THE SUNSHINE LINE



Telephone:

(814) 849-3096 1-800-852-8036

Address:

186 Main St STE 2 Brookville, PA 15825

Fax:

(814) 849-3232

Website:

www.jcaaa.org

Molly McNutt -Executive Director



Get the Sunshine Line Sign up on our website www.jcaaa.org or call us at (814)849-3096 **Season greetings to you!** 2020 has been quite the year for all of us. The staff at the Jefferson County Area Agency on Aging have worked tirelessly this year to continue to provide important services to the seniors in our communities. We served 42,731 home delivered meals, 13,267 senior center congregate meals, provided 21,782 hours of personal care in-home assistance, and over 2,000 rides through the Area Transportation Authority (ATA). I am proud of the work we accomplished this year.

We want to sincerely thank all the first responders and essential health workers that helped keep everyone safe this year.

I hope you stay safe and can enjoy quality time with those you love. May you and yours have a very Merry Christmas and a Happy New Year!

Sincerely,
Molly McNutt
Executive Director



Enrollment is now open for the 2020-2021 Low Income Home Energy Assistance Program (LIHEAP). The program assists low-income families and seniors with paying their heating bills. Applications are available online or at the Area Agency on Aging office.

For more information about LIHEAP, including how to qualify and sign up, visit the Department of Human Services' website https://www.dhs.pa.gov/Services/Assistance/Pages/LIHEAP.aspx



Jefferson County Senior Centers are closely monitoring COVID-19 positive case rates and must base activities on these numbers. Because the situation changes day-by-day we encourage you to call your local senior center to find out what is happening or to sign up for a to-go lunch.

Brookville Heritage House

ADDRESS: 4 Sylvania Street

Brookville, Pa 15825 PHONE: (814) 849-3391

Brockwayville Depot

ADDRESS: 425 Alexander Street,

Brockway, Pa 15824 PHONE: (814) 265-1719

Reynoldsville Foundry

ADDRESS: 45 West Main Street

Reynoldsville, Pa 15851 PHONE: (814) 653-2522

Punxsutawney Area Center

ADDRESS: 222 North Findley Street

Punxsutawney, PA 15767 PHONE: (814) 938-8376 Hot to-go meals are available at your local senior center!

Call the day ahead to reserve your meal.

Menu is on page6.

RECIPE

Sweet Potato Casserole

Submitted by Marci Barr. "I have made it for 20 odd years and now my daughter makes it."

3 cups mashed cooked sweet potatoes (I use canned yams)

1 cup sugar or sugar substitute equivalent

½ cup melted butter

MIX 2 eggs, well beaten

1 tsp vanilla

1/3 cup milk (I use half and half or evaporated milk)

½ cup shredded coconut

Topping

MIX ½ cup brown sugar, firmly packed or sugar substitute equivalent

1/4 cup flour or gluten free flour product

2 ½ TBSP melted butter

½ cup chopped pecans or walnuts

Mix 1st 7 ingredients (not topping)

- Place in 2 qt casserole dish
- Sprinkle topping on top
- Bake at 350 degrees for 25 minutes or until knife in center of casserole comes out clean.

"I have used less sugar and sugar substitutes over the years as well as gluten free products so all our family members dietary needs are met."





Dolly's Green Beans Casserole

Submitted by Annette Town

2 Tbsp Butter

1 1/2 Tbsp flour

1/2 tsp salt

pinch of pepper

1 small onion, diced

1 cup sour cream

3 cans green beans

2 cups shredded cheddar cheese

- 1.Preheat oven to 350 degrees F.
- 2. Sauté onions in butter. Add flour, stir until smooth and cook for 1 minute. Stir in salt, pepper, and sour cream. Add green beans & 1 cup of cheese until green beans are evenly coated.
- 3. Transfer green bean mixture to a casserole dish. Spread remaining cup of cheese over green beans.
- 4. Bake for 30 minutes in preheated oven, or until the top is golden and cheese is bubbly



