



JEFFERSON COUNTY  
AREA AGENCY ON AGING

186 Main St STE 2 \* Brookville, PA 15825

Phone: (814) 849-3096 1-800-852-8036

[www.jcaaa.org](http://www.jcaaa.org)

Find us on Facebook: @JeffersonCountyAAA

Want to receive our newsletter by email?  
Register on our website or call us!

**\*NEW\* Care Manager Office Hour at the Senior Centers!**

Starting in January 2023, you can talk with an Aging Care Manager at the senior center.

No appointment necessary!

**Punxsutawney Center**

1<sup>st</sup> Tuesday of the Month

11:00am-Noon

**Brockway Depot**

3<sup>rd</sup> Tuesday of the Month

11:00am-Noon

**Reynoldsville Foundry**

2<sup>nd</sup> Tuesday of the Month

11:00am-Noon

**Brookville Heritage House**

4<sup>th</sup> Friday of the Month

11:00am-Noon

The Care Manager will be able to assist you with:

- Filling out paperwork
- Answer questions about aging services
- Provide you with resources
- And more!

We look forward to providing more services in the senior centers!



## Tools help people.

TechOWL finds tools and technology for people across Pennsylvania.



**Connect with Tech** Free tablets to help you stay connected to healthcare, family, and friends.

Plan a visit to the senior center to hear about the new Affordable Connectivity Program and sign up to get a **FREE TABLET!**



Kip Stossmeister will be available to ask questions and get help.

**Brockway Depot**  
**January 10<sup>th</sup>**  
**11:00am**

**Brookville Heritage House**  
**January 17<sup>th</sup>**  
**11:00am**

**Punxy Area Center**  
**January 24<sup>th</sup>**  
**11:00am**

**Reynoldsville Foundry**  
**January 31<sup>st</sup>**  
**11:00am**

# AFFORDABLE CONNECTIVITY PROGRAM

Helping Households Connect

**Pennsylvania**  
WORK SMART. LIVE HAPPY.

## WHO IS ELIGIBLE?

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Received a Federal Pell Grant during the current award year;
- Meets the eligibility criteria for a participating provider's existing low-income internet program;
- Participates in one of these assistance programs:
  - Supplemental Nutrition Assistance Program (SNAP)
  - Medicaid
  - Federal Public Housing Assistance
  - Supplemental Security Income (SSI)
  - Special Supplemental Nutrition Program of Women, Infants, and Children (WIC)
  - Veterans Pension and Survivor Benefits
  - Free and Reduced-Price School Lunch and School Breakfast Program
  - Lifeline

Check out [fcc.gov/ACP](https://fcc.gov/ACP) for a Consumer FAQ and other program resources.

## TWO-STEPS TO ENROLL

1. Go to [AffordableConnectivity.gov](https://AffordableConnectivity.gov) to submit an application or print out a mail-in application; and
2. Contact your preferred participating provider to select a plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

## HOW ARE CONSUMERS PROTECTED?

FCC rules protect Affordable Connectivity Program recipients by:

- Empowering consumers to choose the service plan that best meets their needs (including a plan they may already be on);
- Ensuring consumers have access to supported broadband services regardless of their credit status;
- Prohibiting providers from excluding consumers with past due balances or prior debt from enrolling in the program;
- Preventing consumers from being forced into more expensive or lower quality plans in order to receive the ACP;
- Ensuring that consumers are not liable for early termination fees;
- Reducing the potential for bill shock or other financial harms;
- Allowing ACP recipients to switch providers or broadband service offerings; and
- Providing a dedicated FCC process for ACP complaints.

## ADDITIONAL INFORMATION

Check out [fcc.gov/ACP](https://fcc.gov/ACP) for a Consumer FAQ and other program resources.

If you need to talk to someone about your eligibility or application status, call the ACP Support Center at (877) 384-2575.

The **Affordable Connectivity Program (ACP)** is an FCC program that helps connect families and households struggling to afford internet service. The Affordable Connectivity Program provides:

- ✓ Up to \$30/month discount for broadband service;
- ✓ A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.



