

THE SUNSHINE LINE

Telephone:
(814) 849-3096
1-800-852-8036

Address:
186 Main Street, Suite 2
Brookville, PA 15825

Fax:
(814) 849-3232

Website:
www.jcaaa.org

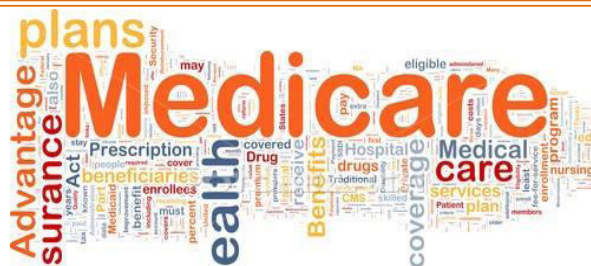


JEFFERSON COUNTY
AREA AGENCY ON AGING

Molly McNutt- Executive Director

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Medicare Annual Open Enrollment October 15, 2018 – December 7, 2018

The Medicare Annual Open Enrollment Period for 2018 will be from October 15 to December 7. During this period each year, Medicare beneficiaries can join, switch or drop their Medicare Part D or Medicare Advantage coverage.

Medicare Part D and Medicare Advantage plans change the coverage and costs each year, so it is important to review your plan and compare it to others on the market that are available to Jefferson County residents.

APPRISE, a free health insurance counseling program for Medicare beneficiaries residing in Pennsylvania, will have counselors available during the entire Annual Open Enrollment Period. These unbiased and friendly counselors will help you understand your options in comparing Part D and Medicare Advantage plans at the following events in the community. This counseling is free.

Medicare Annual Open Enrollment Events for the Jefferson County Area Please call to schedule an appointment.

Heritage House (Brookville) at: 814-849-3096
Reynoldsville Foundry at: 814-653-2522
Brockway Depot at: 814-265-1719
Punxsutawney Senior Center at 814-849-3096
The Main Office will be accepting appointments on Wednesdays, Please call to schedule an appointment.-849-3096



JCAAA main office and all 4 centers will be closed
November 12th, 22nd and 23rd.

Oliver Township Center,
Is open on November 8th for lunch and bingo.
Questions? Call: 814-849-3391

The Jefferson County Area Agency on Aging is a 501(c)(3) non-profit organization dedicated to enhancing the lives of older adults in Jefferson County, Pennsylvania.

We help over 2,000 older adults and their families every year by administering comprehensive services to assist them to remain a citizen in our communities.

Charitable donations are important to the Jefferson County Area Agency on Aging. These voluntary gifts enable us to go farther and serve more than we otherwise would have been able. We are extremely appreciative for the gifts that we receive and we take our accountability to our donors very seriously. We provide a written acknowledgment to all donors for every type and amount of gift received.

Your contribution is tax-deductible to the extent allowed by law. Please note the amount of your contribution that is deductible for federal income tax purposes is limited to the money contributed by the donor minus the value of goods or services provided by JCAAA.

To make a charitable or memorial donation, please mail your tax deductible donation payable to:

Jefferson County Area Agency on Aging
186 Main St., Suite 2
Brookville, PA 15825
Phone: (814) 849-3096



Benefits & Rights

RESTRICTED LICENSE

Benefits: People who do not meet the vision standards for a driver's license may qualify for a restricted (low vision) license. A restricted license allows the driver to drive during daylight hours on roadways other than freeways.

Those Eligible: A person with visual acuity of less than 20/70 combined vision, but at least 20/100 combined vision with best correction and 120 degrees field vision in the horizontal meridian may qualify (with a recommendation from an optometrist or physician).

Contact:

Bureau of Driver Licensing

P.O. Box 68682

Harrisburg, PA 17106-8682

717-412-5300

TTY callers – please dial 711



**From: Benefits & Rights For
Older Pennsylvanians 2018
To get a copy stop by the
JCAAA Main Office**

Look what people are saying about the Options PERS Program.

