

# THE SUNSHINE LINE



JEFFERSON COUNTY  
AREA AGENCY ON AGING

**Telephone:**

(814) 849-3096  
1-800-852-8036

**Address:**

186 Main St STE 2  
Brookville, PA 15825

**Fax:**

(814) 849-3232

**Website:**

[www.jcaaa.org](http://www.jcaaa.org)

**Molly McNutt -**  
Executive Director



**Get the Sunshine Line**

Sign up on our website  
[www.jcaaa.org](http://www.jcaaa.org) or call  
us at  
(814)849-3096

The Sunshine Line  
is assembled and  
prepared for mailing  
by a group of  
wonderful volunteers

The Jefferson County Area Agency on Aging continues to be open via phone and email to answer your questions. Our staff continues to provide prompt and courteous customer service while working from home and some are working in the office by practicing safe distancing. The senior centers will remain closed through May 31st. We know those of you that attend our centers for exercise, lunch, to play cards, bingo, and other activities miss it. We hope that the phone calls are helping to stay in touch with the center coordinators. We are always available to help answer questions and provide information so please do not hesitate to call the main office at 814-849-3096. We continue to follow guidance from the Governor and health officials on the proper way to protect the safety of our employees and consumers.

## WHAT KIND OF MASK SHOULD I WEAR?

- I am a member of the general public—I should wear **HOMEMADE** mask. I can make my own mask or use a scarf or bandana.

- I am a healthcare worker in moderate risk situation or patient in a healthcare setting—I should wear a **SURGICAL MASK**.

- I am a healthcare worker in a high-risk situation—I should wear a **N95 RESPIRATOR**



JCAAA will have masks available for seniors by May 1st. Please contact your local senior center to request one mask. You will be able to pick it up outside the senior center building once you confirm a mask is available for you.

**If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others call:**

- 911
- Jefferson County Crisis 1-800-341-5040
- Substance Abuse and Mental Health Services Administrations (SAMHSA's) Disaster Distress Helpline: 1-800-985-5990 or text

TalkWithUs to 66746. (TTY 1-800-846-8517)



# PRIMARY ELECTION

## JUNE 2



**CHECK YOUR VOTER STATUS**  
**[VotesPA.com/Status](https://www.votespa.com/status)**



**REGISTER TO VOTE**  
**[Register.VotesPA.com](https://www.register.votespa.com)**  
Deadline: **May 18**



**SIGN UP TO VOTE BY MAIL**  
**[VotesPA.com/ApplyMailBallot](https://www.votespa.com/apply-mail-ballot)**  
Sign up by: **5PM on May 26**



**TRACK YOUR MAIL BALLOT**  
**[VotesPA.com/MailBallotStatus](https://www.votespa.com/mail-ballot-status)**  
Return ballot by: **8PM on June 2**

Paper ballots are submitted to the local ballot office which is 155 Main Street (Jefferson Place) Brookville, PA 15825 for all of Jefferson County. The phone number is 814-849-1693. If someone would like a paper ballot mailed to them please contact JCAAA at 814-849-3096.

## PROPERTY TAX/RENT REBATE APPLICATION DEADLINE EXTENDED

In response to the COVID-19 outbreak, the deadline for older adults and Pennsylvania residents with disabilities to apply for rebates on rent and property taxes paid in 2019 has been extended from June 30 to Dec. 31, 2020



# Phone A Friend



**Do you live alone, want to hear a friendly voice once in awhile, or looking for someone to talk to and check on you a couple times a week?**

Through Phone A Friend, a call can be a connection with the world outside, create new friendships, feel less isolated and lonely, or provide a welcome relief to family members.

**This service is offered at no cost.**

Please complete the information below and mail back to our office, Community Action, Inc., 105 Grace Way, Punxsutawney, PA 15767 or contact, Samantha Schrecengost, Senior Corps-RSVP Director at 814-938-3302, ext. 236 or [volunteer@jccap.org](mailto:volunteer@jccap.org)

I would like to become a volunteer for the Phone A Friend project.

I would like to sign up to receive calls from the Phone a Friend project.