# Jefferson County Senior Center Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Roasted Pork w/Gravy 1/2c Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Mini Biscuit w/ Apple Butter Cookie	<b>3</b> Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	<b>4</b> 1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Applesauce	<b>5</b> Baked Cod 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	<b>6</b> Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple
<b>9</b> Popcorn Chicken 1/2c Whipped Potatoes w/Gravy 1/2c Corn 1 Biscuit 1/2c Peaches	<b>10</b> Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Dinner Roll Fresh Fruit	<b>11</b> Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots 1 Wheat Bread 1/2c Pudding	<b>12</b> Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	<b>13</b> Sloppy Joe 1/2c Ranch Roasted Potatoes 1/2c Green Beans 1 Hamburger Bun Fresh Fruit
<b>16</b> Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 White Bread Seasonal Fresh Fruit	<b>17</b> Pasta Primavera (Chicken, Cheese, Broccoli, Carrots, Onions, Peppers) 1/2c Noodles 1 Breadstick 1/2c Mixed Fruit	<b>18</b> Glazed Ham 1/2c Whipped Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie	<b>19</b> Cheese Lasagna Rollup w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 White Bread Fresh Fruit	<b>20</b> Moroccan Beef 1/2c Vegetable Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Mandarin Oranges
<b>23</b> BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight	<b>24</b> Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 White Bread 1/2c. Warm Apple Cranberry Crisp	<b>25</b> Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit	<b>26</b> Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread	<b>27</b> Salmon Croquette 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Fresh Fruit
<b>30</b> Pepper Steak w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	<b>31</b> Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup w/ Crk 1 Dinner Roll 1/2c Fruited Gelatin		<b>RESERVATIONS            REQUIRED with 24 Hour            Notice.            Centers NOT open on            weekends to take            reservations            for Monday.</b>	<b>*Menu subject to            change*            Supply Chain issues            may result in different            menu items</b>

*Lots of Words*

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ABRASIVE

ABSTAIN

ABSTEMIOUS

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OBFUSCATE

OBJECTIVE

PLAUSIBLE

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PLIABLE

RENOWN

REPRIEVE

RESCIND

TALISMAN

TEDIUM

TEMPER

**Jefferson County Area Agency on Aging Main Office and the Senior Centers will be closed on 1/2/2023.**







Brockwayville Depot Center  
 Address: 425 Alexander Street  
 Brockway, PA 15824  
 Coordinator: Cheryl Moore  
 Phone: 814-265-1719  
 Email: depot@jcaaa.org

Start your New Year out right and join us for exercise.

Healthy Steps in Motion - All over strength and mobility exercise program. Every Monday and Thursday at 10:00am.

Chair Yoga – stretching and bending from a chair or standing. Every Wednesday at 11:00am.

Well-Balanced lunch served Monday-Friday at 11:30am.

BREAKFAST is every Tuesday from 7:30-9:30 (No reservation needed for this).

1/3 EXCITING NEWS! Blood Pressure checks are back. A nurse from Primary Health Network will be here the first Tuesday of the month at 9:00am.

1/10 TechOwl presentation and application assistance to receive a FREE TABLET! Join Kip Stossmeister for this informative event at 11:00am

1/12 Winter Cards

1/20 Care Manager Office Hour. 11am-noon. Get assistance with paperwork, aging services, resources.

1/26 Winter Craft

1/27 Birthday Celebration

February 24th Seniors for Safe Driving Event. 9:00am-1:00pm

Call to register 814-265-1719. Cost is \$16.00 per person and is due at time of registration.

You can also register online at [www.SeniorsForSafeDriving.com](http://www.SeniorsForSafeDriving.com)

Hope to see you all soon! Happy New Year to you all!





Brookville Heritage House Center  
 Address: 4 Sylvania Street,  
 Brookville, PA 15825  
 Coordinator: Tammy Miller  
 Phone: 814-849-3391  
 Email: heritage@jcaaa.org

Happy New Year Everyone!

It is hard to believe that another year has come and gone. We have lots of great things happening here at the Heritage House for the winter months as well as our regularly scheduled activities. We are also looking ahead to a few fun things coming up in the Spring that we can look forward to. We had a nice little break after Christmas and are happy to be back here at the center with everyone-I hope everyone had a wonderful holiday and are ready for this brand new year ahead!

A hot nutritious lunch is served every day Monday through Friday at 12 noon for a \$2.50 donation. Please give us a call at least 24 hours in advance to when you will be dining with us at 849-3391.