*Thanks for all you do & have done for me – Florraine M. - Anita

“Everyone is always very kind & helpful, people monitor medical alert are great!” - Eva B. – Anita

“Case worker was very pleasant, my life alert arrived within a few days. Thank you.” - George S. -Summerville.

“Dad’s experience w/the agencies workers have been very brief. They reviewed him for his medical alert button set up time for him to receive it and it was installed. They have called to check on him and see that it works and have all been very kind. We are very pleased.” - Darlene C. - Summerville

What is The Options PERS Program?

Pennsylvania’s Options Program provides aging state residents with care services in their homes such as personal care, home health and home delivered meals. Assistance is also provided to family caring for a loved one at home such as adult day care, respite care and transportation assistance.

The Options Program begins with a comprehensive assessment of the applicant’s health and physical abilities. The assessment determines their care needs and presents different funding options based on their financial situation.

Personal Emergency Response Systems (PERS), also known as Medical Emergency Response Systems, let you call for help in an emergency by pushing a button. A PERS has three components: a small radio transmitter, a console connected to your landline telephone or cellular phone connection, and an emergency response center that monitors calls.

Transmitters are light-weight, battery-powered devices. You can wear one around your neck, on a wrist band, on a belt, or in your pocket. When you need help, you press the transmitter’s help button, which sends a signal to the console. The console automatically dials one or more emergency telephone numbers. Most PERS are programmed to telephone an emergency response center. The center will try to find out the nature of your emergency. They also may review your medical history and check who should be notified.

Who is JCAAA?

Jefferson County Area Agency on Aging, Inc. is a private, charitable, non-profit corporation dedicated to providing a comprehensive array of the highest quality health and human services to residents of Jefferson County. We will accomplish this mission by committing to our guiding principles of Integrity, Coordinated Community Partnerships, Best Service, Progressive Attitudes, Professionalism, Teamwork and Investment in our Employees and Volunteers.




The Agency serves as the front door for the Pennsylvania Department of Aging services here at the local level. The AAA implements the various programs and services offered to older adults in Jefferson County; as the gateway to those available services.

The AAA offers needed assistance, supportive service, and advice. The Agency is staffed with workers skilled in various fields such as geriatrics, social work, and community resources. Areas in which the AAA assists include: providing care for an older relative; investigating reports of abuse and neglect; recommending social or educational opportunities; and much more. The Area Agency on Aging, Inc. acts as an advocate to keep older adults active and independent in their own communities.

If you are interested acquiring a PERS Button please call JCAAA at (814) 849-3096 to see if you qualify for the Options PERS program.

Hospital Auxiliary Craft Show
11/2 8:00 – 5:00 & 11/3 9:00 – 3:00

Tai Chi every Monday and Thursday 6:00 – 7:00

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
|  <h2 style="font-family: cursive;">Heritage House – November 2018</h2>  | | | | |
| <p>Center Director: Melissa Harrison Address: 4 Sylvania Street, Brookville PA 15825 Phone: 814-849-3391 Email: heritage@jcaaa.org</p> | | | | |
| 5 Woodcarvers 9:00 Bingo 9:30 Healthy Steps 9:30 | 6 Healthy Steps 9:30 Oil Painting 12:30 | 7 Scrabble 10:00 Soup & Salad Bar 11:00 – 12:30 | 1 Coffee with the Vets 9:30 Healthy Steps 9:30 Teapot & Talk 11:00 | 2 Bingo 9:30 Read out Loud 11:00 |
| 12 Closed Veterans Day | 13 Healthy Steps 9:30 Blood Pressure Screening 11:00 Oil Painting 12:30 | 14 Scrabble 10:00 JCAAA County Advisory Council 10:00 Soup & Salad Bar 11:00 – 12:30 Parkinson Support Group 1:00 | 15 Coffee with the Vets 9:30 Healthy Steps 9:30 Teapot & Talk 11:00 Thanksgiving Luncheon | 16 Bingo 9:30 Read out Loud 11:00 |
| 19 Woodcarvers 9:00 Bingo 9:30 Healthy Steps 9:30 | 20 Healthy Steps 9:30 Oil Painting 12:30 | 21 Scrabble 10:00 Soup & Salad Bar 11:00 – 12:30 | 22/23  Happy Thanksgiving Center is Closed | |
| 26 Woodcarvers 9:00 Bingo 9:30 Healthy Steps 9:30 Advisory Council Meeting 1:00 | 27 Healthy Steps 9:30 Oil Painting 12:30 | 28 Scrabble 10:00 Soup & Salad Bar 11:00 – 12:30 | 29 Coffee with the Vets 9:30 Healthy Steps 9:30 Teapot & Talk 11:00 | 30 Bingo 9:30 Read out Loud 11:00 |

