

## JEFFERSON COUNTY AREA AGENCY ON AGING

186 Main St STE 2 \* Brookville, PA 15825

Phone: (814) 849-3096 1-800-852-8036

[www.jcaaa.org](http://www.jcaaa.org)

Find us on Facebook: @JeffersonCountyAAA

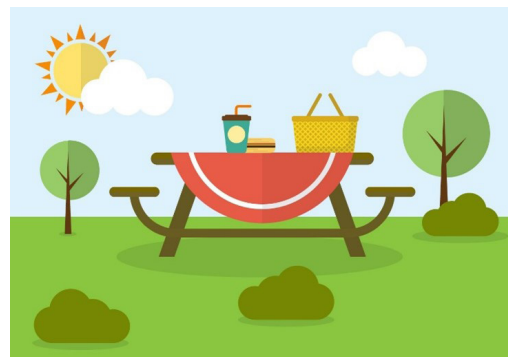
Want to receive our newsletter by email?  
Register on our website or call us!

## ANNUAL SENIOR PICNIC!

**When:** Wednesday September 15, 2021

**Where:** Jefferson County Fairgrounds

**Time:** 10:00am-1:00pm



### **Details:**

Health Fair and Screenings

Educational Materials

50/50 Drawing

Lunch (available for sit down or to-go starting at 11:00am)

And More!

**Please register by contacting your local senior center!**

Brockway Depot	814-265-1719	Punxy Area	814-938-8376
Brookville Heritage House	814-849-3391	Reynoldsville Foundry	814-653-2522
JCAAA Main Office	814-849-3096		

**Transportation will be arranged if there is a need from the Punxy, Brockway, and Reynoldsville areas. Please indicate you would like transportation when you call to reserve your meal.**



### **Build Healthy Relationships**

Strong, healthy relationships are important throughout your life. They can impact your mental and physical well-being. As a child you learn the social skills you need to form and maintain relationships with others. But at any age you can learn ways to improve your relationships. It's important to know what a healthy relationship looks like and how to keep your connections supportive.



#### To Build Healthy Relationships:

- Share your feelings honestly.
- Ask for what you need from others.
- Listen to others without judgement or blame. Be caring and empathetic.
- Disagree with others respectfully. Conflicts should not turn into personal attacks.
- Avoid being overly critical, angry outbursts, and violent behavior.
- Expect others to treat you with respect and honesty in return.
- Compromise. Try to come to agreements that work for everyone.
- Protect yourself from violent and abusive people. Set boundaries with others. Decide what you are and aren't willing to do. It's okay to say no.
- Learn the differences between healthy, unhealthy, and abusive ways of relating to others.

Visit [www.thehotline.org/healthy-relationships/relationship-spectrum](http://www.thehotline.org/healthy-relationships/relationship-spectrum)

**Farmer Market Vouchers** are still available for pick-up, or they can be mailed to you. Eligible individuals are age 60 and older and meet income guidelines. This program provides \$24.00 in vouchers free to eligible older adults once per year. The purpose is to encourage older consumers to eat more fresh fruits and vegetables by local growers who make their produce available at farmer's markets.



Please call 814-849-3096 for more information.



## Our Family

Circle the words found in families.