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_



This document was financed in part, by grants from the Corporation for National and Community Service, the Pennsylvania Department of Community and Economic Development, Clarion County Commissioners, Indiana County Commissioners, and Jefferson County Commissioners.  
4/10/2020





## ELVIS PRESLEY SONGS WORD SEARCH PUZZLE



ALL SHOOK UP

DEVIL IN DISGUISE

JAILHOUSE ROCK

STUCK ON YOU

ALWAYS ON MY MIND

GIRL HAPPY

KING CREOLE

SUSPICIOUS MINDS

BLUE SUEDE SHOES

HEARTBREAK HOTEL

LOVE ME TENDER

TEDDY BEAR

BURNING LOVE

HOUND DOG

LOVING YOU

UNCHAINED MELODY

CLAMBAKE

IN THE GHETTO

RETURN TO SENDER

VIVA LAS VEGAS

# Prevent the spread of COVID-19 if you are sick

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

If you are sick with COVID-19 or think you might have COVID-19, follow the steps below to help protect other people in your home and community.

## Stay home except to get medical care.

- **Stay home.** Most people with COVID-19 have mild illness and are able to recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- **Take care of yourself.** Get rest and stay hydrated.
- **Get medical care when needed.** Call your doctor before you go to their office for care. But, if you have trouble breathing or other concerning symptoms, call 911 for immediate help.
- **Avoid public transportation,** ride-sharing, or taxis.



## Separate yourself from other people and pets in your home.

- **As much as possible, stay in a specific room** and away from other people and pets in your home. Also, you should use a separate bathroom, if available. If you need to be around other people or animals in or outside of the home, wear a cloth face covering.
  - See COVID-19 and Animals if you have questions about pets: <https://www.cdc.gov/coronavirus/2019-ncov/faq.html#COVID19animals>



## Monitor your symptoms.

- **Common symptoms of COVID-19 include fever and cough.** Trouble breathing is a more serious symptom that means you should get medical attention.
- **Follow care instructions from your healthcare provider and local health department.** Your local health authorities will give instructions on checking your symptoms and reporting information.



If you develop **emergency warning signs** for COVID-19 get **medical attention immediately.**

Emergency warning signs include\*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or not able to be woken
- Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

**Call 911 if you have a medical emergency.** If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

## Call ahead before visiting your doctor.

- **Call ahead.** Many medical visits for routine care are being postponed or done by phone or telemedicine.
- **If you have a medical appointment that cannot be postponed, call your doctor's office.** This will help the office protect themselves and other patients.



## If you are sick, wear a cloth covering over your nose and mouth.

- **You should wear a cloth face covering over your nose and mouth** if you must be around other people or animals, including pets (even at home).
- You don't need to wear the cloth face covering if you are alone. If you can't put on a cloth face covering (because of trouble breathing for example), cover your coughs and sneezes in some other way. Try to stay at least 6 feet away from other people. This will help protect the people around you.



**Note:** During the COVID-19 pandemic, medical grade facemasks are reserved for healthcare workers and some first responders. You may need to make a cloth face covering using a scarf or bandana.





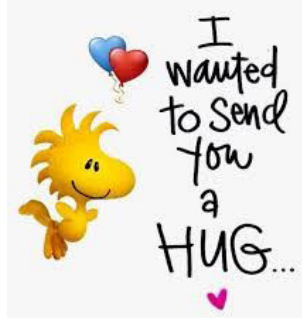
Hello, everyone! I don't know about you guys, but I am really looking forward to seeing everyone and getting things back to normal again. I am going to schedule author David Taylor to come and do a talk on his new book about Brookville history. We will give away two of his books at this event, so you don't want to miss it. I am also working to find an instructor to teach crocheting or knitting. I miss talking with you all and look forward to when the center is open. Please take care and call the agency at 814-849-3096 if you should have any questions or problems you may have until then.

Jodie Deal



### Patience

To be patient is to be Strong –  
Strong enough to Hope,  
To persevere, to love.  
Be patient my Friend, We will get through this together.



Sending best wishes from The Foundry.