Medicare Enrollment 11/12 & 11/26.
Call 814-849-3096 to schedule an appointment!

Daily Activities: Fitness Center 8:00 – 2:00
Bridge 1:00

CENTER INFO

November
2018

Medicare Enrollment 11/7 & 11/21. Call 814-849-3096 to schedule an appointment.



Punxsutawney Senior Center – November 2018



Center Director: Deborah Long
Address: 2785 Walston Road,
Punxsutawney PA 15767
Phone: 814-938-8376
Email: punxyv@icaaa.org

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---------|-----------|----------|--------|
| <p>5 Penny Bingo 10:00</p> <p>6 Congregate Meal served at Grace Place</p> <p>7 Knitting/Crocheting 10:00 Card Games 10:00</p> <p>8 Congregate Meal served at Grace Place</p> <p>9 Penny Bingo 10:00 Veterans Day Trivia</p> | | | | |
| <p>12 Closed Veterans Day</p> <p>13 Congregate Meal served at Grace Place</p> <p>14 Knitting/Crocheting 10:00 Card Games 10:00 Falls Prevention Program 10:30</p> <p>15 Congregate Meal served at Grace Place Thanksgiving Luncheon</p> <p>16 Penny Bingo 10:00 Thanksgiving Trivia</p> | | | | |
| <p>19 Penny Bingo 10:00 National Monopoly Day!</p> <p>20 Congregate Meal served at Grace Place</p> <p>21 Knitting/Crocheting 10:00 Card Games 10:00</p> <p>22/23</p> <p>Happy Thanksgiving Center is Closed</p> | | | | |
| <p>26 Penny Bingo 10:00</p> <p>27 Congregate Meal served at Grace Place</p> <p>28 Knitting/Crocheting 10:00 Card Games 10:00</p> <p>29 Congregate Meal served at Grace Place</p> <p>30 Penny Bingo 10:00 Ice Cream Social Sundae Bar 12:30</p> | | | | |

Daily Activities: Card Games, Board Games, Pool, Wii, Volunteer Opportunities

Lunch at Noon! Call to make your reservation.







