



## January 2019



## Jefferson County

Group				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAP	EAR	2 BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Apple Cranberry Crisp	3 Mushroom Swiss Burger 1c. Creamy Cauliflower Soup w/crackers Hamburger Roll Fresh Fruit	4 Crab Cake 1/2c. Cheesy Twists 1/2c. Baked Beans Dinner Roll 1/2c. Mandarin Oranges
7 Kielbasa 1/2c. Cheesy Pierogi Casserole 1/2c. Sweet Peas Hot Dog roll Cake	8 1c. Chili Con Carne 1 c.Tossed Salad 1/2c. Baked Potato Cornbread Cookie	Spaghetti Meatballs 1/2c. Broccoli & Carrots Wheat Bread 1/2c. Mixed Fruit Salad	10 Warm Ham & Cheese 1 c. Creamy Tomato Soup w/crackers Ciabatta Roll Fresh Fruit	Vegetable Lasagna  1c. Tossed Salad w/hardboiled Egg, cucumber, & dressing Breadstick Cottage Cheese & Diced Peaches
Pulled Turkey & Stuffing w/gravy 1/2c. Whipped Potatoes 1/2c. Coleslaw 1/2c. Applesauce	Pork Chop 1/2c. Blended Rice Pilaf 1/2c. Island Blend Vegetables White Bread 1/2c. Sliced Apples	Sloppy Joe 1/2c.Ranch Seasoned Potatoes 1/2c. Green Beans Sandwich Roll Cookie	17 Country Fried Chicken Creamy Gravy 1/2c. Whipped Potatoes 1/2c. Peas & Carrots Biscuit Fresh Fruit	18 Warm Roast Beef Sandwich w/cheese & au jus 1 c. Homemade Vegetable Soup w/crackers Sandwich Roll 1/2c. Pineapple Tidbits
21 Creamy Chicken Divan over 1/2c. White Rice 1 c. Tossed Salad w/tomato Breadstick 1/2c. Mandarin Oranges	22 Baked Meatloaf Marinara Mozzarella Topping 1/2c. Garlic Whipped Potatoes 1/2c. Corn Wheat Bread 1/2 c. Banana Pudding	Greek Chicken Salad Diced Chicken, Blk Olives, Red Onion, Tom & Mozzarella Cheese 1c. Mixed Greens w/dressing 1c. Bean Soup w/Crackers Dinner Roll Cookie	24 Baked Ham 1/2c. Whipped Sweet Potatoes 1/2c. Beets White Bread Fresh Fruit	25 Bratwurst w/Kraut topping 1/2c. Creamed Potatoes & Peas Hot Dog Roll 1/2c. Cinnamon Applesauce
Happy Birthday Swiss Steak Onion Gravy 1/2cCabbage & Noodles 1/2c. Diced Carrots Wheat Bread 1/2c. Pineapple	29 Baked Ziti/Meatballs Marinara Sauce, Cheese Topping 1 c. Salad Garlic Breadstick 1/2c. Mixed Fruit Salad	Pork Ribette 1/2c.Seasoned Potatoes 1/2c. Baked Beans Dinner Roll 1/2c. Sliced Peaches	31 Grilled Chicken Bacon & Swiss Club lettuce, tomato 1 c. Creamy Potato Soup w/Crackers Sandwich Roll 1/2c. Pears	*Menu Subject to Change*