Potatoes	Fresh Coleslaw	Toss Salad w/ Tomato
Italian Vegetable Medley	3 Bean Salad	Green Beans	Wheat Sandwich Roll	Carrots, Red Cabbage & Dressing
Applesauce	2 Whole Wheat bread	Whole Wheat Bread	Fresh Seasonal Fruit (melon)	Italian Bread
Sugar Cookie	Fresh Seasonal Fruit (melon)	Vanilla Pudding		Applesauce
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8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
Sweet Sausage Sandwich	Stuffed Chicken Breast	Hamburger on Roll	BBQ Chicken Breast	Sliced Roast Pork Loin
w/ Peppers & Onions	w/ Gravy	w/ Ketchup & Mustard	Baked Potato	w/ Gravy
Buttered Potatoes	Whipped Potatoes	Lettuce, Tomato	Sweet Corn	Scalloped Potatoes
Sliced Carrots	Green Beans	Macaroni Salad	Whole Wheat Bread	California Blend
Hot Dog Roll	Whole Wheat Bread	Pickled Beets	Mandarin Salad	Whole Wheat Bread 🗼
Vanilla Ice Cream	Fresh Seasonal Melon, Cookie	Fresh Seasonal Fruit (melon)		Cookie
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15-Aug		17-Aug	18-Aug	_
Baked Meatloaf	Turkey & Gravy	Sweet & Sour Chicken	Ham & Provolone Sandwich	Baked Vegetable Lasagna
w/ Gravy	over Noodles		Lettuce, Tomato	w/ Parmesan Cream Sauce
Parsley Potatoes	Whipped Potatoes	White Rice	Fresh Broccoli Salad	Toss Salad w/ Tomato
Mixed Vegetable Medley	Sliced Carrots	Oriental Vegetable Medley	Fresh Melon	Carrots, Cabbage & Dress.
Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	2 Whole Wheat Bread	Dinner Roll
Cinnamon Applesauce	Chocolate Brownie	Fresh Seasonal Melon	Gelatin	Sliced Peaches
		Fortune Cookie		
22-Aug	23-Aug	24-Aug	25-Aug	•
Grilled Chicken Sandwich	Hot Dog w/ Kraut	Spaghetti & Meatballs	House Seasoned Chicken Brst.	Tuna Salad Sandwich
Lettuce, Tomato	Whipped Potatoes		w/ Gravy	on Whole Wheat
Mayo	Sweet Peas	Toss Salad w/ Tomato	Blended Rice	Lettuce, Tomato
Potato Salad	Hot Dog Roll	Carrots, Red Cabbage & Dressing	Summer Vegetable Medley	Cream of Tomato Soup
Wheat Sandwich Roll	Fresh Seasonal Fruit (melon)	Italian Bread	Whole Wheat Bread	Cottage Cheese
Mixed Fruit Salad		Apple Slices	Fresh Seasonal Fruit (orange)	Fresh Seasonal Melon
29-Aug	30-Aug	31-Aug		
Baked Salisbury Steak	Grilled Chicken Salad	Turkey & Swiss Sandwich		
w/ Mushroom Gravy	w/ Cheese	Lettuce, Tomato	Let's Pienie	
Garlic & Butter Potatoes	Toss Salad w/ Tomato	Potato Soup		
Broccoli	Carrots, Cabbage & Dress.	w/ Crackers		
Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread		
Lemon Fluff Dessert	Fresh Seasonal Melon	Fresh Seasonal Fruit		
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