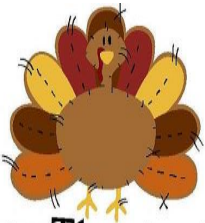
CENTER INFO

November 2018



November 2018

Jefferson County

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
|  *Menu Subject to Change* |  |  | 1 Smokey BBQ Burger Topped with cheddar, bbq sauce, crispy onions 1/2c. Potato Bites Roll Fresh Seasonal Fruit | Chicken & Dumplings- 1c. 1/2c. Coleslaw Buttermilk Biscuit 1/2c. Peaches |
| 5 Reuben Sandwich (Corn Beef, kraut, swiss) Potato Salad Peaches Rye Bread | 6 Turkey & Provolone Sandwich Lettuce, Tomato 1 c. Creamy Broccoli Soup w/Crackers Roll Fresh Fruit | 7 Pork Patty Whipped Potatoes Lima Beans Sliced Apples White Bread | 8 Stuffed Pepper Whipped Potatoes Corn Cake Dinner Roll |  Lemon Pepper Chicken w/gravy 1/2c. Rice 1/2c. Brussel Sprouts Wheat Bread Fresh Fruit |
| 12 VETERANS DAY | 13 BBQ Chicken 1/2c. Rice 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Apple Crisp | 14  Crab Cake Slider 1/2c. Pasta & Cheese 1/2c. Green Beans Roll 1/2c. Mandarin Oranges | 15 <u>Thanksgiving Special</u> Roasted Turkey & Stuffing w/gravy 1/2c. Whipped Potatoes 1/2c. Coleslaw Dinner Roll Pumpkin Dessert Cranberry Sauce | Taco Salad Nacho Chips 1/2c. Seasoned Corn & Blackbeans 1/2c. Rice Pineapple |
| 19 Chicken Parmesan Penne Tossed Salad / Egg & Cucumber Breadstick Cottage Cheese & Peaches | 20  Hot Dog Pierogies 1/2c. Sweet Peas Hot Dog roll Fresh Seasonal Fruit | 21 Meatballs / Mushroom Gravy Egg Noodles Broccoli & Carrots Wheat Bread Mixed Fruit |  Happy Thanksgiving | HAPPY THANKSGIVING |
| <u>November Birthdays</u> Country Fried Chicken w/2 oz Creamy Gravy 1/2c. Whipped Potatoes 1/2c. Peas & Carrots Biscuit Pudding | 27 Pork Chop 1/2c. Blended Rice Pilaf 1/2c. Island Blend Vegetables White Bread 1/2c. Sliced Apples | 28 Sloppy Joe 1/2c. Ranch Seasoned Potatoes 1/2c. Green Beans Sandwich Roll Cookie | 29  Chicken Picatta 1/2c. Bowties 1c. Tossed Salad w/ tomato & dressing Italian Bread 1/2c. Sliced Peaches | Warm Roast Beef Sandwich w/cheese & au jus 1 c. Homemade Vegetable Soup w/crackers Sandwich Roll 1/2c. Pineapple Tidbits |

Soup, Salad & Dessert Menu Heritage House 11:00 am – 12:30 pm



Dine-In Only
Reservations Required



\$2.50 suggested donation for those 60+
under 60 is \$4.00

Wednesday, November 7th

- ~ Cream of Broccoli & Cauliflower Soup
- ~ Mixed Greens with Toppings
- ~ Dinner Roll
- ~ Dessert

Wednesday, November 14th

- ~ Beef Vegetable Soup
- ~ Mixed Greens with Toppings
- ~ Dinner Roll
- ~ Dessert

Wednesday, November 21th

- ~ Chicken Dumpling Soup
- ~ Mixed Greens with Toppings
- ~ Dinner Roll
- ~ Dessert

Wednesday, November 28th

- ~ Beef Noodle Soup
- ~ Mixed Greens with Toppings
- ~ Dinner Roll
- ~ Dessert

DEMENTIA SUPPORT GROUP

Join the BROOKVILLE AREA DEMENTIA SUPPORT GROUP that is sponsored by Penn Highlands Brookville, WRC Senior Services, Jefferson Manor Health Center and the Jefferson County Area Agency on Aging for family and caregivers of someone with Dementia or Alzheimer.

Meetings will be every second Monday of the month at the Education Conference Center, Penn Highlands Brookville, Brookville, PA from 2:30 PM to 3:30 PM.

Free - Open to Public
Ask Questions and/or share your wisdom with other group members

For more information contact:
Nancy Florio, 814-849-1850
Cheryl Muters, 800-852-8036
Janet Himes, 814-849-8026
Dani Sibble, 814-849-3615

Visit www.phhealthcare.org/events for more information on our guest speakers.

