



# The Sunshine Line

Volume 8 Issue 10 October 2021



## JEFFERSON COUNTY AREA AGENCY ON AGING

186 Main St STE 2 \* Brookville, PA 15825

Phone: (814) 849-3096 1-800-852-8036

[www.jcaaa.org](http://www.jcaaa.org)

Find us on Facebook: @JeffersonCountyAAA

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Register on our website or call us!

### Medicare Annual Open Enrollment

**October 15, 2021 – December 7, 2021**

**The Medicare Annual Open Enrollment Period for 2021 will be from October 15 to December 7.** During this period each year, Medicare beneficiaries can join, switch, or drop their Medicare Part D or Medicare Advantage coverage.

Medicare Part D and Medicare Advantage plans change the coverage and costs each year, so it is important to review your plan and compare it to others on the market that are available to Jefferson County residents.

Medicare Education and Decision Insight (PA MEDI), a free health insurance counseling program for Medicare beneficiaries residing in Pennsylvania, will have counselors available during the entire Annual Open Enrollment Period. These unbiased and friendly counselors will help you understand your options in comparing Part D and Medicare Advantage plans at the following events in the community. This counseling is free.

***Medicare Annual Open Enrollment Events for the Jefferson County Area***

***Please call to schedule an appointment at 814-849-3096 and ask for Mindy.***



**pennsylvania**

Medicare Education and Decision Insight

**The Taxpayer Advocate Service** is an independent organization within the IRS and is *your voice at the IRS*. Our job is to ensure that every taxpayer is treated fairly, and that you know and understand your rights as a taxpayer. We offer free help to guide you through the often-confusing process of resolving tax problems that you haven't been able to solve on your own. Remember, the worst thing you can do is nothing at all.

TAS can help if you can't resolve your problem with the IRS and:

- Your problem is causing financial difficulties for you, your family, or your business.
- You face (or your business is facing) an immediate threat of adverse action.
- You've tried repeatedly to contact the IRS but no one has responded to you, or the IRS hasn't responded by the date promised.



Each state has at least one Local Taxpayer Advocate who is independent of the local IRS office and reports directly to the National Taxpayer Advocate.

If you qualify for our help, we'll do everything we can to get your problem resolved. You'll be assigned to one advocate who will be with you at every turn.

Local Tax Payer Advocate	Pittsburgh	1000 Liberty Ave. Room 1400 Pittsburgh, PA 15222	Phone: 412-404-9098  Toll-Free: 877-777-4778	Fax: 855-821-2125
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## WEATHERIZATION PROGRAM

The Pennsylvania Department of Community and Economic Development (DCED) works with the Weatherization Assistance Program (WAP) network of agencies to administer the WAP. In addition, the WAP network partners with the local County Assistance Offices to administer the Crisis Interface Program for homes without heat.

**Benefits:** The goal of the program is to make the cost of energy more affordable for low-income families throughout Pennsylvania by helping them make their homes more energy efficient. Weatherization services are provided at no charge to eligible individuals and families. Homeowners and renters alike can benefit from this program.

The first step is to conduct a home energy audit to determine the most appropriate energy conservation measures for the home. Such measures may include, but are not limited to, stopping air infiltration by caulking or weather-stripping doors and windows and replacing broken glass, ensuring adequate insulation in attics, and insulating electric hot water heaters. Crisis assistance is available to Low-Income Home Energy Assistance Program (LIHEAP) eligible clients to repair or replace heating systems.

**Those Eligible:** Individuals and families with household income at or below 200 percent of the federal poverty level. Eligibility for crisis assistance requires a referral from the County Assistance Office.

**Contact:** For information on the program and to apply for WAP, contact your local weatherization agency by visiting <https://dced.pa.gov/>.

To apply for the LIHEAP emergency crisis assistance, visit [www.dhs.pa.gov](http://www.dhs.pa.gov), then click on Services, then Assistance, and locate your County Assistance Office contact.

