

December 2016

Group				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	\		1-Dec	2-Dec
. camily			Chef Salad	Creamy Parmesan Garlic Chicken
Grom our Fallery		Hanny	(ham, turkey, egg & cheese)	w/ Cream Sauce
From our Family to Yours		Happy Holidays	1c. Mixed Greens w/ Tomato	1/2c. Penne Pasta
to louis		ac C. Cano	Croutons, Carrots. Cucumbers	1/2c. Italian Vegetable Medley
		Holiaays	1c. Noodle Soup w/ Crackers	Garlic Bread Stick
		32000	Whole Wheat Bread	1/2c. Warm Cinnamon
			1/2c. Sliced Peaches	Applesauce
5-Dec	6-Dec	7-Dec		9-Dec
Meatloaf w/ Gravy	BBQ Chicken	Baked Ham Slice	Turkey & Swiss	Breaded Lemon Pepper
1/2c. Whipped Potatoes	1/2c. Seasoned Red Potatoes	w/ Fruit Sauce	Sandwich	Pollock
1/2c. Italian Beans	1/2c. Country Vegetable Blend	1/2c. Orange Kissed Mashed	1/4c. Lettuce, 1 Slice Tomato	Baked Potato w/ Sour Cream
Whole Wheat Bread	Dinner Roll	Sweet Potatoes	1c. Cheesy Broccoli Soup	1/2c. Garden Salad w/ Tomato
1/2c. Banana Pudding Fluff	Sugar Cookie	1/2c. Brussel Sprouts	w/ Crackers	Dinner Roll
	2434. 233.43	Whole Wheat Bread	2 Whole Wheat Bread	1/2c. Sliced Peaches
		1/2c. Vanilla Ice Cream	Fresh Seasonal Fruit	w/ Oatmeal Topping
12-Dec	13-Dec	14-Dec		
Ham & Scalloped Potato	Baked Vegetable Lasagna	BBQ Pulled Pork Sandwich	Baked Chicken Breast	16-Dec Chili Mac w/
Casserole	w/ Parmesan Cream Sauce	1/2c. Southwest Rice &	w/ Gravy	Cheddar Cheese Topping
1/2c. Braised Cabbage	1c, Mixed Greens w/ Tomato	Black Beans	1/4c. Homemade Stuffing	1c. Mixed Greens w/ Tomato
1/2c. Green Beans	Carrots, Onions, Cabbage	1/2c. Fresh Coleslaw	1/2c. Whipped Potatoes	Carrots, Cabbage & Dress.
Dinner Roll	Garlic Bread Stick	Sandwich Roll	1/2c. Sweet Peas & Onions	Italian Bread
1/2c. Strawberry Ice Cream	1/2c. Sliced Apples w/	Fresh Seasonal Fruit	Dinner Roll	1/2c. Applesauce
1,26. Guanisary las Gradin	Oatmeal Topping	r roon oodoonan ran	1/2c. Chocolate Fluff	1,20. , (ppicoado)
19-Dec	20-Dec	21-Dec		23-Dec
Hot Roast Beef Sandwich	Spaghetti & Meatballs (3)	Roast Turkey & Gravy	Cheeseburger	Baked Pollock
w/ Gravy	3/4c. Pasta w/ Sauce	1/2c. Homemade Stuffing	1/4c. Lettuce 1 Slice Tomato	w/ Dill Sauce
1/2c. Whipped Potatoes	1c. Mixed Greens w/ Tomato	1/2c. Baby Carrots	1/2c. Oven Brown Potatoes	Baked Potato w/ S. Cream
1/2c. Sweet Peas & Carrots	Cukes, Carrots, Cabbage	Whole Wheat Bread	1/2c. Fresh Coleslaw	1/2c. Harvard Beets
2 Whole Wheat Bread	Italian Bread	1/2c. Warm Cinnamon	Wheat Sandwich Roll	Dinner Roll
Sugar Cookie	1/2c. Sliced Peaches	1/2c. Applesauce	Fresh Seasonal Fruit	1/2c. Tropical Fruit Salad
ŭ 🌇	(parmesan cheese)			·
	27-Dec	28-Dec	29-Dec	30-Dec
•• •• • •	Sweet Sausage	Baked Lasagna	Sloppy Joe Sandwich	Shepherd's Pie
Merry Christams	w/ Peppers & Onions	w/ Marinara Sauce	1c. Baked Potato Soup	w/ Gravy
	1/2c. Redskin Potatoes	1c. Mixed Greens w/ Tomato	w/ Crackers	1/2c. Peas & Carrots
	1/2c. Green Beans	Red Cabbage Croutons	Wheat Sandwich Roll	1/2c. Fresh Coleslaw
	Sausage Roll	Italian Bread	1/2c. Pineapple Tidbits	Whole Wheat Bread
	1/2c. Chocolate Ice Cream	1/2c. Warm Applesauce		1/2c. Lime Frosted Sliced
				Pears