P	Q	H	C	A	T	S	J	L	F	C	A	R	I	N	G	L	C	V	Q
C	Y	R	G	N	U	H	O	U	R	N	G	Y	O	N	V	L	S	K	J
W	E	I	R	D	E	C	H	N	I	Q	N	E	U	L	E	E	D	C	H
O	P	C	S	Y	R	G	N	A	E	G	I	F	V	A	E	G	R	A	A
C	E	O	Y	Y	T	B	O	T	N	Y	T	I	N	I	R	R	P	J	D
I	X	M	D	D	A	Y	X	I	D	N	A	J	W	A	T	P	O	G	E
N	C	P	N	S	R	D	Z	C	S	H	O	Y	N	Y	Y	A	A	Y	R
C	I	A	I	A	A	A	H	S	S	K	B	D	Z	C	L	L	E	P	O
I	T	S	C	M	M	N	B	T	E	E	C	B	H	A	V	I	U	R	B
P	I	S	P	A	R	M	N	M	R	H	M	A	O	G	R	C	M	A	C
T	N	I	A	F	G	R	O	O	I	I	L	A	J	M	N	C	I	A	P
I	G	O	I	A	O	S	E	L	Y	L	B	F	G	K	A	I	Q	G	F
N	F	N	G	Z	E	H	D	L	E	I	Y	A	G	D	C	R	V	W	W
A	N	A	E	W	L	R	D	N	A	R	N	A	Y	L	R	A	C	I	H
D	A	T	A	E	E	I	G	J	R	X	V	G	O	N	V	A	J	I	G
R	E	E	V	N	V	I	C	U	L	I	A	S	T	N	N	O	O	Q	A
O	J	A	G	A	N	G	F	E	N	J	E	T	Q	R	I	U	N	B	R
J	R	Y	D	G	N	I	O	G	T	U	O	G	I	T	A	C	F	N	D
T	D	F	F	E	E	S	I	C	R	E	X	E	R	O	A	M	E	J	J
M	E	M	I	T	Z	E	L	B	A	E	V	O	L	B	N	K	S	B	G

AMAZING	CATS	EXCITING	GRANDCHILDREN	LOVEABLE	SCARY
ANGRY	CHALLENGING	EXERCISE	HAPPY	LUNATICS	SMART
ANNOYING	CINDY	FAMILY	HUNGRY	MARCIA	TIME
AWESOME	CLEAN	FRIENDS	JACK	NICE	TRAVEL
BIRTHDAYS	CLOSE	FUN	JACK JACK	OUTGOING	WEIRD
BOARD GAMES	COMPASSIONATE	FUNNY	JEAN	PAIGE	
BOATING	CRAZY	FURRY	JOHN	PAUL	
BORED	CREATIVE	GAVIN	JORDAN	PICNIC	
CARING	DAVID	GIVING	LEROY	RELAXATION	

## JOY FOR ALL COMPANION PETS

To help combat social isolation and depression among older adults during the COVID-19 pandemic and beyond, the Jefferson County Area Agency on Aging, in partnership with award-winning robotic pet manufacturer Ageless Innovation and the Pennsylvania LINK Program, is distributing up to 50 robotic Joy for All Companion Pets to those most at-risk for social isolation.

“Social isolation was already a serious public health problem for older individuals who have limited social connections, and the COVID-19 virus has made this problem exponentially worse,” said Executive Director Molly McNutt. “Social isolation also puts older adults at greater risk for a number of physiological issues such as decline in mobility, heart disease including heart attack, stroke, and high blood pressure, cognitive decline, infectious illness, and chronic illnesses, such as type 2 diabetes. We are so grateful for this partnership with Ageless Innovation and are excited to work alongside their team to deliver pets to those who will benefit from their companionship.”

It is well known that social isolation disproportionately affects older adults, many of whom often only have social contact out of the home at community venues or places of worship. Those who do not have close



family or friends and rely on the support of community services are at additional risk,



along with those who are already lonely or isolated.

Joy for All Companion Pets allow socially isolated older adults to receive similar gratification and comfort that they would from live pets by calming anxiety, decreasing loneliness, and providing a better quality of life—without needing to worry about food or vet bills.

Cheryl Muders, Long Term Care Director for JCAAA says, “Many older adults who love pets can no longer take care of them, and robotic pets are a wonderful substitute. They meow or bark, move, and can be loved and snuggled. During this incredibly difficult time, these robotic companion pets are even more comforting and appreciated by isolated older adults.”

Older adults, or their family members, who are interested in participating in this program are encouraged to contact the JCAAA at 814-814-3096. A quick six question loneliness scale will be conducted over the telephone. Arrangements will then be made for pick-up of the pet.

**If someone dies owing a debt, does the debt go away when they die?**

No, when someone dies owing a debt, the debt does not go away. Generally, the deceased person's estate is responsible for paying any unpaid debts. The estate's finances are handled by the personal representative, executor, or administrator. That person pays any debts from the money in the estate, not from their own money.