## Halloween



APPLES

BAT

BLACK

BLOOD

BRAINS

CANDY

CARVING

CASPER

CAT

CAULDREN

CHAINSAW

CHOCOLATE

CLAWS

COBWEBS

COSTUMES

DECORATIONS

DRACULA

EYEBALLS

FALL

FANGS  
FRANKEN-

STEIN

GHOSTS

GOBLINS

GYPSY

HALLOWEEN

HAUNTED

HUNTING

MAKEUP

MASKS

MONSTERS

MOON

MUMMY

NIGHT

OCTOBER

ORANGE

PARTY

PIE

PRANKS

PRINCESS

PUMPKINS

SCARY

SCREAMS

SEEDS

SPOOKY

TREAT

TRICK

VAMPIRES

WEREWOLVES

WIGS

WITCHES



**Jefferson County  
Senior Center Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>RESERVATIONS REQUIRED 24 HOUR NOTICE CALL CENTER YOU WISH TO DINE AT</b>		*menu subject to change*		<b>1</b> Chili 1oz Cheddar Cheese 1c Tossed Salad Cornbread 1/2c Applesauce
<b>4</b> Chicken Bruschetta 1/2c. Pesto Pasta 1c. Mixed Greens Salad w/ Drs 1/2c Island Blend Vegetables Dinner Roll Angel Food Cake w/ Berries & Topping	<b>5</b> Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots Italian Bread Cookie	<b>6</b> Roasted Pork w/ Dijon Mushroom Sauce 1/2c Vegetable Rice Pilaf 1/2c Green Beans Wheat Bread Fresh Fruit	<b>7</b> Spaghetti & Meatballs (4) 3/4c Pasta w/ Sauce 1c Tossed Salad w/ Dressing Garlic Breadstick 1/2c Mixed Fruit Salad	<b>8</b> Egg Omelet w/ Cheese 1 Sausage Patty 1/2c Breakfast Potatoes Wheat English Muffin w/ Jelly Fresh Fruit
<b>11</b> BBQ Chicken Thigh 1/2c Bowtie Pasta 1c Tossed Salad Wheat Bread Fresh Fruit	<b>12</b> Hot Dog 2oz Sauerkraut 1/2c Cheesy Potatoes Hot Dog Roll 1/2c Sliced Apples	<b>13</b> Baked Cabbage Roll w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots Dinner Roll Fresh Fruit	<b>14</b> Salisbury Steak w/ Gravy 1/2c Mashed Potatoes 1/2c Coleslaw Wheat Bread 1/2c Sliced Pears	<b>15</b> Tuna Noodle Casserole (3oz Tuna 4oz Noodles) 1/2c. Peas & Carrots Wheat Bread 1/2c. Pineapple & Cherries
<b>18</b> Roasted Pork w/ Apples 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables Mini Biscuit w/ Apple Butter Fresh Fruit	<b>19</b> Roast Beef & Dumplings 1/2c Creamy Coleslaw WG Buttermilk Biscuit 1/2c Cinnamon Applesauce	<b>20</b> Roasted Turkey w/ Gravy 1/2 Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread Cookie	<b>21</b> Crab Cake Slider 1/2c Parmesan Noodles 1/2c Bakes Beans Dinner Roll 1/2c Mandarin Oranges	<b>22</b> Baked Ham Slice w/ Fruit Sauce or Raisins 1/2c Sweet Potatoes 1/2c Coin Carrots Wheat Bread 1/2c Sliced Pears
<b>25</b> Taco Salad 1/2c Spanish Rice 1/2c Corn & Black Bean Salad Nacho Chips 1/2c Pineapple Delight	<b>26</b> Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots White Bread Fresh Fruit	<b>27</b> Orange Glazed Pork Loin 1/2c Vegetable Rice Pilaf 1/2c Cauliflower 1/2c Sliced Apples	<b>28</b> Crispy Chicken Salad 1c Mixed Greens w/ Diced Chicken Bacon Bits, Cheddar, 1/2 Egg 1c Vegetable Soup w/ Crackers Dinner Roll 1/2c Warm Peach Crisp	<b>29</b> Turkey Caesar Club Sandwich w/ Lettuce, Tomato, Cheese 1c Creamy Broccoli Soup w/ Crk Sandwich Roll Cherry Chip Cake w/ Topping 1/2c Fruit Cocktail

**Speak up!** Infection prevention is everyone's business. You should never feel shy or reluctant to ask for more information. After all, we're talking about **your health**. Your doctors, your nurses, and other members of your care team want you to have a voice in your care. So ask questions, voice concerns, and make sure you're comfortable with the care you are getting while in the hospital or other healthcare facility.