2018 GROUP SCHEDULE

January 8, 2018
Caregiver Guilt and Depression

February 12, 2018
End of Life Choices and Factors to Consider with Dementia

March 12, 2018
Stages of Dementia

April 9, 2018
First Aid Assessment and Communication with Individuals with Dementia

May 14, 2018
Legal Planning (Power of Attorney, Guardianship, Health Care Directives)

June 11, 2018
Types of Dementia and Characteristics

July 9, 2018
Vascular Dementia

August 13, 2018
Caregiver Stress and Burnout

September 10, 2018
New Research on Alzheimer's Disease

October 8, 2018
Dementia: Progression through the Brain

November 12, 2018
Common Medications and Contraindications for the Elderly

December 10, 2018
Behavioral Issues and Safety Tips




Crossword Answers

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | B | A | | A | G | E | | H | A | S | N | T |
| O | A | R | | F | E | D | | A | L | L | O | W |
| W | A | S | | L | E | G | I | S | L | A | T | E |
| | | | | E | R | A | S | E | R | S | | T |
| R | E | N | A | M | E | | | O | L | D | E | S |
| B | L | A | R | E | | | K | N | E | E | | |
| I | S | L | E | | | H | E | Y | | S | O | A |
| | | | | S | T | A | Y | | S | I | N | C |
| P | A | S | T | A | S | | | C | A | R | E | E |
| A | T | E | | | S | T | E | R | N | E | R | |
| C | O | U | N | T | E | R | E | D | | | O | A |
| E | N | S | U | E | | | A | P | R | | U | M |
| R | E | S | T | S | | | S | T | A | | S | I |




Medicare Enrollment 11/14 & 11/28.
Call 814-265-1719 to schedule an appointment.

Bus Trip to Altoona 11/17!
Shopping and Holiday Light Show.
Call 814-265-1719 for more information.


Brockway Depot – November 2018


Center Director: Cheryl Moore
Address: 425 Alexander Street,
Brockway PA 15824
Phone: 814-265-1719
Email: depot@icaaa.org

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| | | | | |
| 5 Healthy Steps 10:00 Tai Chi 1:00 | 6 Election Day Bake Sale 7:00 Bingo 12:30 | 7 Chair Yoga 11:00 Tai Chi 1:00 | 8 Healthy Steps 10:00 Speaker about Medicare Comparisons 11:15 Bingo 12:30 | 9 Bingo 10:00 |
| 12 Closed Veterans Day | 13 Breakfast 7:30-9:30 Bingo 12:30 | 14 Chair Yoga 11:00 Tai Chi 1:00 | 15 Healthy Steps 10:00 Thanksgiving Luncheon Bingo 12:30 | 16 Bingo 10:00 Music Night w/Romey's Friends 6:00-9:00 |
| 19 Healthy Steps 10:00 Tai Chi 1:00 | 20 Bingo 12:30 | 21 Chair Yoga 11:00 | 22/23 | |
| 26 Healthy Steps 10:00 | 27 Bingo 12:30 | 28 Chair Yoga 11:00 | 29 Healthy Steps 10:00 Bingo 12:30 | 30 Bingo 10:00 |


Happy Thanksgiving
Center is Closed

*Daily Activities: Social Hour, Pool, Library, Puzzles, Coupons, TV Lounge
Lunch at Noon! Call to make your reservation.*

CENTER INFO

November
2018

Medicare Enrollment 11/13 & 11/27. Call 814-653-2522 to schedule an appointment.



Reynoldsville Foundry – November 2018



Center Director: Peter Spuck
Address: 45 West Main Street,
Reynoldsville PA 15851
Phone: 814-653-2522
Email: foundry@icaaa.org