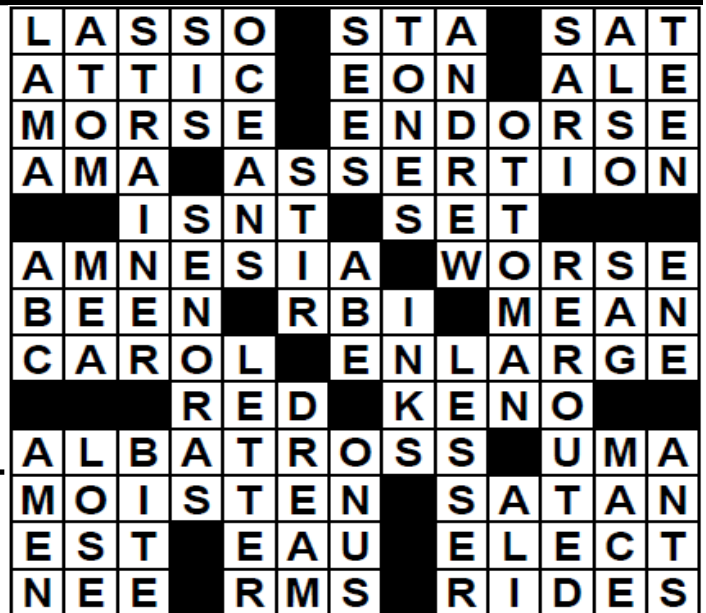
### PUNXSUTAWNEY AREA SENIOR CENTER

#### Hello Punxsutawney Senior Center consumers!

During this pandemic the Center remains closed until further notice, but I am still available by phone. You may reach me at 938-8376. Please contact me if you have questions or concerns or would like to chat. Please continue to take care of yourselves by continuing social distancing, washing hands, and contact your doctor if you are ill. We will be back in action as soon as we are able.

I miss you and look forward to the day when we can gather together again.

Debbie



Last years America Legion  
Memorial Day service with our  
poppys blooming in background





The Jefferson County Area Agency on Aging APPRISE team was nominated and has been chosen to receive a BRAVO Award from the PA Department of Aging for their impressive achievement in the area of client service. The lead coordinator for the APPRISE program is Mindy Sivanich. Our volunteer counselors include Dennis Kinol, Rosalee Steele, and Barb Holcombe. Mindy has worked for JCAA for over 13 years. She has performed many different job duties over the years and was tasked with leading the APPRISE program in May 2019.



The APPRISE program offers free Medicare counseling to older Pennsylvanians. APPRISE counselors are specially trained to answer your questions and provide you with objective, easy-to-understand information about Medicare, Medicare Supplemental Insurance, and Medicaid. APPRISE counselors also screen individuals for cost savings programs like PACE and will assist you with enrolling to receive these benefits.

Mindy and her team of three volunteer counselors were nominated for client service “because they go the extra mile to help resolve questions and issues related to Medicare beneficiary problems” shares JCAA Executive Director Molly McNutt. With their combined years of experience, attention to detail, and wholehearted drive to help Medicare beneficiaries in Jefferson County, this team 100% deserves an award for their client service.

The APPRISE program will also receive a monetary award to help build the program. The funds will be used for new equipment, staff and volunteer development, and team recognition. The annual APPRISE conference was originally scheduled for April 22 in State College but was cancelled due to COVID-19.



Dennis Kinol, Volunteer Ombudsman, has been busy delivering notes to residents in Jefferson County long term care facilities. Pennsylvania's Long-Term Care Ombudsman Program works to resolve complaints and issues on behalf of individuals residing in long-term care settings, such as nursing homes, assisted living facilities, and personal care homes. Ombudsmen empower residents by educating them on their rights under federal and state law and advocate for those who are unable to advocate for themselves, to ensure that they receive the highest quality of care. They also work to bring about change that improves care at the local, state, and national levels.

“Since we are following social distancing recommendations to keep those in facilities safe, we decided to stay in touch by providing each resident with a note from our office” coordinator Mindy Sivanich shared. The Jefferson County Area Agency on Aging Ombudsman are available to answer questions by calling 814-849-3096 and asking for Mindy.

Your Jefferson County Ombudsman is still here for you

During this time we are not able to make facility visits. BUT that doesn't mean you can't contact us. If you feel any of your rights have been violated, please give us a call.