Generally, no one else is legally obligated to repay the debt of a person who has died, but there are exceptions to this rule. For example:

- ☐ If there was a co-signer on a loan, the co-signer owes the debt.
- ☐ If there is a joint account holder on a credit card, the joint account holder owes the debt. A joint account holder is different from an "authorized user." An authorized user is not usually responsible for the amount owed.
- ☐ If state law requires a spouse to pay a particular type of debt.
- ☐ If state law requires the executor or administrator of the deceased person's estate to pay an outstanding bill out of property that was jointly owned by the surviving and deceased spouse.
- ☐ In community property states, the surviving spouse may be required to use community property to pay debts of a deceased spouse. The community property states are Alaska (if a special agreement is signed), Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Texas, Washington, and Wisconsin.

If there was no joint account, co-signer, or other exception, only the estate of the deceased person owes the debt.

You may want to talk to a lawyer if you are being contacted by a creditor or debt collector about a deceased person's debts or if you have questions about whether you are responsible for those debts. To find an attorney, you can contact a lawyer referral service in your area and ask for an attorney with experience in consumer law, estate or probate matters, debt collection defense, or the Fair Debt Collection Practices Act. Some attorneys may offer free services or charge a reduced fee. There may also be legal aid offices or legal clinics in your area who will offer their services for free if you meet their criteria. Servicemembers should contact their local Legal Assistance Office .

Laurel Legal Services, Inc.

16 East Otterman Street

Greensburg, PA 15601

For Services: 1-800-253-9558







**Jefferson County  
Senior Center Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Beef Burgundy 1/2c Bowtie Noodles 1/2c Coin Carrots Wheat Bread Fresh Orange</p>	<p>3</p> <p>Tuna Salad Sandwich w/ Lettuce &amp; Tomato 1c Lentil Soup w/ Crackers Sandwich Roll Fresh Orange 1/2c Pineapple</p>	<p>4</p> <p>Grilled Chicken Caesar Salad 1c Mixed Greens (Diced Chicken, Parmesan, Tomato, Croutons) 1c Pasta Florentine Soup w/ Crackers WG Dinner Roll 1/2c Mixed Fruit</p>	<p>5</p> <p>Orange Glazed Pork Loin 1/2c Blended Rice 1/2c California Blend Wheat Bread 1/2c Pineapple Tidbits</p>	<p>6</p> <p>Vegetable Lasagna 1oz Shredded Mozzarella 1c Tossed Salad w/ HB Egg Italian Bread 1/2c Warm Peach Crisp</p>
<p>9</p> <p>Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Cream Corn Wheat Bread 1/2c Raspberry Sherbet</p>	<p>10</p> <p>Brunch Lunch Western Omelet w/ Ham, Cheese, Peppers, Onions 1/2c Breakfast Potatoes WG English Muffin w/ Jelly, 4oz Orange Juice</p>	<p>11</p> <p>Roasted Turkey 1/2 c Mashed potatoes 1/2 c Mixed Vegetables Wheat Bread Applesauce</p>	<p>12</p> <p>Sweet &amp; Sour Meatballs (4) 1/2c Brown Rice 1/2c Creamy Coleslaw Wheat Bread 1/2c Mixed Fruit</p>	<p>13</p> <p>Roasted Pork Loin w/ Gravy, 3oz Stuffing 1/2c Whipped Potatoes 1/2c Mixed Vegetables 1/2c Sliced Apples</p>
<p>16</p> <p>Potato Crusted Fish 1/2c Tuscan Mac &amp; Cheese 1/2c Italian Green Beans Wheat Bread Fresh Fruit</p>	<p>17</p> <p>Chicken Caesar Club w/ Lettuce, Cheese, Condiment 1c Cream of Broccoli Soup w/ Crackers Sandwich Roll 1/2c Blushed Pears</p>	<p>18</p> <p>Chicken Marsala w/ 2oz Gravy 1/2c Bowtie Noodles 1/2c Brussel Sprouts Wheat Bread 1/2c Mixed Fruit</p>	<p>19</p> <p>Baked Cabbage Roll w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots WG Dinner Roll Strawberry Shortcake</p>	<p>20</p> <p>Mild Buffalo Chicken Salad Sandwich w/ Shredded Lettuce 1c Baked Potato Soup w/ Crk Sandwich Roll Fresh Melon</p>
<p>23</p> <p>Cheeseburger 1/2c BBQ Butterbeans 1/2c Macaroni Salad Sandwich Roll Fresh Cantaloupe</p>	<p>24</p> <p>Turkey Chef Salad (Turkey, Cheddar, HB Egg) 1c Tossed Salad w/ To- mato &amp; Drs 1c Cauliflower Soup w/ Crackers WG Dinner Roll 1/2c Mixed Fruit</p>	<p>25</p> <p>Pot Roast 1/2c Whipped Potatoes w/ Gravy 1/2c Carrots Wheat Bread 1/2c Sliced Pears</p>	<p>26</p> <p>Chicken Cobb Salad (Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c Mixed Greens) 1c Barley Vegetable Soup w/ Crk WG Dinner Roll 1/2c Sunset Peaches</p>	<p>27</p> <p>Pulled Pork Sandwich 1/2c Hawaiian Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie</p>
<p>30</p> <p>Sweet Sausage Minestrone (Peppers, Onions, Zucchini, Tomatoes) Over 3/4c Bowties 1c Tossed Salad w/ Cucumber &amp; Drs WG Dinner Roll Fresh Watermelon</p>	<p>31</p> <p>Grilled Chicken Salad (Chicken, Cheese, HB Egg) 1c Tossed Salad w/ To- mato &amp; Drs 1c Vegetable Soup w/ Crackers WG Dinner Roll 1/2c Pineapple Delight</p>	<p>*menu subject to change*</p> 		