RISTMAS





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BELLS CANDLES CANDY CANE SEASON CARDS CELEBRATE CHIMNEY **CHRISTMAS**

RUDOLPH SANTA SLEIGH STOCKING TREE WREATH

ELVES FROSTY GIFT GIVING GREETINGS HOLIDAY JOLLY

JOY **MERRY MISTLETOE** NOEL NORTH POLE REINDEER



Away in a Manger Choir of the Bells Dominick the Donkey Frosty the Snowman Holly Jolly Christmas Jingle Bell Rock Jingle Bells Let it Snow Little Drummer Boy Little St Nick O Holy Night Rudolph Santa Baby Silent Nigh Silver Bells The Christmas Song The First Noel Winter Wonderland

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Answers to Name that Line on page 10

Chicken Scratch NY

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LUNCH MENU





Jefferson County Senior Center Menu

Monday	Tuesday	Wednesday	Thursday	Friday		
	Sloppy Joe 1/2c. Ranch Seasoned Potatoes 1/2c. Green Beans WG Sandwich Roll 1/2c. Mandarin Oranges	2 Harvest Alfredo Chicken over 3/4c. Bowtie Noodles 1c. Tossed Salad w/ Tomato/dressing Italian Bread 1/2c. Pineapple Tidbits	3 Roasted Pork w/ Apples 1/2c. Whipped Potatoes w/ Chives 1/2c. Carrots Mini Biscuit w/ Apple Butter Cookie	4 Warm Roast Beef Sandwich w/ cheese & au jus 1c. Homemade Vegetable Soup w/ cracker Sandwich Roll 1/2c. Mixed Fruit		
7 Bratwurst 1/2c. Scalloped Potatoes 1/2c. Peas Hot Dog Roll 1/2c. Pears	8 Creamy Chicken Divan over 1/2c. White Rice 1c. Tossed Salad w/ to- mato & dressing Breadstick 1/2c. Warm Peaches	9 Cottage Pie (Stewed beef & vegetables in gravy topped w/ buttery mashed potatoes) 1/2c. Coleslaw WG Biscuit 1/2c. Warm Cinnamon Applesauce	10 Greek Chicken Salad (Diced chix, blk olives, red onion, tomatoes, mozzarel- la cheese) 1c. Mixed Greens w/ Drs 1c. Wedding Soup w/ crackers Dinner Roll 1/2c. Mandarin Oranges	11 Baked Ham w/ Fruit or Raisin Sauce 1/2c. Whipped Sweet Potatoes 1/2c. Warm Beets White Bread Fresh Fruit		
14 Baked Ziti (3/4c) w/ Meatballs (3) Marinara Sauce & .5oz Cheese 1c. Tossed Salad w/ cucumber/drs Garlic Breadstick 1/2c Mixed Fruit Salad	15 Chicken Caesar Club w/ lettuce, tomato, cheese, condiments 1c. Creamy Broccoli Soup w/ Cracker Sandwich Roll 1/2c. Blushed Pears	16 Holiday Special Stuffed Chicken Breast w/ Gravy 1/2c. Whipped Potatoes 1/2c. Candied Carrots Dinner Roll Red Velvet Cake w/ Cream Cheese Icing	17 BBQ Pulled Pork 1/2c. Seasoned Potatoes 1/2c. Lima Beans White Bread 1/2c. Sliced Apples	18 1c. Seafood Mac & Cheese 1/2c. Stewed Tomatoes WG Dinner Roll Fresh Fruit		
21 Smokey BBQ Burger Topped w/ cheddar, BBQ sauce, crispy onions 1c. Creamy Cauliflower Soup w/ crackers Sandwich Roll Fresh Fruit	22 Sweet & Sour Roasted Pork Loin 1/2c Blended Rice Pilaf 1/2c. Green Beans WG Dinner Roll 1/2c. Mixed Fruit	23 Open Face Hot Turkey Sand w/ Gravy 1/2c. Whipped Potatoes w/ Chives 1/2c. Mixed Vegetables White Bread 1/2c. Applesauce	24 Christmas Eve Centers Closed	25 Christmas Day Centers Closed Morry Christmas		
28 Center Cut Pork Loin w/ 2oz Gravy 1/2c. Whipped Sweet Potatoes 1/2c. Lima Beans White Bread 1/2c. Sliced Apples	29 Chicken Taco w/ cilantro lime crème sauce & lettuce 1/2c. Seasoned Corn & Black Bean Soft Tortilla Shell Fresh Fruit	30 Baked Cabbage w/ 2oz Tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Carrots Wheat Bread Sherbet	31 Centers Closed NEW YEAR'S EVE	*Menu subject to change		