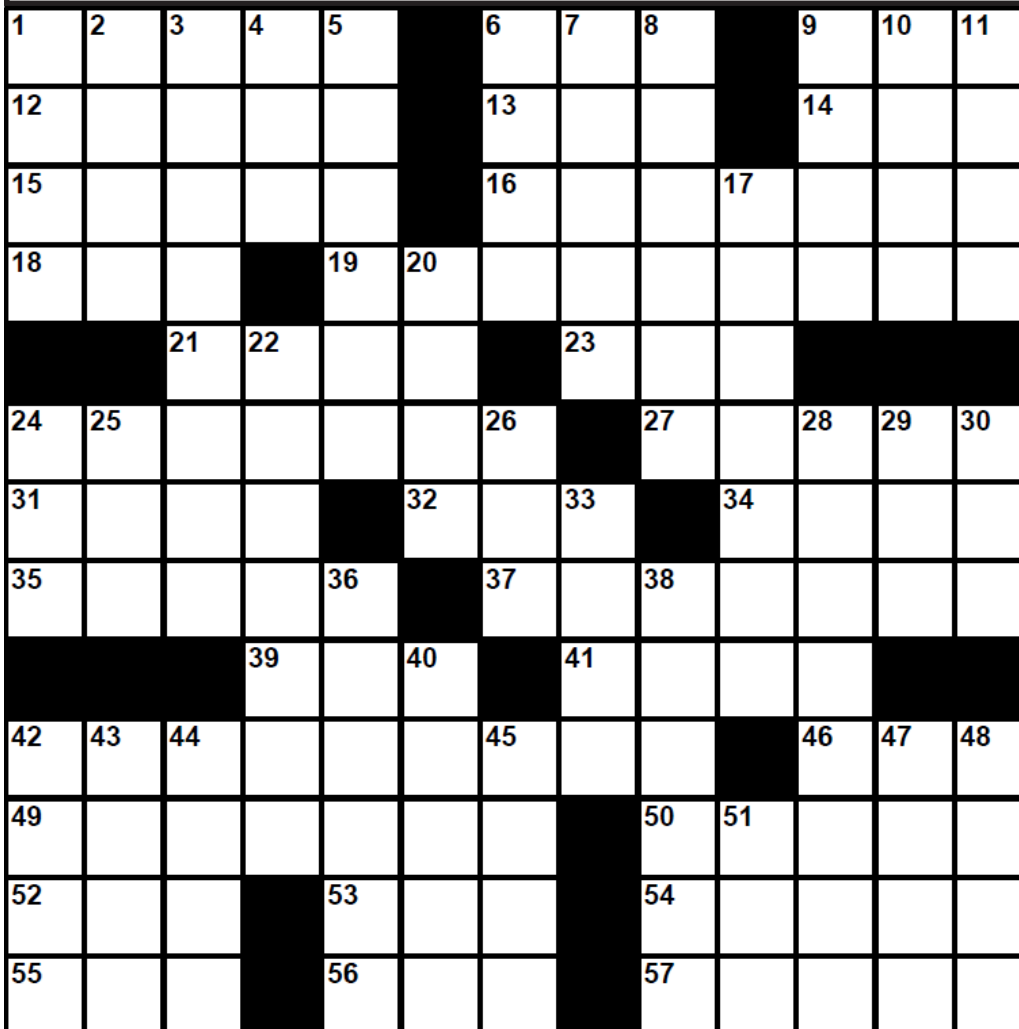
Mindy Sivanich 814-849-3096 EXT 232  
Nicole McGee 814-849-3096 EXT 245

Here are a few of your rights.

- You have the right to be treated with dignity and respect.
- You have the right to receive and send unopened mail.
- You have the right to drinking water at all times.
- You have the right to privacy during treatments.

## CROSSWORD

Seniors - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA for emergencies 24 hours a day at 1-800-852-8036.



## DOWN

1. Tibetan priest
2. Energy source
3. Colander
4. Brother's sib
5. Seas
6. Glimpses
7. Hues
8. President Jackson
9. Agra attire
10. Furthermore
11. Juvenile
17. Footstool
20. Commotion
22. Spanish women
24. CBS rival
25. \_\_\_ culpa
26. Presidential nickname
28. Sent another way
29. Droop
30. Wind direction (abbr.)
33. Pen liquids
36. Alphabet part
38. Inferior
40. Nighttime vision
42. Hymnal word
43. Forfeit
44. Nip
45. Responsibility
47. Defense spray
48. Picnic intruders
51. Renowned fighter

## ACROSS

1. Lariat
6. Depot (abbr.)
9. Rested
12. Storage spot
13. Billion years
14. Malt beverage
15. \_\_\_ code
16. Support
18. Physicians' gp.
19. Claim
21. Fails to exist
23. Clique
24. Memory loss
27. Inferior
31. Has-\_\_\_
32. Slugger's stat
34. Nasty
35. Yuletide tune
37. Make bigger
39. Tomato color
41. Casino game
42. Large seabird
46. Actress \_\_\_
- Thurman
49. Dampen
50. The Devil
52. Newark time zone (abbr.)
53. Water (Fr.)
54. Vote into office
55. Born
56. Chambers (abbr.)
57. Carnival attractions