| $\qquad$ | September 2016 |  | Jefferson County |  |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  |  | Happy his Granparents <br> Day | Italian Hoagie 1-Sep Lettuce, Slice Tomato Parm Redskin Potatoes Garden Salad w/ Tomato Carrots, Croutons Hoagie Roll Fresh Seasonal Melon | Baked Pollock Fillet w/ Creamy Dill Sauce Baked Potato w/ Sour Cream Sweet Peas Dinner Roll Banana Pudding |
| Day!!!! | Breaded Pork Chop w/ Gravy Whipped Potatoes Succotash Whole Wheat Bread Oatmeal Cookie | Meatball Hoagie w/ Sauce \& Cheese Fresh Coleslaw Mixed Bean Medley Hoagie Roll Fresh Seasonal Melon | Roast Chicken Breast w/Gravy Homemade Stuffing Baby Carrots Whole Wheat Bread Pineapple Tidbits \& Mandarin Oranges | Potato Crusted Fish Macaroni \& Cheese Twists Stewed Tomatoes Sandwich Roll Applesauce |
| 12-Sep <br> Chicken \& Gravy w/ Peas \& Carrots Italian Vegetable Medley Buttermilk Biscuit Applesauce Sugar Cookie | Turkey Salad Sandwich Lettuce,Tomato . Pasta Salad 3 Bean Salad 2 Whole Wheat Bread Fresh Seasonal Melon | Baked Swiss Steak w/ Gravy <br> Whipped Potatoes Green Beans Whole Wheat Bread Vanilla, Pudding | BBQ Pulled Pork Sandwich Seasoned Red Potatoes Fresh Coleslaw Sandwich Roll Fresh Seasonal Melon | Baked Meat \& Cheese Lasagna <br> w/ Marinara Sauce <br> Toss Salad w/ Tomato <br> Carrots, Cabbage \& Dress. <br> Italian Bread <br> Apple Crisp |
| Sweet Sausage Sandwich w/ Peppers \& Onions Buttered Potatoes Sliced Carrots Sandwich Roll Vanilla Ice Cream | 20-Sep Stuffed Chicken Breast w/ Gravy Whipped Potatoes Green Beans Whole Wheat Bread Fresh Seasonal Fruit Sugar Cookie | "Last Summer Picnic" 21-Sep <br> Cheeseburger <br> Lettuce,Tomato <br> Macaroni Salad <br> Pickled Beets <br> Sandwich Roll <br> Fresh Seasonal Melon |  | BBQ Chicken Breast Baked Potato Sweet Corn White Bread Mandarin Salad |
|  | Ham \& Swiss Sandwich Lettuce, 1 Slice Tomato Fresh Broccoli Salad Fresh Seasonal Melon 2 Rye Bread Gelatin | Baked Vegetable Lasagna w/ Parmesan Cream Sauce <br> Toss Salad w/ Tomato Carrots, Cabbage \& Dress. Dinner Roll Sliced Peaches | Sweet \& Sour Chicken w/ Pineapple \& Cherry Sauce White Rice Broccoli Medley Whole Wheat Bread Fresh Seasonal Fruit Fortune Cookie | Turkey \& Gravy over Noodles Whipped Potatoes Sliced Carrots White Bread Chocolate Brownie |