Employee Profile

Name: Candy Parson
Job title: Assessor
Location: Main Office

How long have you worked for JCAAA: 5 years

Education and School Where Attended: I received a Bachelor of Science degree in Psychology from

Southeastern University in Lakeland Florida

Certifications: I have numerous training certifications including protective services and CPR and first aid.

What is involved in your day-to-day activities in your current position?

My daily activities involve speaking with consumers, asking them questions about their needs. I also speak with family members, facilities and hospitals to ensure proper care is being set up for our vulnerable population. I assist with communication from the county assistance office and help answer questions as people are applying for extra help within the home through the Waiver program.

Tell us about your most rewarding or satisfying experience in your work or volunteer history:

I enjoy working with the public every day. I love to hear success stories and hear from people with whom I have worked directly have a positive experience with our agency.

Tell us about the significant people in your life:

I am very lucky to have a sweet family that is supportive and encouraging. I have a loving husband, Justin, and three children, Jonas, Ezra and Cora. They bring me joy and laughter daily, helping me to remember the important things in life. I also have a big, old dog named Zeke, and a lazy cat named Amos.

What do you do when you are not at work?

When I am not at work, I love to bake, read and knit. Our family goes camping several times a year. I look forward to any time I can spend outside, whether it's a hike, camping out or floating in the kayak.



MEMORIES

JCAAA staff share their favorite holiday memories!

My favorite Christmas Movie is A Christmas Story. My sister and I started watching it one night at home and couldn't stop laughing! Every Christmas after we started making a whole day of fun before, during and after the movie. We would make movie themed snacks to go along with the movie. After both my sister and I got married we kept this tradition going with our husbands and eventually our children. We continued doing this Christmas Season until my sister passed away in a car accident. My husband and I still watch this movie with our now adult children including the movie themed snacks. About 10 years ago my family took a trip to Cleveland, Ohio to see the actual Christmas Story House and my children still talk about that trip every Christmas.

- Jodie Deal

Christmas is my favorite holiday! It has always had a special energy for me that is very comforting. As a child we would always spend time with many aunts, uncles, and cousins. Christmas morning was always exciting in our house! My younger sister and I would always wake up early to see what Santa left under the tree. My fondest memory is when I got a puppy for Christmas. A black cocker spaniel that I named Donatello. He was named after the Teenage Mutant Turtles character which was big in the 1980's. A tradition that continues today for my family is cooking and baking cookies. Cookies are always made and decorated on Christmas Eve with classic holiday music of Peter, Paul, and Mary, Alabama Christmas, and other favorites playing in the background.

- Molly McNutt

I am not sure who in my family started this tradition, but we have been doing it for generations. I remember my Mother making an Angel Food Cake for Christmas dinner, she always reminded me and my siblings (6 sisters and 2 brothers) that we were celebrating Jesus Birthday, and the traditions continues. MERRY CHRISTMAS to all.

- Cheryl Moore, Brockway Depot

My favorite Christmas memory is going to my grandparents' house on Christmas Day. My grandma always had everything decorated and had all the Christmas goodies for our whole big family. They had 8 children with all their families and would always have enough for everyone, no matter how many showed up that day. Always happy memories spending time at their house.