Speak up for  
your care!

**If you have a concern, please feel free to ask questions:**

- "Is this the first time this needle, tubing, and syringe have been used?"
- "I didn't see you clean your hands. Would you mind cleaning your hands before touching me?"
- "Do I still need this catheter today? Why?"
- "Am I supposed to shower with an antiseptic soap before I am admitted for my surgery?"
- "Should I be receiving any shots or vaccines to protect me during my stay or after I go home?"
- "This area in my room seems dirty. Can you please clean it?"
- "Can you please check my bandage?"
- "Have you had your flu vaccine this year?"

If you're not satisfied with the responses you get or feel that you need more information, ask to talk to another healthcare professional.



Do you or a loved one live in a long-term care facility? Do you know you have rights? All residents have rights under the Federal and State law.

They include the right to be treated with dignity and respect; to privacy; and to develop a comprehensive plan of care with the staff. Other rights include the right to be fully informed about care and treatment options; and to file grievances.

### **Know your rights!**

For more information about Residents' Rights, or questions or concerns, contact your Long-Term Care Ombudsman Program. They are advocates that promote and protect the rights of residents in licensed long-term care facilities.

Contact the Jefferson County Ombudsman Mindy Sivanich  
186 Main Street, Suite 2  
Brookville, PA. 15825  
1-800-852-8036 Option 3







Brockwayville Depot Center  
Address: 425 Alexander Street  
Brockway, PA 15824  
Coordinator: Cheryl Moore  
Phone: 814-265-1719  
Email: depot@jcaaa.org

**Hours of Operation** Monday thru Friday 8-1. Lunch available everyday for dine-in or take out. Call the day before by 1:00pm to reserve your meal. Suggested donation is \$2.50.

**Healthy Steps In Motion** every Monday and Thursday at 10:00AM.

**Nickel Bingo** (Please note new time): Tuesdays at 10:00AM-11:15AM

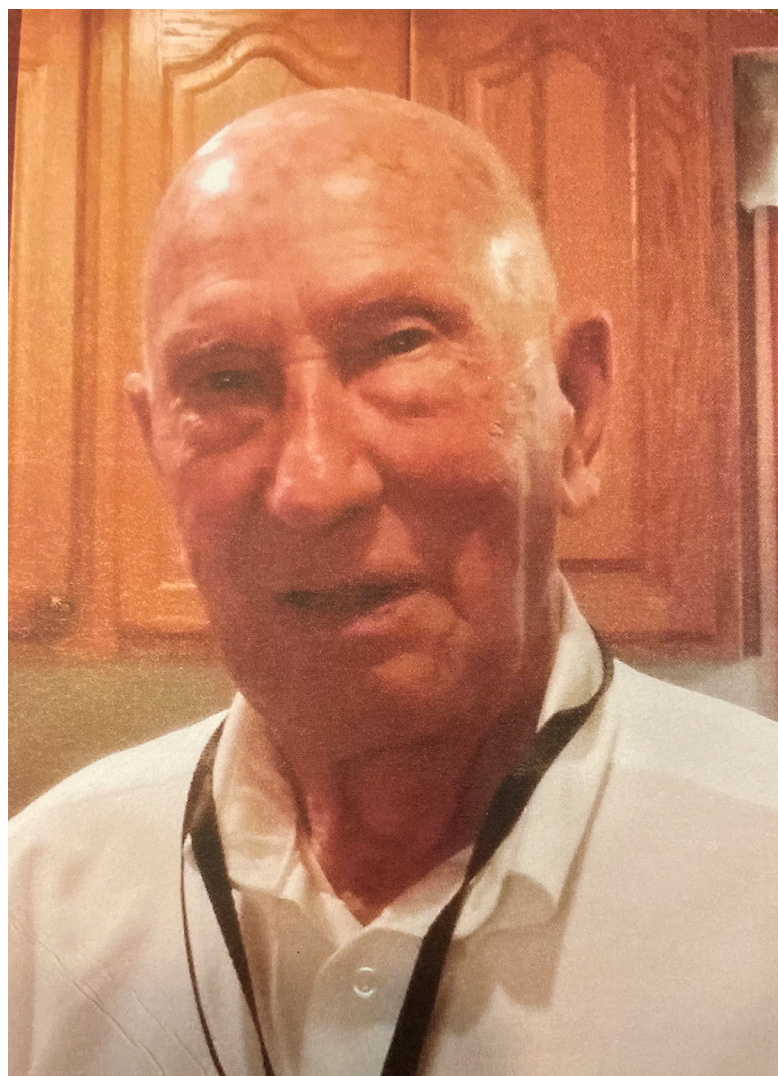
**Chair Yoga:** Every Wednesday at 11:00 AM

