

# THE SUNSHINE LINE



**Telephone:**

(814) 849-3096  
1-800-852-8036

**Address:**

186 Main St STE 2  
Brookville, PA 15825

**Fax:**

(814) 849-3232

**Website:**

[www.jcaaa.org](http://www.jcaaa.org)

**Molly McNutt -**  
Executive Director



**Get the Sunshine Line**

Sign up on our website  
[www.jcaaa.org](http://www.jcaaa.org) or call

us at

(814)849-3096

**The Sunshine Line  
is assembled and  
prepared for mailing  
by a group of  
wonderful volunteers**



On June 1st the JCAAA main office will begin a limited return towards eventual full operations of all the programs and services we provide for seniors in Jefferson County. The main office at 186 Main Street will accept in-person visitors by appointment only. To schedule an appointment please call us at 814-849-3096. We are following the CDC and State guidelines on reopening senior centers. Like other businesses, we have rules and procedures we must follow to ensure employee and participant safety. At this time, we won't be able to reopen the senior centers until July 1st.

We will continue to monitor the guidelines for approved capacity at our senior centers. This will mean that all those wishing to attend one of our centers must call the center in advance to reserve their desired attendance. Please understand that not everyone may be able to be accommodated each day. We will have curbside pick-up meals for those seniors who are unable to, or desire not to, attend a center for lunch while state and/or federal regulations permit us to do so.

Those who come to the center will be required to follow handwashing, mask wearing, and social distancing protocols. Those who are ill are asked not to attend and must understand that if they are visibly ill, their entrance will be denied. We will remain respectful of the older adults we serve, and their individual rights and preferences, while doing our best to offer a safe environment for them to meet and socialize while maintaining the safety of our staff and other participants.

All other services will be available within the guidelines of the Older Americans Act, Pennsylvania Department of Aging, Department of Health and CDC. For assistance, additional information or to schedule an appointment, please call:

JCAAA Main Office: 814-849-3096

Brockway Depot Senior Center: 814-265-1719

Brookville Heritage House: 814-849-3391

Punxy Area: 814-938-8376

Reynoldsville Foundry: 814-653-2522

## The Jefferson Long Term Care Ombudsman Program

# **OMBUDSMAN BULLETIN**

### **Economic Impact Payments for Personal Care Home Residents**

The Coronavirus Aid Relief and Economic Security (CARES) Act gives a one-time payment of \$1,200 to those with incomes less than \$75,000 per year and who are not a dependent on someone's tax return. For most, the payment is based on 2018 or 2019 tax returns, but you do not need to file taxes to get this money. All personal care home residents with a Social Security number may get this payment.

#### **WHAT YOU NEED TO KNOW**

- This payment is your money and **DOES NOT** have to be shared or given to the personal care home. You choose how to spend it!
- It is not counted as income so it will not change your Supplemental Security Income (SSI) eligibility.
- It is not counted as a resource for SSI eligibility for the next 12 months. But you must spend any money over the \$2,000 resource limit within the year!
- If you get Social Security you may have already gotten your payment but, if not, should get your money by the end of April. If you get SSI, you should get your money in May. If income from Veterans' benefits, the time is not clear yet as to when you will be paid.
- **You get the one-time payment the same way you get your monthly income:**
  - By direct deposit to your account at the personal care home, your personal account at your bank, or your Direct Express debit card
  - By paper check sent in the mail
  - Your representative payee or legal representative
- The IRS will mail a letter about your payment **to your last known address** within 15 days after your money is sent. The letter will say where your money was sent and how to report not getting your payment.
- Do not pay anyone to help you get your money. It is a scam!
- You can track your payment and verify information like your address online with "Get My Payment" at <https://www.irs.gov/coronavirus/economic-impact-payments>. If needed, ask for help to connect to this website.