- Cheryl Muders

My sister and I always got to open 1 gift on Christmas Eve. It was usually a small gift. So now I give my daughter 1 gift on Christmas Eve to open as well. I like to give her pajamas.

- Holly Wensel

I recall attending Christmas eve church services each holiday when I was a little girl with my mother, father and two younger brothers at Cabot United Methodist Church in Cabot, Butler County. We always sat with my mother's parents (my grandparents) during the service. I always enjoyed at the end of the service when we would sing "Silent Night" while holding our lit candle and sometimes thinking to myself "What would happen if someone were to accidentally drop it! What a disaster that would be!" Afterwards, we would all go to my grandparent's home in Sarver and open up our gifts from our grandparents which were under their very small artificial tree. Such fond holiday memories!

- Megan Chase

A couple weeks before Christmas my siblings, friends, and self, went to Penelec (my father's place of employment) where an assembly line was set up. We packed goody bags to be distributed on Christmas to those less fortunate. We had so much fun and it made us aware that there were many in need. Even back then, we had to wear gloves and were not permitted to sample the chocolate drops. On Christmas day, after gifts were opened and wrapping paper cleared, my father and brothers would leave our festivities to meet with other participating organizations (my father was in the Lion's club) to deliver care packages. The care packages included our previously made goody bags. They were delivered to those in need in our community. We learned early about helping one another.

Debbie Long

For as long as I can remember, my family would go to the candlelight service every Christmas Eve at Mt. Tabor Presbyterian Church in Sigel. After the service we all gather at the front to get a family picture in front of the beautiful tree that is always decorated using the ornaments that the children of the community made at the church's ornament workshop. Our night continues as we all make our way to the Mt. Tabor Cemetery where we light a Christmas tree for my sister and now my grandparents. This is my favorite, because even though they may not physically be with us we know they are there with us and we want to keep them alive in our traditions. We end the night after we have all filled our belly's, opened a few presents, and enjoy the company of our family.

- Amy

MEMORIES

My families holiday tradition as a child was going to my grandparents on my moms side on Christmas Eve. Due to being from a divorced family, it worked out the best to allow time with all family. I loved going to my grandparents on Christmas eve and was told that Santa made a special stop so that my cousins and I could have a special present early. We would also gather cookies and carrots to take home so we had something to leave Santa and the reindeer that night.

- Megan Manson

My favorite holiday tradition is turning on the Christmas music and decorating the house. Wrapping myself up in a blanket with hot chocolate and a good Christmas book. The music is uplifting and the lights brighten the surroundings.

- Mindy Sivanich

My favorite holiday recipe is chocolate rolls. They are a sweet roll with Hershey chocolate in the middle and are best freshly baked or warmed in the microwave to melt the chocolate. We always had them for breakfast on Christmas morning. My grandmother had started the tradition when my mother was a child and it has been carried on since then. Recently, I found the recipe printed in a cookbook and found out the recipe is French and is actually called Petit Pain au Chocolate.

When I was a child, my family would venture into the forest to find our family Christmas Tree. Of course, it was always a snowy cold day and we would spend hours hiking through the forest to find "the perfect Christmas tree". Often we would end up going back to one of the first trees that we looked at. It is a tradition that we had for as long as I can remember.

Jodi Shaffer

It was Buck Day tradition in my family for my sister, my cousins and I to spend the day with our grandma while our parents hunted. Perry Como Christmas music would play and the aroma of freshly made clove hard tack would fill the house while we helped Grandma pull out all the decorations and decorate the tree.

Nicole McGee

I helped my Grandma bake cookies and put up her large light up outdoor Nativity scene. We listened to all the 1940 era Christmas albums. "I'll be Home for Christmas" was one of our favorites. I am sure it was for her because my Grandfather was overseas in WWII. These are the best memories and I remember looking forward to that one on one time with one special lady! My favorite holiday movie is Planes, Trains and Automobiles! It has some super laughs and great lines my husband and I know by heart!