We are taking a break the first week in January to get everything un-decorated and packed up after the holidays. We will be starting back up with our card making and ceramics in February as well as crafts and other activities. If you have any suggestions, please let me know.

Care Manager Office Hour. 4th Friday of the month at 11am-noon. Get assistance with paperwork, aging services, resources.

Kicking things off in January will be Friday 1/13 at 10:30 am in the Cafe' with a healthy cooking and taste testing class. More information to be announced when we get closer to the date and there will be a sign up sheet to sign up if you want to join us for this class.

TechOwl presentation and application assistance to receive a FREE TABLET! Join Kip Stossmeister for this informative event at January 17th at 11:00am

Friday December 20th at 10:15 am in the Cafe we will be doing a winter craft-more info soon and also look for a sign up sheet for this event.

Snowflake Tea and Talk Friday January 27th 2023 at 10:00 am in the Cafe-everyone is welcome.

Looking Ahead: Card Making each month-cards for the veterans/holidays and nursing homes, monthly blood pressure checks, and maybe a special bingo in February-Grocery Bingo?!? I would like to give it a try and see how it goes. Seniors for Safe Driving Class coming up in April.

The photo is a picture of our community ornament tree decorated for Christmas with handmade ornaments from the community-this was our first year, but we are hoping to make it a tradition-already working on Christmas 2023.

\*\*There will be a sign up sheet for all of these activities, so please make sure to get signed up if you want to join us for any of these activities. Thanks so much. 849-3391\*\*

Schedule is subject to change-I try my best to stick to the schedule but if for any reason we have to change something or reschedule then I will do so and make an announcement on social media and hang a flier up at the center.



## PUNXSUTAWNEY AREA SENIOR CENTER

Punxsutawney Area Center  
Address: 222 N. Findley Street  
Punxsutawney, PA 15767  
Coordinator: Debbie Long  
Phone: 814-938-8376  
Email: [punxy@jcaaa.org](mailto:punxy@jcaaa.org)

December was a busy month for our center. We decked the halls, enjoyed grocery bingo, completed a craft, decorated sugar cookies, collected toys for the Salvation Army to distribute, enjoyed a delicious holiday meal and celebrated birthdays, had a holiday movie and popcorn day.

January looks like it is going to be a busy month - a bowling day is being planned as a reward for our consumers' generosity with the toy collection. Date and time to be determined.

Tuesday January 3 – care manager visiting center from 11 to noon

Thursday January 19 – National Chocolate Cake day

Tuesday January 24 – ACP program at 11

Friday, January 27 – ice cream sundae day after lunch

We always offer cards, puzzles, movies, crafts. Fresh brewed iced tea, ice water and hot beverages always available in addition to an occasional snack

Lunches served daily at noon for dine in and 11:30 for takeout. Meal must be ordered a day in advance. Call 814-938-8376 or stopping in to sign up.

**Photo:** *Scott (one of our hard working volunteers) is quite proud of the toys collected for Salvation Army distribution.*







The Reynoldsville Foundry Center  
Address: 45 West Main Street  
Reynoldsville, PA 15851  
Coordinators: Cheryl Hannah  
Phone: 814-653-2522  
Email: foundry@jcaaa.org

Merry Christmas and Happy New Year from the Foundry!!

We have been very busy here at the Foundry in the last few weeks as we prepare for Santa to arrive.

Please join us at the Foundry any day for lunch M-F 9-2 – if you would like to join us for lunch please call the day before.

M-W-F- the Healthy Steps Exercise Class has a great attendance of approx. 20 members 10:30-11:30 - Monday Jam Session is here singing and playing from 1:00-3:00 pm – Thursday's we have bingo 9:30-11:30 come and join in.

Also, looking ahead to 2023 we will be starting Tai Chi again on Monday evenings at 6:00-7:00 pm this will be in March.

The Friday night dances will resume in March or April ( date tbd )

It has been a busy and fun year! Hope to see everyone in the New Year come and join us at the Foundry.