**Activities available everyday:** Pool, Puzzles, Library plus awesome socialization!

**October 12th** - Bacon and Eggs Breakfast 7:30-9:30 no reservation needed suggested donation 2.50

**October 21st** - Grocery Bingo 6:00-8:30. \$3.00 per pack to play

**Wishing Brockway resident Wilfred "Bud" Neubert a Happy 100th Birthday on October 31st!**





Brookville Heritage House Center  
 Address: 4 Sylvania Street,  
 Brookville, PA 15825  
 Coordinator: Tammy Miller  
 Phone: 814-849-3391  
 Email: [heritage@jcaaa.org](mailto:heritage@jcaaa.org)

We are ready for Fall here at the Heritage House. We have a special treat for our center on Wednesday October 27<sup>th</sup> right after lunch 12:15. Come Join us for some FUN!

We have been adding things slowly but surely and are very excited to have everyone coming back in to the center. We love that we are busy and showing signs of activity and good times here at the center. We have scheduled some painting, some Phone/Tech Classes, and some Coffee and Chit Chat in October as well as our regular activities, Healthy steps in motion and our Chair Yoga. Please be on the lookout for sign up sheets in the hallway near the computer where you sign in for your activities. There is always something happening here.

**We are open for dine in and take out for lunch!** Open Monday-Friday 8:00am-1:00pm. Please call by 12:30pm the day before to reserve your lunch.

**BINGO** – Mondays and Fridays 9:00am-11:00am

**WOOD CARVING GROUP** – Mondays 9-noon

**SCRABBLE** – Wednesdays at 10:00am

**HEALTHY STEPS IN MOTION** – Every Monday and Wednesday from 10:00-11:30.

**CHAIR YOGA** – Every Tuesday and Thursday 10:30am-11:30am

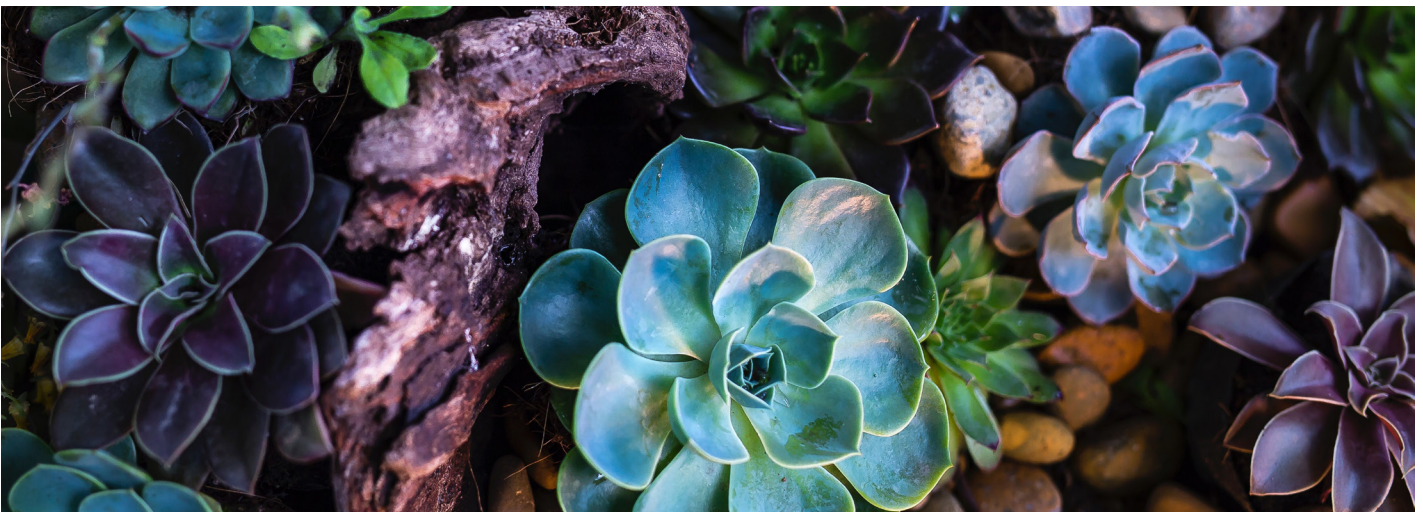
**Wednesday October 6th** Rock Painting Class and every Wednesday in October as long as the first class goes well.