**If you have any questions or problems, please contact your Ombudsman at  
814-849-3096 or email: [msivanich@jcaaa.org](mailto:msivanich@jcaaa.org)  
OMBUDSMAN SERVICES ARE FREE AND CONFIDENTIAL!**

## PROPERTY TAX/RENT REBATE APPLICATION DEADLINE EXTENDED

In response to the COVID-19 outbreak, the deadline for older adults and Pennsylvania residents with disabilities to apply for rebates on rent and property taxes paid in 2019 has been extended from June 30 to Dec. 31, 2020



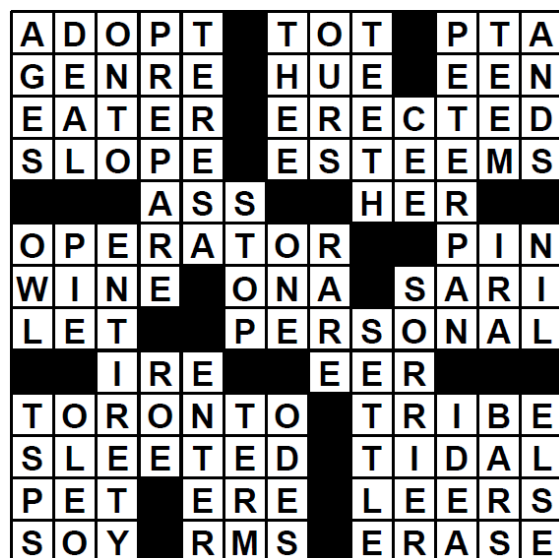
The Area Agency on Aging suspended the income tax preparation for the remainder of this year but we will still be available to help you with your property tax and rent rebate application. Once the senior centers are reopened for visitors you can schedule an appointment with the center director to have this completed. The deadline was extended to December 31, 2020.

### Homeowners Receive:

Income	Maximum Rebate
\$0 to \$8,000	\$650
\$8,001 to \$15,000	\$500
\$15,001 to \$18,000	\$300
\$18,001 to \$35,000	\$250

### Renters receive:

Income	Maximum Rebate
\$0 to \$8,000	\$650
\$8,001 to \$15,000	\$500



**Pete Spuck and Mary Smith** preparing face masks for pick-up.

The Area Agency on Aging and senior centers have masks available for free for older adults. Please call to schedule a pick-up





**June Drive-thru Picnics!**

Friday June 12th – Reynoldsville Foundry 11:30am-12:30pm

Friday June 19th – Brockway Depot 11:30am-12:30pm

Friday June 26th – Brookville Heritage House 11:30am-12:30pm

Menu: Grilled Chicken Salad, veggies, roll, and salad dressing on the side.

This meal is FREE to Jefferson County Senior Citizens.

**Senior Picnic 2020 Event – Postponed**

We are postponing the annual Senior Picnic and Health Fair until later this year. Once a date is agreed upon with the Jefferson County Fairground Board we will notify you. Our plan is to still have the event at the fairgrounds. A large group gathering such as this event is not recommended due to COVID-19. We want to give you the picnic you all love and deserve. We will continue to monitor the situation and follow the guidance from the State to ensure the safety of older adults.

## Farmer Market Vouchers



The Senior Farmer's Market Nutrition Program will be offered again this year to eligible Jefferson County Seniors. This program is made possible through the PA Department of Agriculture, Bureau of Food Distribution. Jefferson County Area Agency on Aging will be administering the program starting June 1, 2020. This program provides \$24.00 in vouchers free to eligible older adults (an increase of \$4 per person). The purpose is to encourage older consumers to eat more fresh fruits and vegetables by local growers who make their produce available at farmer's markets.

Health experts recommend eating five or more fruits and vegetables every day for better health. This program does not only benefit the seniors, but it benefits the farmers as well. Good nutrition is a critical factor in the health and wellbeing of senior citizens.

### **There will be no in-person pick-up available this year at any location.**

We are required to complete all paperwork through the mail, email, or fax. Please use the form on the following page and submit to us. Once we have this form, we will mail you the SFMNP checks.

Jefferson County Area Agency on Aging  
Attn: SFMNP  
186 Main St. Ste. 2  
Brookville, PA 15825

Fax: 814-849-3232

Or email: [azeitler@jcaaa.org](mailto:azeitler@jcaaa.org)

If you have any questions, please do not hesitate to call us at 814-849-3096 or any of our senior centers:

Brockway Depot	814-265-1719
Brookville Heritage House	814-849-3391
Reynoldsville Foundry	814-653-2522
Punxy Area	814-938-8376

**FMNP and SFMNP Basic Rules and Regulations**

- FMNP checks cannot be used before June 1, 2020 or after November 30, 2020.
- FMNP customers may buy only the fruits and vegetables grown in Pennsylvania
- Recipients must sign in the "Signature Recipient or Proxy" block on the front of the checks. Do this before going to the market or take a pen with you.
- At the market look for stands displaying the white Farmers Market Nutrition Program poster.
- Each check is worth \$6. Farmers are not permitted to give change for purchases for less than \$6.
- Program recipients may place orders online with FMNP approved farmer; however, you must pay with your paper FMNP checks. A proxy may go to markets to make the purchase for you.

