

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1-Nov</p> <p>Pasta w/ Meatballs (3) 3/4c. Pasta w/ Sauce 1c. Mixed Greens w/ Tomato Cukes, Carrots, Cabbage Italian Bread 1/2c. Sliced Peaches (parmesan cheese)</p>	<p>2-Nov</p> <p>Baked Pollock w/ Dill Sauce Baked Potato w/ S. Cream 1/2c. Harvard Beets Dinner Roll 1/2c. Tropical Fruit Salad</p>	<p>3-Nov</p> <p>Hot Roast Beef Sandwich w/ Gravy 1/2c. Whipped Potatoes 1/2c. Sweet Peas & Carrots 2 Whole Wheat Bread Sugar Cookie</p>	<p>4-Nov</p> <p>Cheeseburger 1/4c. Lettuce 1 Slice Tomato 1/2c. Oven Brown Potatoes 1/2c. Fresh Coleslaw Wheat Sandwich Roll Fresh Seasonal Fruit</p>
<p>7-Nov</p> <p>Sweet Sausage w/ Peppers & Onions 1/2c. Redskin Potatoes 1/2c. Green Beans Sausage Roll 1/2c. Chocolate Ice Cream</p>	<p>8-Nov</p> <p>Shepherd's Pie w/ Gravy 1/2c. Peas & Carrots 1/2c. Fresh Coleslaw Whole Wheat Bread 1/2c. Lime Frosted Sliced Pears</p>	<p>9-Nov</p> <p>House Blend Seasoned Chicken Breast w/ Gravy 1/2c. Lyonnaise Potatoes 1/2c. Broccoli Whole Wheat Bread 1/2c. Mixed Fruit Salad</p>	<p>10-Nov</p> <p>Sloppy Joe Sandwich 1c. Baked Potato Soup w/ Crackers Wheat Sandwich Roll 1/2c. Pineapple Tidbits</p>	
<p>14-Nov</p> <p>Baked Swiss Steak w/ Mushroom Gravy 1/2c. Creamed Potatoes 1/2c. Winter Vegetable Medley Whole Wheat Bread 1/2c. Butterscotch Pudding</p>	<p>15-Nov</p> <p>Breakfast for Lunch Egg Omelet w/ Cheese 1oz. Breakfast Sausage 1/2c. Breakfast Potatoes White Bread w/ Jelly Fresh Navel Orange</p>	<p>16-Nov</p> <p>Baked Turkey Pot Pie w/ Potatoes & Vegetables 1/2c. Fresh Coleslaw Buttermilk Biscuit 1/2c. Mixed Fruit Salad</p>	<p>"Thanksgiving Lunch" 17-Nov</p> <p>Roast Turkey w/ Gravy 1/2c. Homemade Stuffing 1/2c. Whipped Potatoes 1/2c. Carrots Dinner Roll Cranberry Sauce 1/2c. Pumpkin Dessert</p>	<p>18-Nov</p> <p>Breaded Fish Sandwich w/ Cheese 1/2c. Cheesy Bacon & Chive Potatoes 1/2c. Green Beans Sandwich Roll 1/2c. Pineapple & Oranges</p>
<p>21-Nov</p> <p>Pepper Steak w/ Peppers Onions & Gravy 1/2c. Parsley Noodles 1/2c. Baby Carrots Whole Wheat Bread 1/2c. Applesauce</p>	<p>22-Nov</p> <p>Baked Crab Cake 1/2c. Cheesy Noodles w/ Broccoli 1/2c. Italian Vegetable Medley Whole Wheat Bread 1/2c. Sliced Peaches</p>	<p>23-Nov</p> <p>Chicken Marsala w/ Mushroom 1/2c. Blende Rice 1/2c. Broccoli Dinner Roll 1/2c. Tropical Fruit Salad</p>	<p>Happy Thanksgiving</p> 	
<p>28-Nov</p> <p>Italian Meatball Hoagie w/ Sauce & Cheese 1/2c. Seasoned New Potatoes 1/2c. Mixed Bean Medley Hoagie Bun 1/2c. Tapioca Pudding</p>	<p>29-Nov</p> <p>Pork Loin w/ Gravy 1/2c. Scalloped Potatoes 1/2c. Sweet Peas & Onions Dinner Roll Fresh Seasonal Fruit</p>	<p>30-Nov</p> <p>Stuffed Pepper Cup w/ Tomato Sauce 1/2c. Whipped Potatoes 1/2c. Yellow Beans Whole Wheat Bread 1/2c. Diced Pears</p>		