**Friday October 1st, 15th, 29th** Tech Class Just the Basics

**Wednesday October 27th** we will be having a special get together with music, apple cider and donuts after lunch in the lunch room for about ½ an hour.

We will have our October Birthday Cupcakes on **Thursday the 28th** for our center Birthdays in October.

If there's any interest in a class where we make a succulent plant in a planter please let me know by early October and we can get one scheduled. There will be a small cost but it shouldn't be too bad and you will have a nice plant to take home and they are very hearty.





## PUNXSUTAWNEY AREA SENIOR CENTER

Punxsutawney Area Center  
Address: 222 N. Findley Street  
Punxsutawney, PA 15767  
Coordinator: Debbie Long  
Phone: 814-938-8376  
Email: [punxy@jcaaa.org](mailto:punxy@jcaaa.org)

**Hours of operation Monday thru Friday 8:30 to 1:30.**

**Lunch available daily:** take out – 11:30; dine in – noon. Please call 938-8376 the day before by 1:00 to reserve your meal.

**Penny Bingo** – Every Monday and Wednesday 9:30am-11:00am

**Thursday, Oct 7, fall craft day** – must sign up – 9:30 to 10:30

**Wednesday, October 13 – National M & M day** – every variety will be on display

**Friday, October 15 – October birthdays** will be celebrated – cupcakes and singing after lunch

**Thursday, October 21 – National Apple day** – sampling of different types of apples

**Friday, October 22 – ice cream day** – available to those signed up for lunch – either dine in or take out

**Friday, October 29** – Halloween celebration. Costumes encouraged but not required

*Birthday guys – David, Dwight, Tim and Carl*







The Reynoldsville Foundry Center  
Address: 45 West Main Street  
Reynoldsville, PA 15851  
Coordinators: Cheryl Hannah  
Phone: 814-653-2522  
Email: foundry@jcaaa.org

**Healthy Steps in Motion** every Monday, Wednesday, and Friday 10:30am-11:30am.

**Jam Session** every Monday 1:00-pm-3:00pm

**October 1st** – Music Night with Buckshot Band. 6:00pm-9:00pm. Doors open at 5:30pm. Food and soda will be available for purchase. No cover charge!

**Looking ahead Craft Show slated for November 27th!**

*Photos from our Dance on 9/3.*





# HALLOWEEN TRIVIA

© MEEBILY

- Q.1. What does the word "Halloween" mean?
- Q.2. When did the word "Vampire" first appear in English?
- Q.3. What were the first Jack-o-Lanterns made out of?
- Q.4. What monster is pictured on the flag of Sicily?
- Q.5. What monster is said to terrorize the people of Africa?
- Q.6. What is Dr. Frankenstein's first name?
- Q.7. What was the name of Dracula's sidekick?
- Q.8. How much does the world's biggest Pumpkin weigh?
- Q.9. Who is said to haunt the White House Rose Garden?
- Q.10. Where does the region of Transylvania situated?
- Q.11. In which country did Halloween originate?
- Q.12. When do Celts celebrate their New Year?
- Q.13. What does group of witches is called?
- Q.14. Who is the author of the novel "Dracula"?
- Q.15. What is the name of the killer in the Halloween movies?