**Market information**

To find a farmer's market or farm stand with eligible farmers please download the FMNP app. The PA FMNP app is available in the Google Play store and the Apple Store for free. Search for PA FMNP farmers market locator and download the app.

Or go to [www.pafmnp.org](http://www.pafmnp.org) to search our online farmers market and farm stand database.

**For market with phone numbers please contact the market for changes to operating hours before visiting.**

**\*\* Note:** Program recipients are encouraged to practice social distancing and wear masks at markets and stands.

**List of eligible Fruit and vegetables****Fruit**

Apples	Berries	Grapes	Melons	Pears
Apricots	Cherries	Nectarines	Plums	Peaches

**Vegetables**

Artichokes	Cauliflower	Leeks	Parsnips	Tomatoes
Asparagus	Celery	Lettuce	Onions	Turnips
Beans (fresh)	Corn	Mushrooms	Radishes	Winter Squash
Beets	Cucumbers	Peppers	Rhubarb	Yams grown in PA
Broccoli	Eggplant	Potatoes	Rutabagas	Zucchini
Brussels sprouts	Greens	Peas	Spinach	
Cabbage	Kohlrabi	Okra	Sweet Potatoes	

**No actual plants are permitted for purchase only the mature fruit and/or vegetable is allowable for purchase with the FMNP checks.**

Fresh cut herbs are allowed if they are used for cooking or flavoring

- Processed food is not allowed for purchase with FMNP Checks. Jack-o-lanterns are not allowable
- Citrus or tropical fruits are not allowed for purchase with FMNP checks.

**Nutrition Education**

Nutrition information on basic nutrition, shopping, cooking and food safety can be found at <https://www.nutrition.gov/>. The website also contains many different recipes.

For office use only  
Application \_\_\_\_\_

COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT OF AGRICULTURE  
SENIOR FARMERS' MARKET NUTRITION PROGRAM

2020 Application Form

To qualify you must be 60 or older (or turn 60 by 12/31/2020) and meet the household income guidelines.

**RIGHTS AND RESPONSIBILITIES**

I certify that the information I have provided below for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP.

**By signing this, I acknowledge that my total household income is within the Income guidelines: \$23,606 for 1 person in the household; or \$31,894 for 2 people in the household and that I am 60 years old or older (or will turn 60 by December 31, 2020).**

1<sup>st</sup> Participant Name (print): \_\_\_\_\_ Birth date \_\_\_\_\_  
(Person checks are for)

\_\_\_\_\_  
(Signature)

2nd Participant Name (print): \_\_\_\_\_ Birth Date \_\_\_\_\_  
(Person checks are for)

\_\_\_\_\_  
(Signature)

Address (print): \_\_\_\_\_

Telephone Number: \_\_\_\_\_ County you live in \_\_\_\_\_

Please circle the most appropriate identifier for each:

**Ethnicity:** Hispanic or Latino Not Hispanic or Latino

**Race:** American Indian or Alaskan Native Asian Black or African American  
Native Hawaiian or other Pacific Islander White

If more responses are received than funding allows you will be notified by mail.

**Please mail or email your completed form before September 30, 2020 to:**

Jefferson County Area Agency on Aging

Attn: SFMNP

186 Main St. Ste. 2

Brookville, PA 15825

EMAIL: azeitler@jcaaa.org

This institution is an equal opportunity provider.