The Quilt Guild met recently and had a Christmas party to wind down their busy year! Also, the Felt stocking Art Class with Sandy Trimble was a big hit as well! On December 9th they met for their last art class and Christmas party. State Representative Brian Smith was in attendance and WTAJ TV 10 covered a little story on their class ( please check out their website to check out the story covered, pictured below )



### JCAAA Staff Earn NACCM Certification

**Brookville, PA** – The Jefferson County Area Agency on Aging proudly announces two employees have earned the National Academy of Certified Care Managers certification. The two employees, Candy Parson and Holly Wensel, join Cheryl Muders, Nicole Keedy, Annette Town, and Jodi Shaffer as certified care managers. Both Parson and Wensel have worked for JCAAA since 2015.



Care Managers at the Jefferson County Area Agency on Aging perform the most important task at the agency which is meeting with older adults to assess them for appropriate Long-Term Services and Supports. Candidates must meet certain criteria before taking the exam for certification which includes education, supervised care management experience, and direct client contact. The applicant must then complete a monitored test and pass.

“We encourage our staff to work towards earning this certification as it demonstrates to our consumers and partners that we are committed to excellence” says executive director Molly McNutt. “Ongoing professional education and training in care management is an important part of our culture at JCAAA.”

The Jefferson County Area Agency on Aging maximizes the quality of life, independence, health, and safety of older adults. We welcome calls to our office at 814-849-3096. A list of all services can be found online at [www.jcaaa.org](http://www.jcaaa.org)

### Summerville Eats & Sweets Senior Citizen Tuesday January Menu Lunch Now Available 11-2pm!

January 3	Sloppy Joe with French Fries, Pasta Salad, Cookie
January 10	Country Fried Steak with Mashed/Gravy, Carrots, Gingerbread/topping, Roll
January 17	Grilled Ham & Cheese with Tomato Soup, Apple Sauce, Texas Sheet cake
January 24	Chicken & Biscuit over Mashed Potatoes, Green Beans, Apple Crisp
January 31	Spaghetti with Meat sauce and Side, Salad, Garlic Bread, Fruit Cup

Be sure to fill out the Needs Assessment Tool to be eligible for the FREE lunch.  
Help is available by calling 814-849-3096.

Meal includes choice of coffee, milk, or water. Any extras including pie, ice cream or other dessert will be charged accordingly to the customer. \*Please tip your server\*

**Seniors** - If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA for emergencies 24 hours a day at 1-800-852-8036.

1	2	3	4		5	6	7		8	9	10	11	<b>DOWN</b> 1. Hoarse 2. Undo laces 3. Shore birds 4. Hit 5. Chap 6. Slumbering 7. Clip 8. Interlocking joint 9. I see! 10. Fish feature 11. Shoe front 16. Threshold 20. Notched like a saw 23. Cooking vessel 24. Point 25. Everything 26. Opposite of NNW 27. Lessen 29. Above, poetically 30. President before JFK 31. Brief swim 32. Knockout count 34. Ebb 36. Certain protest (hyph.) 37. "M*A*S*H" locale 38. Best 39. To the point 42. Relax 43. Heavy weight 44. Numero ____ 45. Convent resident 47. Forget-me-____
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<b>ACROSS</b>	27. Fall	49. Altar response (2 wds.)
1. Wheel tracks	28. Banisters	50. Large bodies of water
5. "Viva ____ Vegas"	29. Strangest	51. Zilch
8. Loony	32. Threefold	52. Butterfly snare
12. Once more	33. Proclamation	53. Story
13. Cigar residue	34. Actual	
14. Cleveland's locale	35. Symbolize	
15. Sit as on a horse	37. It requires assembly	
17. Barn ornament	40. Long, narrative poem	
18. Type of bean	41. Corrode	
19. Alleviate	43. Canned fish	
21. Yup!	46. Less chewy	
22. Musical comedies	48. Burden	

## VITA TAX Program

Clarion and Jefferson County taxpayers earning \$60,000 or less may qualify for Free VITA income tax preparation. Appointment scheduling begins January 9, 2023 with tax preparation appointments starting February 6, 2023.

Please call Community Action Inc. at 814-226-4785 x 107 to leave your name and phone number. A worker will call back to schedule an appointment; please only call once. Signup sheets are also available at the Brockwayville Depot, the Heritage House, and The Foundry Senior Centers in Jefferson County; please do not call the Centers.

ADDRESS SERVICE REQUESTED

JEFFERSON COUNTY AREA AGENCY ON AGING  
186 Main Street, Suite 2  
Brookville, PA 15825