- |                |                    |                |                    |
|----------------|--------------------|----------------|--------------------|
| 6). Victor     | 13). Coven         | 1). Holy Night | 9). Dolley Madison |
| 8). 2,096 Lbs  | 7). Renfield       | 10). Romania   | 14). Bram Stoker   |
| 11). Ireland   | 3). Turnips        | 12). 1st Nov   | 2). 1734           |
| 5). Nandi Bear | 15). Michael Myers | 4). Medusa     |                    |



**Name:** Megan Chase

**Job title:** OPTIONS Care Manager/CSP Coordinator

**Location:** Main Office

**How long have you worked for JCAAA:** 3 years

**Education and School Where Attended:** I graduated from Clarion University of PA with a Bachelor of Science degree in Secondary French Education in May of 1992.

I also studied for 6 weeks at the University of Quebec in Trois-Rivieres, Quebec Canada during my time at Clarion.

**What is involved in your day-to-day activities in your current position?**

I assess and reassess consumers for the OPTIONS and CSP programs, provide helpful resources and information, place referrals for services, determine financial eligibility and reimbursement rates, obtain up to date medication lists and proof of monthly income, perform wellness checks, process aide timesheets and invoices for reimbursable items and services through the Caregiver Support program, and assist consumers with various applications.

**What is your most rewarding or satisfying experience in your work or volunteer history:**

It is very rewarding to be able to assist others who are in dire need of services, especially if we get a wellness check on a consumer who is at-risk and is willing to accept the services that the JCAAA has to offer!

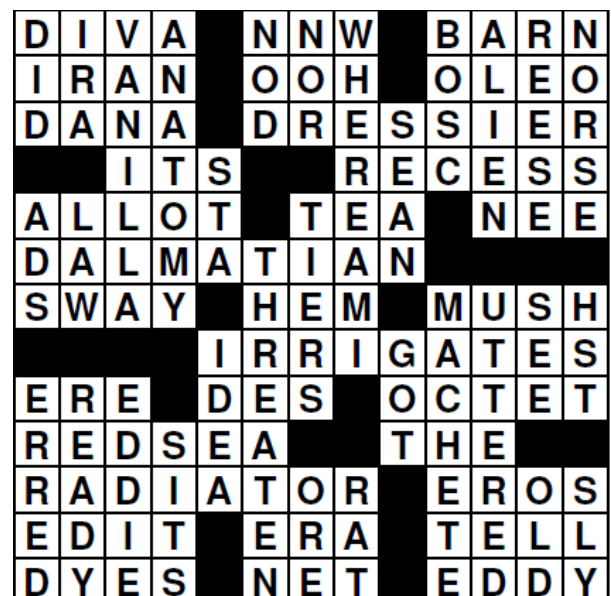
**Please tell me about your proudest moment since you joined JCAAA:** I recently assisted a consumer who was very hard of hearing obtain a free-of-charge caption phone which will allow her to speak on the phone and be able to read the other person's conversation.

**Please tell us about the significant people in your personal life.**

I have two sons Zachary and Brock who are 19 and 20 years old. They both live with me. My older son Zach commutes to Indiana University of PA and is studying Communications. My younger son Brock graduated from Punxsy High School in June. Both of my sons have part-time jobs and my younger son is going to be working full-time later this Fall after finishing physical therapy due to a football injury to his shoulder. I also have two younger brothers, my mother, and a sister-in-law who all live near Pittsburgh, a niece who recently moved to Florida, and a nephew who is currently stationed at Fort Sill, Oklahoma with the National Guard!