## Jefferson County Area Agency on Aging



Senior Centers will host Smart Driver Safety Course REFRESHER classes in September 2021!

\$20.00 for AARP members - \$25.00 for non-AARP members

Register by calling the location you wish to attend. A short break will be offered at noon so please be sure to sign up for lunch that day.

### AARP Safe Driver Course Dates

Location	Date	Time	Phone Number
Brookville Heritage House	9/8	9:00am-1:00pm	814-849-3391
Brockwayville Depot	9/14	9:00am-1:00pm	814-265-1719
Reynoldsville Foundry	9/22	9:00am-1:00pm	814-653-2522
Punxy Area Center	9/29	9:00am-1:00pm	814-938-8376

## REAL ID

Department of Homeland Security has postponed the enforcement date for REAL ID from October 1, 2021, to May 3, 2023, in response to COVID-19 and the national emergency declaration.

**Beginning May 3, 2023**, Pennsylvanians will need a REAL ID-compliant driver's license, photo ID card, or another form of federally-acceptable identification (such as a valid passport or military ID) to board a domestic commercial flight or enter a federal building or military installation that requires ID.

### Do I have to get a REAL ID?

No. REAL ID is optional for Pennsylvania residents. You will be able to get either a REAL ID driver's license or identification card, or a standard driver's license or identification card.

If you do not get a REAL ID, you must have an alternate form of federally-acceptable identification (valid passport, military ID, etc.) to board domestic commercial flights and enter certain federal facilities after May 3, 2023.

Applicable Uses	Standard ID or Driver's License	REAL ID ID or Driver's License
Driving (DL only)	✓	✓
General Identification Purposes	✓	✓
Boarding a Domestic (U.S.) Flight after May 3, 2023	✗	✓
Entering a Federal Facility (that requires ID) or Military Base	✗	✓

### You do NOT need a REAL ID to:

- Drive.
- Vote.
- Access hospitals.
- Visit the post office.
- Access federal courts.
- Apply for or receive federal benefits, such as social security or veterans' benefits.

If you're not sure whether a REAL ID is right for you, our [REAL ID online wizard](#) may be able to help.