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| Center Director: Peter Spuck Address: 45 West Main Street, Reynoldsville PA 15851 Phone: 814-653-2522 Email: foundry@icaaa.org | | | | |
| 5 National Doughnut Day! Healthy Steps 10:30 Jam Session 1:00 Tai Chi 6:00 | 6 Nickel Bingo 9:30 Dominoes 10:00 Computer Class 1:00 | 7 Men's Bible Study 7:00 Healthy Steps 10:30 Veterans Day Talk w/Krupa Steele 12:30 Painting Class 1:00 Tai Chi 6:00 | 1 Nickel Bingo 9:30 Card Games 10:00 | 2 Healthy Steps 10:30 Toys for Tots Dance w/Ray's Final Cut (doors open 5:30) |
| 12 Closed Veterans Day | 13 Nickel Bingo 9:30 Dominoes 10:00 Computer Class 1:00 | 14 Men's Bible Study 7:00 Healthy Steps 10:30 Painting Class 1:00 Tai Chi 6:00 | 15 Nickel Bingo 9:30 Card Games 10:00 Thanksgiving Luncheon | 16 Healthy Steps 10:30 |
| 19 Healthy Steps 10:30 Tai Chi 6:00 | 20 National Peanut Butter Fudge Day! Nickel Bingo 9:30 Dominoes 10:00 Computer Class 1:00 | 21 Men's Bible Study 7:00 Healthy Steps 10:30 Painting Class 1:00 Tai Chi 6:00 | 22/23  Happy Thanksgiving Center is Closed | |
| 26 Healthy Steps 10:30 Jam Session 1:00 Tai Chi 6:00 | 27 Nickel Bingo 9:30 Dominoes 10:00 Computer Class 1:00 | 28 Men's Bible Study 7:00 Healthy Steps 10:30 Painting Class 1:00 Tai Chi 6:00 | 29 Nickel Bingo 9:30 Card Games 10:00 | 30 Healthy Steps 10:30 |

11/24 Craft & Vendor Show 9:00 – 2:00. Call 814-653-2522 for information.

CENTER INFO

November
2018

**Starting in 2019,
more than 67 million
Americans will receive a
2.8% increase
in their Social Security
and SSI benefits**



Learn more at
[SSA.gov/cola](https://ssa.gov/cola)

Each year the Social Security Administration announces the annual cost-of-living adjustment (COLA). Usually there is an increase in the Social Security and Supplemental Security Income (SSI) benefit amount people receive each month, starting the following January. By law, federal benefits increase when the cost of living rises, as measured by the Department of Labor's Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W).

The CPI-W rises when prices increase for the things the average consumer buys. This means that when prices for goods and services we purchase become more expensive, on average, the COLA increases monthly benefit levels and helps you keep up with the changing cost of living.

As a result, more than 67 million Americans will see a 2.8 percent increase in their Social Security and SSI benefits in 2019.

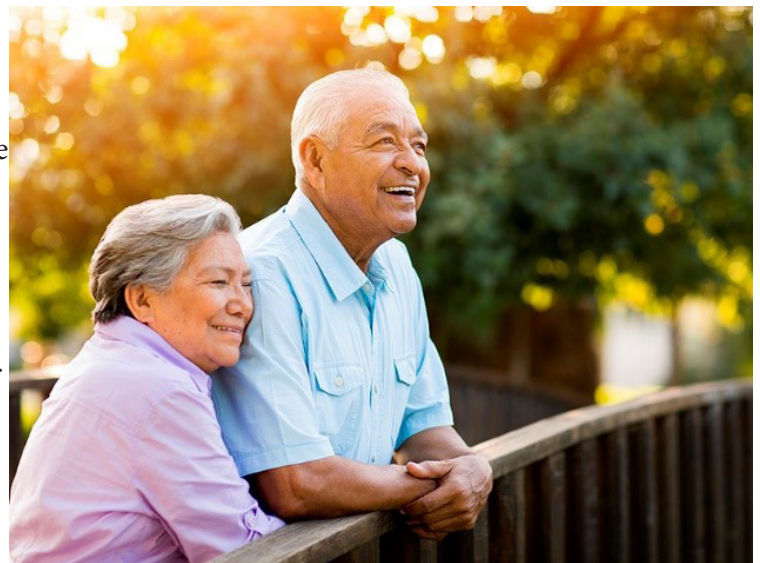
January 2019 marks other changes that will happen based on the increase in the national average wage index. For example, the maximum amount of earnings subject to Social Security payroll tax, as well as the retirement earnings test exempt amount, will change in 2019.

