






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*All Menus Subject to Change			1-Sep Mushroom Swiss Burger 1/2c. Hot German Potato Salad 1/2c. Baked Beans Hamburger Roll Brownie
	5-Sep Chicken Parmesan 1/2c. Rotini Pasta 1c. Tossed Salad w/tomato Italian Bread Cookie	6-Sep Club Sandwich (Ham, Turkey, Cheese) Lettuce, Slice Tomato 1 c. Creamy Cauliflower Soup w/crackers White Bread Fresh Fruit	7-Sep Pepper Steak Peppers, Onion, Sauce 1/2c. Mashed Potatoes 1/2c. Sliced Carrots White Bread Peaches	8-Sep Sweet & Sour Meatballs (3) 1/2c. Rice Pilaf 1/2c. Vegetable Medley White Bread 1/2c. Applesauce
11-Sep Meatball Sandwich w/sauce & cheese 1/2c. Seasoned Redskins 1/2c. Mixed Bean Medley Sandwich Roll Fresh Fruit	12-Sep Roasted Turkey w/gravy 1/2c. Mashed Potatoes 1/2c. Peas & Carrots Wheat Bread 1/2c. Vanilla Ice Cream	13-Sep Chef Salad (Ham, Turkey, Cheese, & Egg) 1 c. Wedding Soup w/crackers Breadstick 1/2c. Sliced Pears	14-Sep Baked Lemon Pepper Chicken Thigh w/gravy 1/2c. Wild Rice 1/2c. Brussel Sprouts Wheat Bread 1/2c. Peaches	15-Sep BBQ Beef Ribette 1/2c. Sweet Potato Bites 1/2c. Mixed Vegetables Corn Drop Biscuit Brownie
18-Sep Hot Roast Beef Dinner w/Gravy 1/2c. Whipped Potatoes 1/2 c. Mixed Vegetables White Bread 1/2c. Applesauce	19-Sep Crab Cake 1/2c. Parmesan Noodles 1/2c. Italian Beans Wheat Bread 1/2c. Sliced Pears	20-Sep Salisbury Steak w/gravy Baked Potato 1/2c. Coleslaw Wheat Bread 1/2c. Mixed Fruit Salad	21-Sep Baked Sweet Sausage w/Peppers & Sauce 1/2c. Seasoned Redskins 1/2c. Green Beans Wheat Bread Fresh Baked Cookie	22-Sep Tuscan Chicken w/ tomato cream sauce 1/2c. Penne Pasta 1 c. Tossed Salad w/tomato Breadstick 1/2c. Sliced Peaches
25-Sep Meatloaf w/gravy 1/2c. Mashed Potatoes 1/2c. Peas & Carrots Wheat Bread Mandarin Oranges	26-Sep Southwestern Chicken Wrap (Chicken, Cheese, Pimento, Mayo, lettuce, tomato) 1 c. Vegetable Barley Soup Tortilla Shell/Wrap 1/2c. Mixed Fruit	27-Sep Spaghetti & Meatballs(3) 3/4c. Pasta w/sauce 1 c. Tossed Salad w/tomato Italian Bread 1/2c. Pears	28-Sep Kielbasa w/2 T. Sauerkraut 1/2c. Mashed Potatoes 1/2c. Sweet Corn Sandwich Roll Brownie	29-Sep Breaded Lemon Pepper Pollock Baked Potato 1/2c. Sweet & Sour Coleslaw White Bread Fresh Fruit