Source: <https://www.dmv.pa.gov/REALID/Pages/REAL-ID-Wizard.aspx>

**Jefferson County Area Agency on Aging Main office and senior centers will be closed the on following days. September 6th**





Brookville Heritage House Center  
Address: 4 Sylvania Street,  
Brookville, PA 15825  
Phone: 814-849-3391  
Email: heritage@jcaaa.org

**We are open for dine in and take out for lunch!**

Open Monday-Friday 8:00am-1:00pm. Please call by 12:30pm the day before to reserve your lunch.

**BINGO** – Mondays and Fridays 9:00am-11:00am

**WOOD CARVING GROUP** – Mondays 9-noon

**SCRABBLE** – Wednesdays at 10:00am

**HEALTHY STEPS IN MOTION** – Starts on August 9th. Will be every Monday and Wednesday from 10:00-11:30.

**August 3rd** – National Grab Some Nuts Day (packet of nuts given to dine-in participants)

**August 17th** – Ice Cream Social with Aetna Medicare Solutions. 12:15pm

**UPCOMING Classes**

**AARP Safe Driver Refresher Class** on 9/8 at 9:00am-1:00pm. \$20 for AARP member. \$25 for non-AARP member. A short break will be offered at noon so please sign up for lunch. To sign-up for class please call 814-849-3391.

**ArtsPath Felt Purse Making Workshop** – begins on 9/21. You will learn how to work with felt and make your own purse. 15 classes total between September-November. Class limited to 10 so call to reserve your spot.

**Farmer Market Vouchers** available anytime between 11-12:30.



Brockwayville Depot Center  
Address: 425 Alexander Street  
Brockway, PA 15824  
Coordinator: Cheryl Moore  
Phone: 814-265-1719  
Email: depot@jcaaa.org

**Hours of Operation Monday thru Friday 8-1**

**Farmer Market Vouchers** still available!

**Healthy Steps In Motion is back!** Starting Thursday Aug.12th at 10:00AM -11:30AM. Healthy Steps will now be offered every Monday and Thursday at 10:00AM.

**Nickel Bingo** (Please note new time): Tuesdays at 10:00AM-11:15AM

**Chair Yoga:** Every Wednesday at 11:00 AM

**Activities available everyday:** Pool, Puzzles, Library plus awesome socialization !!!

**LUNCHES:** Available every day for dine in or take out. Call the day before to reserve yours. Donation- \$2.50

**Aug 9th:** TAKE OUT ONLY meal. Center building being used for event.

**Aug 10th:** Bacon and Eggs Breakfast at 7:30-9:30. No Reservation needed, suggested donation \$2.50

**Aug 10th:** Red Cross Blood Drive from 1-5:30

**Aug 16th:** Ice Cream Social after lunch sponsored by Aetna

**Aug 19th:** Grocery Bingo 6:00pm-8:30pm. Cost is \$3.00 per packet

Pictured: The planter at the senior center is getting some attention.







The Reynoldsville Foundry Center  
 Address: 45 West Main Street  
 Reynoldsville, PA 15851  
 Coordinators: Cheryl Hannah  
 Phone: 814-653-2522  
 Email: foundry@jcaaa.org

**Monday and Friday** - Healthy Steps Exercise class 10:30-11:30am

**Mondays** - Jam Session 1pm until 3 pm

**Thursdays** – Bingo 9:30am-11:30am. Snacks and coffee provided!

**Tuesday and Friday** - ArtsPath Felt Purse Workshop beginning in September. From 10:00am-noon starting on 9/21. 15 classes total. Class size limited so call to reserve your spot today!

**AARP Safe Driver Refresher Class** on September 22<sup>nd</sup>. 9-1. Short break for lunch so please sign up to reserve your meal. \$20.00 for AARP members - \$25.00 for non-AARP members

**Sept. 3–** Music Night with Buckshot! Food and drink available for purchase. Event is FREE – no cover charge! 6:00-9:00

**Please come join us!** Thanks, Cheryl



Pictured: Uncle Sam helping Donna serve lunch on July 1 at the Foundry

## PUNXSUTAWNEY AREA SENIOR CENTER

Punxsutawney Area Center  
 Address: 222 N. Findley Street  
 Punxsutawney, PA 15767  
 Coordinator: Debbie Long  
 Phone: 814-938-8376  
 Email: punxy@jcaaa.org

**Hours of operation Monday thru Friday 8:30 to 1:30.**

**Take out and dine in lunches served daily** – take out 11:30, dine in noon. Please call 938-8376 before 1 the day prior to desired lunch.