# SUMMER WORD SEARCH

## FREE PRINTABLE

### Summer Word Search

S	F	L	I	P	F	L	O	P	S	I	S	L	E	P
S	U	N	S	C	R	E	E	N	A	N	U	O	S	I
A	U	N	G	U	E	S	T	H	D	O	N	V	W	C
B	N	E	G	J	O	C	E	A	N	F	S	S	I	N
A	P	O	O	L	J	U	R	Y	S	U	H	O	M	I
R	U	G	U	S	A	T	A	E	U	N	I	H	S	C
B	M	G	C	R	E	S	A	M	A	S	N	I	U	S
E	E	N	U	F	O	N	S	U	M	M	E	R	I	P
C	M	A	A	S	T	O	H	E	T	H	I	N	T	R
U	V	A	C	A	T	I	O	N	S	R	H	L	A	I
E	R	O	B	I	L	K	R	X	J	O	I	O	U	N
I	I	N	S	E	F	I	T	S	F	U	N	P	T	K
C	A	R	E	L	A	X	S	U	L	Y	L	O	L	L
E	J	U	N	E	A	C	F	A	M	I	L	Y	S	E
I	C	E	P	O	P	A	H	O	T	S	R	E	L	R



AUGUST  
BARBECUE  
BEACH  
FAMILY  
FLIP FLOPS  
FUN  
HOT  
ICE CREAM

ICE POP  
JULY  
JUNE  
OCEAN  
PICNIC  
POOL  
RELAX  
SHORTS

SPRINKLER  
SUMMER  
SUNGLASSES  
SUNSCREEN  
SUNSHINE  
SWIMSUIT  
VACATION





## Got Medicare? Get a no-cost test for COVID-19

If you have Medicare and want to be tested for coronavirus disease 2019 (COVID19), there is good news!

Medicare covers tests with no out-of-pocket costs. You can get tested in your home, doctor's office, a local pharmacy or hospital, a nursing home, or a drivethrough site. Medicare does not require a doctor's order for you to get tested.

Testing is particularly important for older people and nursing home residents, who are often among the most vulnerable to COVID-19. Widespread access to testing is a critical precursor to a safe, gradual reopening of States.

When a vaccine for COVID-19 is developed, Medicare will cover that, too.

For Medicare beneficiaries who are homebound and can't travel, Medicare will pay for a trained laboratory technician to come to your home or residential nursing home to collect a test sample. (This doesn't apply to people in a skilled nursing facility on a short-term stay under Medicare Part A, as the costs for this test, including sample collection, are already covered as part of the stay.)

If you receive Medicare home health services, your home health nurse can collect a sample during a visit. Nurses working for rural health clinics and federally qualified health clinics also can collect samples in beneficiaries' homes under certain conditions or you can go to a "parking lot" test site set up by a pharmacy, hospital, or other entity in your community.

Similar things are also happening in the Medicaid program, giving states flexibility to cover parking-lot tests as well as tests in beneficiaries' homes and other community settings.

The Families First Medicaid eligibility option has been implemented, which allows states to cover uninsured citizens' testing costs with no cost-sharing. Individuals should contact their state Medicaid agency to apply for this coverage. Both Medicare and Medicaid cover serology or antibody tests for COVID-19. These tests can help identify who has been exposed to the virus.

