

February 2019

Jefferson County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Bener		1 Potato Crusted Fish 1/2c. Macaroni & Cheese 1/2c. Stewed Tomatoes Wheat Bread Fresh Fruit
4 Baked Meatloaf w/Gravy Baked Potato 1/2c.Mixed Bean Medley White Bread Cake	5 Baked Salmon white wine cream sauce 1/2c. White Rice 1/2c. Broccoli Wheat Bread 1/2c. Pineapple Tidbits	6 Hot Turkey Sandwich w/gravy 1/2c. Whipped Potatoes 1/2c. Carrots White Bread 1/2c. Applesauce	7 BBQ Burger cheddar, bbq sauce, crispy onions 1/2c. Potato Bites Bun Fresh Seasonal Fruit	8 Chicken & Dumplings- 1c. 1/2c. Pepper Slaw Buttermilk Biscuit 1/2c. Peaches
11 Turkey & Provolone Sandwich lettuce, tomato 1 c. Creamy Broccoli Soup w/Crackers Roll Fresh Fruit	12 Center Cut Pork Chop Gravy 1/2c. Whipped Potatoes w/Chives 1/2c. Lima Beans White Bread 1/2c. Sliced Apples	13 Reuben Sandwich (Corn Beef, kraut, swiss) Thousand Island Dressing 1/2c. Potato Salad Sandwich Roll 1/2c. Peaches	Happy Valentine's Day! Baked Cabbage Roll Dinner Roll 1/2c. Garlic Whipped Potatoes 1/2c. Corn 1/2c. Cherry Dessert	15 Lemon Pepper Chicken 1/2c. Wild Rice 1/2c. Brussel Sprouts Wheat Bread Fresh Fruit
18 PRESIDENT'S DAY	19 BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Apple Cranberry Crisp	20 Mushroom Swiss Burger 1c. Cauliflower Soup Crackers Roll Fresh Fruit	21 Crab Cake 1/2c. Cheesy Twists 1/2c. Baked Beans Dinner Roll 1/2c. Mandarin Oranges	22 Beef Burrito Bowl (3 oz meat & cheddar cheese) 1/2c. Seasoned Corn & Blackbeans 1/2c. Rice Taco Sauce & Sour Cream 1/2c. Pineapple
Chicken Parmesan w/marinara & mozzarella 1/2c. Penne Pasta w/sauce 1c. Tossed Salad w/hardboiled Egg, cucumber, & dressing Cottage Cheese & Diced Peaches	26 Hot Dog 1/2c. Cheesy Pierogi Casserole 1/2c. Sweet Peas Hot Dog roll Fresh Seasonal Fruit	27 1c. White Chicken Chili 1 c.Tossed Salad w/Tomato 1/2c. Baked Potato Biscuit Cookie	28 Meatballs Spaghetti 1/2c. Broccoli & Carrots Garlic Bread Stick 1/2c. Mixed Fruit Salad	*Menus Subject to Change