**Daily:** cards, checkers, coloring, jigsaw puzzle.

**Monday August 2-** is ice cream sandwich day – served after lunch at 12:30

**Friday, August 13** – celebrate August birthdays with cupcakes

**Thursday, August 19 at 10** – field trip across the street to Weather Discovery Center, sign up at center. This is available for all current and prospective consumers.

**Thursday, August 19 at 12:30** – ice cream day

**Friday August 20-** is Senior Citizen Day celebration.

Adults age 60 and older are welcome to join our center. Please stop in and check us out. If you choose to join you will complete an intake form.

## Many U.S. Children and Adults Are Living with Heart Defects

A study from the Centers for Disease Control and Prevention (CDC) in five sites across the United States found that 1 in 157 children and 1 in 680 adolescents and adults had a heart defect noted at a medical visit. Heart defects are lifelong conditions that require ongoing specialty medical care. It is important for people living with heart defects to talk with a heart doctor regularly to make the best possible choices for their health.

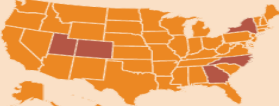


### Main Findings

- Based on data between 2011 and 2013 from up to five U.S. sites, **1 in 157 children ages 1–10 years and 1 in 680 adolescents and adults ages 11–64 years had a heart defect noted in their health record at a medical visit.**

It is important for people living with heart defects to talk with a heart doctor regularly to make the best possible choices for their health.

## HEART DEFECTS ARE LIFELONG CONDITIONS THAT REQUIRE ONGOING SPECIALTY MEDICAL CARE



Based on data from up to five sites across the United States



**1 in 157**  
children

&



**1 in 680**  
adolescents  
& adults



**had a heart defect**  
noted at a  
medical visit



Gladwell MJ, Farr SL, Book WM, Botto L, Li JS, Soim AS, et al. Individuals aged 1–64 years with documented congenital heart defects at healthcare encounters, five U.S. surveillance sites, 2011–2013. *American Heart Journal*. 2021 Aug; 238: 100–108.

CS324933-A

- 1 in 4 people with a heart defect noted at a medical visit had a severe congenital heart defect, meaning it likely required surgery or other procedures in the first year of life.
- Children, adolescents, and adults with heart defects more commonly had public health insurance (insurance provided by the government) than private or commercial insurance, such as insurance provided by an employer.
- Understanding how many people in each age category are living with a heart defect can inform planning efforts to address the needs of this growing population.

### About This Study

- CDC funded the University of Colorado in Denver; Duke University in Durham, North Carolina; Emory University in Atlanta, Georgia; the New York State Department of Health; and the University of Utah to estimate the number of people living with heart defects and better understand the survival, healthcare use, and longer-term outcomes of people living with heart defects.
- To be included in this study, people with heart defects had to have seen a healthcare provider and had their heart defect written down in their medical record between 2011–2013. People with heart defects that did not see a doctor during that time, or whose heart defect was not included in their medical record, were not included in this study.
- The estimated number of people with a heart defect who received medical care differed based on the source of information and the state or county where scientists collected data. Although estimates were similar across project sites, the number of people with heart defects may vary in other parts of the United States.

### About Heart Defects

Congenital heart defects are conditions present at birth that affect the structure of a person's heart and its ability to work properly. Lifelong cardiac care can help people with heart defects live as healthy a life as possible.

*More Information:* <https://www.cdc.gov/ncbddd/heartdefects/features/many-living-with-heart-defects.html>

## What should I do if I get a call claiming there's a problem with my Social Security number or account?



If there is a problem, we will mail you a letter. Generally, we will only contact you if you have requested a call or have ongoing business with us. The latest scam trick of using robocalls or live callers has increased. Fraudsters pretend to be government employees and claim there is identity theft or another problem with one's Social Security number, account, or benefits.