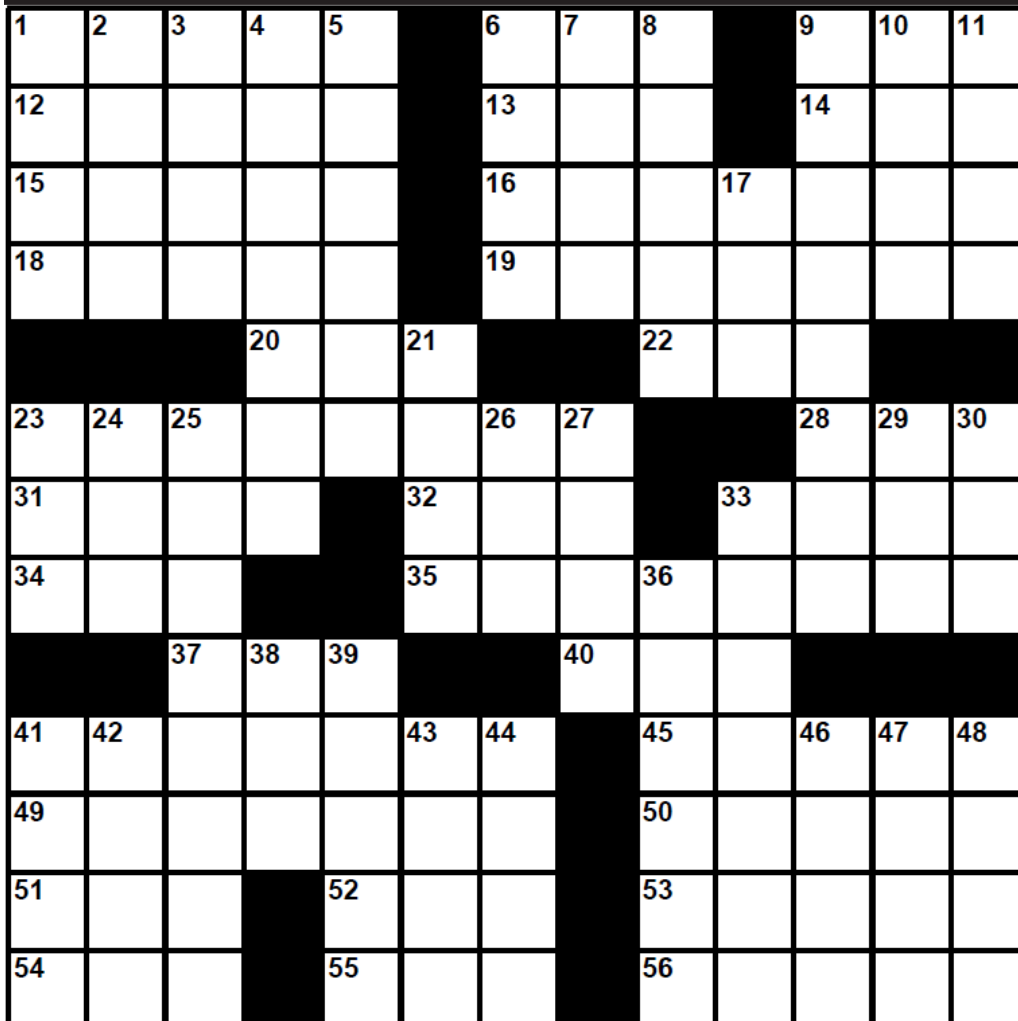
Medicare generally covers the entire cost of COVID-19 testing for beneficiaries with Original Medicare. If you're enrolled in a Medicare Advantage health plan, your plan generally can't charge you cost-sharing (including deductibles, copayments, and coinsurance) for COVID-19 tests and the administration of such tests. In addition, Medicare Advantage plans may not impose prior authorization or other utilization management requirements on the COVID-19 test or specified COVID19 testing-related services for the duration of the COVID-19 public health emergency.

Private health issuers and employer group health plans are required to cover COVID-19 testing, and certain related items and services, with no cost-sharing during the pandemic. This includes items and services that result in an order for, or administration of, a COVID-19 diagnostic test in a variety of medical settings, including urgent care visits, emergency room visits, and in-person or telehealth visits to the doctor's office.



## CROSSWORD

**Seniors** - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA for emergencies 24 hours a day at 1-800-852-8036.



## DOWN

1. Matures
2. Hand out cards
3. Informed about
4. Get ready
5. Mother \_\_\_\_
6. Biblical pronoun
7. Yours and mine
8. Dentist's concern
9. Neverland resident (2 wds.)
10. Abound
11. No ifs, \_\_\_\_, or buts
17. Middling grade
21. Halt
23. Wise bird
24. Crusted dessert
25. Sum total
26. Hole in \_\_\_\_
27. Undercooked
29. Lyricist Gershwin
30. Nothing
33. More regretful
36. Decide
38. \_\_\_\_ v. Wade
39. Go onstage
41. Recipe units (abbr.)
42. Butter's rival
43. Semester
44. Lyric verses
46. Mental image
47. Saloons
48. Other than

## ACROSS

1. Take as one's own
6. Tiny child
9. School group (abbr.)
12. Artistic category
13. Shade
14. Poetic dusk
15. Consumer
16. Constructed
18. Incline
19. Admires
20. Mule's kin
22. Pronoun
23. Phone company
- employee
28. Brooch
31. Burgundy, e.g.
32. Out \_\_\_\_ limb (2 wds.)
33. Mumbai dress
34. Lease
35. Private
37. Intense anger
40. Poet's eternity
41. The Raptors' city
45. Apache, e.g.
49. Rained ice
50. Wave type
51. Family animal
52. Browning's "before"
53. Ogles
54. Tofu ingredient
55. Den and study (abbr.)
56. Delete