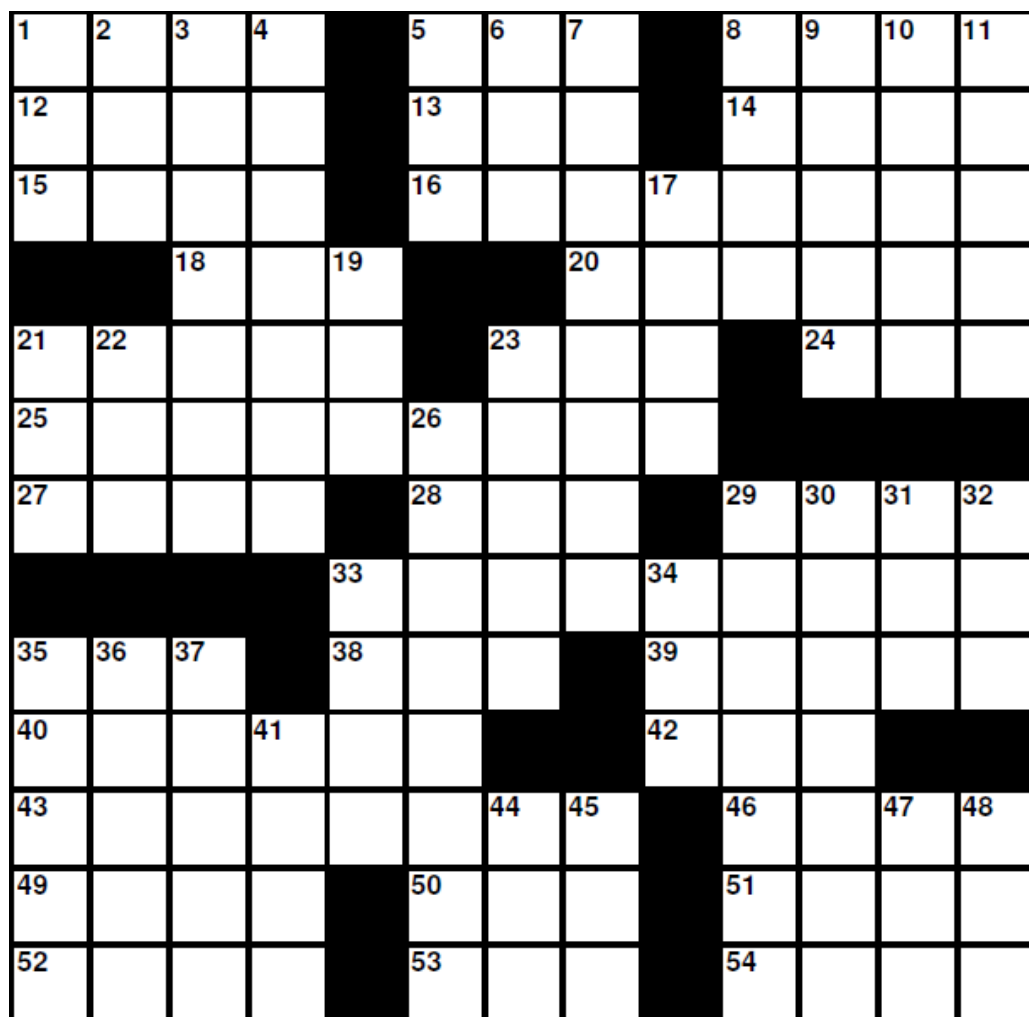
**What do you do when you're not at work?**

I enjoy travel, bargain-hunting, making crafts, spending time with family and friends, trying new restaurants and going on day trips!





**Seniors** - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA for emergencies 24 hours a day at 1-800-852-8036.

**DOWN**

1. Accomplished
2. Nest egg letters
3. Ice-cream flavor
4. Bodily structure
5. Head movement
6. Neither's mate
7. Lost one's question (3 wds.)
8. Pear type
9. E.T., e.g.
10. Actress \_\_\_\_\_ Witherspoon
11. Norwegian
17. Actor \_\_\_\_\_ Penn
19. RR depot
21. Commercials
22. Regulation
23. Cake layers
26. Endanger
29. Huge knife
30. Spoke
31. View
32. DDE's predecessor
33. Bright thought
34. Understood
35. Miscalculated
36. All set
37. \_\_\_\_\_ Murphy of "Shrek"
41. Poses
44. Metallic rock
45. Mouse's kin
47. Dated
48. Wily

**ACROSS**

1. Aria singer
5. Wind dir.
8. Rural building
12. Iraq's neighbor
13. "Wow!"
14. Toast topping
15. Comedian \_\_\_\_\_ Carvey
16. More elegant
18. That thing's
20. School playtime
21. Mete out
23. Oolong, e.g.

24. Maiden name indicator
25. Spotted dog
27. Influence
28. Sewn edge
29. Cornmeal porridge
33. Waters fields
35. Before, to Keats
38. \_\_\_\_\_ Moines
39. Eight musicians
40. What Moses parted (2 wds.)
42. "Raiders of \_\_\_\_\_ Lost

- Ark"
43. Car cooling device
46. Love deity
49. Blue-pencil
50. Notable period
51. Narrate
52. Coloring agents
53. Fisherman's tool
54. Whirlpool