Want to know your new benefit amount as soon as possible? In December 2018, the Social Security Administration will post Social Security COLA notices online for retirement, survivors, and disability beneficiaries who have a my Social Security account. You will be able to view and save these COLA notices securely via the Message Center inside my Social Security.

Be the first to know! Sign up for or log in to your personal my Social Security account today and choose email or text under "Message Center Preferences" to receive courtesy notifications so you won't miss your electronic COLA notice!

This year, you will still receive your COLA notice by mail. In the future, you will be able to choose whether you receive your notice online instead of on paper. Online notices will not be available to representative payees, individuals with foreign mailing addresses, or those who pay higher Medicare premiums due to their income. The Social Security Administration plans to expand the availability of COLA notices to additional online customers in the future.

Source : <https://blog.socialsecurity.gov/social-security-benefits-to-increase-in-2019/#more-3534>



Seniors - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA for emergencies 24 hours a day at 1-800-852-8036.

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | 11 |
| 12 | | | | 13 | | | | 14 | | | | |
| 15 | | | | 16 | | | | 17 | | | | |
| | | 18 | 19 | | | | | | | 20 | | |
| 21 | 22 | | | | | | 23 | | 24 | | | |
| 25 | | | | | | 26 | | | | | | |
| 27 | | | | | 28 | | | | 29 | 30 | 31 | 32 |
| | | | 33 | 34 | | | | 35 | | | | |
| 36 | 37 | 38 | | | | | 39 | | | | | |
| 40 | | | | 41 | | 42 | | | | | | |
| 43 | | | 44 | | | | | | | 45 | 46 | 47 |
| 48 | | | | | | 49 | | | | 50 | | |
| 51 | | | | | | 52 | | | | 53 | | |

DOWN

1. Pronto!
2. Sheep's bleat
3. Arms depot
4. On fire
5. Migratory birds
6. Advantage
7. Bother
8. Entire amount
9. List of candidates
10. Short letters
11. Bird sound
17. Satire
19. Most unusual
21. Batter's stat
22. Overhead trains
24. Want
26. E minor, e.g.
28. Undue speed
30. Oppressive
31. Expert
32. Each
34. Samples food
35. ____ Day O'Connor
36. Nervous walker
37. Repent
38. Author Dr. ____
39. Moved sneakily
42. Memorable periods
44. Pecan, e.g.
46. French friend
47. Driveway sealer

ACROSS

- | | | |
|---------------------------|----------------------------|------------------------------------|
| 1. Knicks' league (abbr.) | 21. Retitle | 41. Stricter |
| 4. Have a birthday | 23. Most ancient | 43. Offered in response |
| 7. Common contraction | 25. Sound loudly | 45. Cereal grass |
| 12. Rowing blade | 26. Leg part | 48. Result |
| 13. Nourished | 27. Capri or Wight | 49. Fourth mo. |
| 14. Let | 28. "You there!" | 50. ____ Thurman of "Pulp Fiction" |
| 15. Had being | 29. Suds maker | 51. Takes five |
| 16. Enact laws | 33. Don't go | 52. RR terminal |
| 18. Pencil ends | 35. From that moment | 53. Man's title |
| 20. Golf device | 36. Macaroni and spaghetti | |
| | 39. Profession | |
| | 40. Gobbled up | |

Check for Crossword Puzzle Answers
On the Healthy Aging Page

Get Your Sunshine Line Newsletter Via Email!!!

WHY?

- The primary advantage is that it's quick. As soon as you send a message, it goes through.
- There's no paper, no mess, and you always find it in the same place.
- And, of course, it's free! No paper or printing costs and no postage fees.



If you have email and would like to get the newsletter electronically please notify us and we will be happy to add you to our email list.

Sign up on our website www.jcaaa.org or call Jefferson County Area Agency on Aging at 814-849-3096 or toll free at 800-852-8036.

The Sunshine Line is assembled and prepared for mailing by a group of wonderful volunteers



JEFFERSON COUNTY AREA AGENCY ON AGING
186 Main Street, Suite 2
Brookville, PA 15825

ADDRESS SERVICE REQUESTED