Marci Barr

a. You'll shoot your eye out, kid.

b. I have broken no vow.

Name That Line

Match each quote to the Christmas movie it comes from

1. White Christmas
2. It's a Wonderful Life
3. While You Were Sleeping
4. Holiday Inn
5. A Christmas Story
6. The Nutcracker & the Four Realms
7. Elf
8. A Charlie Brown Christmas
9. Daddy's Home 2
10. Home Alone
11. The Nativity Story
12. How the Grinch Stole Christmas
13. Rudolph the Red-Nosed Reindeer
14. The Santa Clause
15. Frosty the Snowman
16. A Christmas Carol
17. Jingle All the Way
18. Christmas in Connecticut
19. The Family Man
20. Prancer
21. The Man Who Invented Christmas
22. Miracle on 34 th Street
23. Santa Claus is Coming to Town
24. The Star

D.	i nave broken no vow.
c.	The best way to spread Christmas cheer is
	singing loud for all to hear.
d.	I carry a pencil. I'm a lawyer. I do that, okay.
e.	Keep the change, ya filthy animal.
f.	If there's anybody I don't want advice from
	right now, it's Turbo Man!
g.	Maybe I have been spending too much time
	in the attic.
h.	If something should happen to me, put on
	my suit; the reindeer will know what to do.
i.	If you're gonna eat like an animal, take your
	food out to the barn.
j.	Mutual, I'm sure.
k.	How can youlook at me like you haven't
	seen me every day for the last 13 years?
I.	I tell you, Forster, my lamp's gone out. I've
''	run out of ideas. I'm old.
m.	I know nobody likes me. Why do we have to
	have to have a holiday season to emphasize
	it.
n.	Faith is believing in things when common
	sense tells you not to.
0.	Hermey doesn't' like to make toys.
p.	God bless us, every one.
q.	The only person that can ruin your
۹۰	Christmas is looking back at you from that
	mirror.
r.	Now you go home and write "I am very sorry
	for what I did" a hundred zillon times. And
	then maybe – just maybe, mind you – you'll
	find something in your stocking tomorrow
	morning.
S.	I hate toys! And toys hate me! Either they
	are going or I am going and I am definitely
	am not going!
t.	I said why don't you kiss her instead of
	talking her to death.
u.	John, when you're kissing me, don't talk
	about plumbing.
V.	Maybe Christmas, he thoughtdoesn't
	come from a store. Maybe Christmas,
	perhapsmeans a little bit more!
w.	You stay here and guard Mary. If anything
	happens, warn us.
х.	You could melt her heart right down to
	huttan if you'd and them and the heat

butter, if you'd only turn on the heat.

CROSSWORD

Seniors - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAAA for emergencies 24 hours a day at 1-800-852-8036.

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12				13				14					1. "We Family"
15	+	1	16		+	+		17		+	+		2. "Cry River" (2 wds.)
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													5. Small river
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43					44			45					22. "One Day Time" (2 wds.)
													23. Racetrack circuit
46				47		48				49	50	51	25. Horse strap
52	+	+	+	+		53		+		54	+	+	27. Albany's canal
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1. Medical group				28. Thin candle				56. Period in history				37. " Twist"	
(abbr.)									verhe	ad rai	lways	38. Nebraska metropolis	
4. Nile snake				34. Jakarta's country								39. Green fruits	
7. Stern					38. Italian bread dip (2								40. Sacred images
12. Apple color				wds.)								41. Author Jules	
13. "Harper Valley					42. Reporter's question								45. Comic Carvey
14. Make jubilant					43. Mickey and Minnie 44. Move smoothly								47. Have supper
15. Opposite of western				46. Love, in Florence								49. " Got Sixpence"	
17. Opponent				48. Greed								50. Baseball's	
18. Thoughts				52. Hair dye								Ripken	
20. (_				53. Perfect gymnastics								51. Navy officer (abbr.)
21. Stop					ore	·							