Scammers may threaten arrest or other legal action, or may offer to increase benefits, protect assets, or resolve identity theft. They often demand payment via retail gift cards, wire transfers, pre-paid debit cards, internet currency, or mailing cash.

Our employees will never threaten you for information or promise a benefit in exchange for personal information or money. Social Security may call you in some situations, but will never:

- Threaten you.
- Suspend your Social Security number.
- Demand immediate payment from you.
- Require payment by cash, gift card, pre-paid debit card, internet currency, or wire transfer.
- Ask for gift card numbers over the phone or to wire or mail cash.

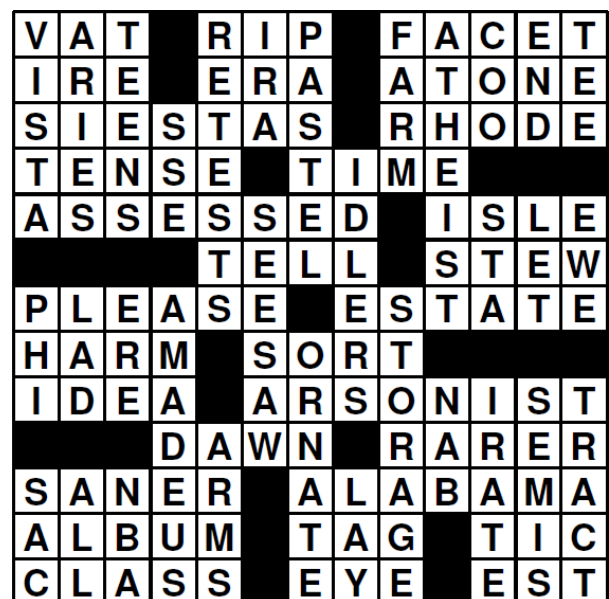
Don't be fooled! You should look out for:

- A caller saying there is a problem with your Social Security number or account.
- Any call asking you to pay a fine or debt with retail gift cards, wire transfers, pre-paid debit cards, internet currency, or by mailing cash.
- Scammers pretending they're from Social Security or another government agency. Caller ID or documents sent by email may look official but they are not.

How to protect yourself and your family!

- If you receive a questionable call, hang up, and report the call to our Office of the Inspector General.
- Don't return unknown calls.
- Ask someone you trust for advice before making any large purchase or financial decision.
- Don't be embarrassed to report if you shared personal financial information or suffered a financial loss.
- Learn more at [oig.ssa.gov/scam](https://www.ssa.gov/scam).
- Share this information with friends and family.

Learn more about fraud prevention and reporting at <https://www.ssa.gov/antifraudfacts/>.



**Seniors** - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA for emergencies 24 hours a day at 1-800-852-8036.

1	2	3		4	5	6		7	8	9	10	11	DOWN
12				13				14					
15			16					17					
18						19	20						
21					22				23	24	25	26	
				27					28				
29	30	31	32				33	34					
35					36	37							
38					39				40	41	42	43	
			44	45				46					
47	48	49				50	51						
52						53				54			
55						56				57			

## ACROSS

1. Tub  
4. Pull apart  
7. Phase  
12. Extreme anger  
13. Pitcher's stat  
14. Expiate  
15. Naps  
17. \_\_\_\_ Island  
18. Anxious  
19. Clock reading  
21. Appraised  
23. Man or Wight  
27. Tattle

## 28. Hearty soup

29. Gratify  
33. Real \_\_\_\_  
35. Injure  
36. Categorize  
38. Conception  
39. Firebug  
44. Sunrise  
46. More unusual  
47. More rational  
50. Montgomery's state  
52. Scrapbook  
53. Playground game  
54. Spasm  
55. Seminar

## 56. Storm center

57. Philadelphia time zone (abbr.)

34. What cabinets are used for  
37. Elaborate  
40. Seize  
41. Furious  
42. Large trucks  
43. Piece of land  
45. Weapons  
47. Cul-de-\_\_\_\_  
48. Entirely  
49. Hoop gp.  
51. Place