

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1-Aug</p> <p>Teryaki Chicken Breast 1/2c. White Rice 1/2c. Island Blend Vegetables White Bread 1/2c. Applesauce</p>	<p>2-Aug</p> <p>Salisbury Steak w/gravy Baked Potato 1/2c. Coleslaw Wheat Bread 1/2c. Mixed Fruit Salad</p>	<p>3-Aug</p> <p>Baked Sweet Sausage w/Peppers & Sauce 1/2c. Seasoned Redskins 1/2c. Green Beans Wheat Bread Fresh Baked Cookie</p>	<p>4-Aug</p> <p>Tuscan Chicken w/ tomato cream sauce 1/2c. Penne Pasta 1 c. Tossed Salad w/tomato Breadstick 1/2c. Sliced Peaches</p>	
<p>7-Aug</p> <p>Meatloaf w/gravy 1/2c. Mashed Potatoes 1/2c. Peas & Carrots Wheat Bread 1/2c. Sherbet</p>	<p>8-Aug</p> <p>Baked Alfredo Chicken Noodles Garden Salad Breadstick Apricots</p>	<p>9-Aug</p> <p>Spaghetti & Meatballs(3) 3/4c. Pasta w/sauce 1 c. Tossed Salad w/tomato Italian Bread 1/2c. Pears</p>	<p>10-Aug</p> <p>Kielbasa w/2 T. Sauerkraut 1/2c. Mashed Potatoes 1/2c. Sweet Corn Sandwich Roll Brownie</p>	<p>11-Aug</p> <p>Breaded Lemon Pepper Pollock Baked Potato 1/2c. Sweet & Sour Coleslaw White Bread Fresh Fruit</p>
<p>14-Aug</p> <p>Chicken Marsala 1/2c. Garlic & Parmesan Pasta 1/2c. Crinkle Cut Carrots White Bread 1/2c. Pineapple Delight</p>	<p>15-Aug</p> <p>Cheeseburger w/lettuce & tomato 1 c. Creamy Potato Soup Hamburger Roll Fresh Fruit</p>	<p>16-Aug</p> <p>Baked Ham Slice 1/2c. Mashed Potatoes 1/2c. Beet Salad Wheat Bread 1/2c. Pudding</p>	<p>17-Aug</p> <p>Taco Salad 1/2 Cup Spanish Rice 1/2 Cup Corn & Black Bean Salad Nacho Chips 1/2 cup Apricots</p>	<p>18-Aug</p> <p>BBQ Chicken Baked Potato 1/2c. Lima Beans Wheat Bread Fresh Fruit</p>
<p>21-Aug</p> <p>3/4c. Savory Sausage Scramble 1/2c. Breakfast Potatoes Wheat Bread w/Jelly Fresh Banana</p>	<p>22-Aug</p> <p>Chicken Salad Sandwich w/lettuce & tomato 1 c. Pasta Florentine Soup w/crackers White Bread 1/2c. Peaches</p>	<p>23-Aug</p> <p>Pork Patty 1/2c. Mashed Potatoes w/chives 1/2c. Braised Cabbage Wheat Bread Cake</p>	<p>24-Aug</p> <p>Roast Beef Stroganoff 1/2c. Buttered Noodles 1/2c Peas & Carrots White Bread Fresh Fruit</p>	<p>25-Aug</p> <p>Baked Pollock w/dill sauce Baked Potato 1/2c. Broccoli Wheat Bread 1/2c. Pears</p>
<p>27-Aug</p> <p>Pepper Steak w/peppers & onions 1/2c. Mashed Potatoes 1/2c. Mixed Vegetable Medley Wheat Bread Mixed Fruit</p>	<p>28-Aug</p> <p>Chicken Cobb Salad Diced Chicken, Egg, Cheese, Sprinkle of bacon bits 1 c.Noodle Soup w/crackers Dinner Roll 1/2c. Pineapple Tidbits</p>	<p>29-Aug</p> <p>Sweet Turkey Sausage (6) Minestrone 3/4 cup Bowtie Noodles 1/2 Cup Green Beans Italian Bread Fresh Fruit</p>	<p>30-Aug</p> <p>Stuffed Pepper 1/2 Cup Mashed Potatoes 1/2 Cup Corn Wheat Bread Fruit Crisp</p>	 <p>*All Menus Subject to Change</p>