



JEFFERSON COUNTY  
AREA AGENCY ON AGING

186 Main St STE 2 \* Brookville, PA 15825  
Phone: (814) 849-3096 1-800-852-8036  
Want to receive our newsletter by email?  
[www.jcaaa.org](http://www.jcaaa.org)

### 3<sup>rd</sup> Annual

## Happy Healthy You Day!

Brookville Heritage House  
Senior Health Fair

WHEN: Wednesday May 1<sup>st</sup>  
TIME: 9:00am-1:00pm

Information, Resources, and Health Screenings  
for Seniors.

**ALL FREE!**

Call to Sign-up 814-849-3391

### SOUP SALE!

Order By: April 12, 2024

Pick-up: April 24 between 9am-11am (at  
center you ordered from)

Cost: \$9.00 per quart  
(due at time of ordering)

Soup Available: Italian Wedding made  
by Shannon's Catering

This fundraiser benefits Jefferson County Senior  
Centers

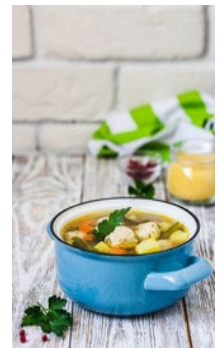
**\*No Refunds\***

Brockway  
814-265-1719

Punxy  
814-938-8376

Brookville  
814-849-3391

Reynoldsville  
814-653-2522



Keep happy Keep healthy

### Farmer Market Voucher Program 2024

We anticipate having Farmer Market Vouchers for distribution sometime in June 2024.  
Once the PA Department of Agriculture delivers the vouchers, we will set-up time for  
distribution at each senior center.

**There is no excuse for elder abuse. If you or someone you know is being subjected to abuse,  
neglect or exploitation, contact JCAA Protective Services at 1-800-852-8036.**



Coordinator: Cheryl Moore  
Phone: 814-265-1719  
Email: depot@jcaaa.org



Coordinator: Tammy Miller  
Phone: 814-849-3391  
Email: heritage@jcaaa.org

**The Brockwayville Depot Senior Center offers many activities to participate in.**

**We welcome suggestions on activities!**

**Hours are Monday-Friday 8:00am-1:00pm**

**Call 814-265-1719**

**Monday and Thursday:** Healthy Steps in Motion at 10

**Wednesday:** Chair Yoga at 11

We offer a well-balanced meal Monday through Friday. Dine-in or take-out starting at 11:30. Reservations needed for these the day before.

**Breakfast on Tuesdays** from 7:30-9:30. No reservation is needed for this. Please remember to fill out a NAT-E form!

**Also offered everyday:**

Lending Library.

Courier Express is delivered everyday to read here.

Shoot a game of pool.

And we are never short of coffee and socializing!

April 15: Seneca Alleghany Casino 9:30

Next trip June 10

April 16: Ceramics with Debbie 9:30

April 18: Grocery Bingo 6:00 pm

April 19: Birthday Celebration with lunch

April 24: Tessa from Primary Health program with activity 11:00.

Tureen Lunch 11:30 - bring a dish to pass.

### Weekly/Monthly Activities

Mondays and Wednesdays Healthy Steps in Motion 10 am

Tuesdays and Thursdays Chair Yoga 10:30 am

Mondays and Fridays Bingo 9 am

Tuesdays Dominos or other table/card game 10 am

3rd & 4th Tuesday each month Getting Crafty with Friends 1-3 pm

Wednesdays Woodcarving 9 am

Thursdays Coffee with the Veterans 9 am

Card Making-Thursday April 11 at 10 am

**\*NEW\*** Game day starting on April 23rd 1-3 pm Corn Hole & other games indoors

### Special Events

Learn how to CROCHET-This is a THREE part Class, so make sure you can attend each one, if you can't just let us know. 4/2, 4/9, & 4/16 1-3 pm

Thursday 4/4/2024 CERAMICS 9:30 am

Friday 4/5 Dale, Sue, and Sadie the Wonder Dog will be here at 11 am through 11:45 am to entertain us.

Solar Eclipse Party Monday April 8th at 1 pm-2 pm.

Tuesday 4/9 Tablet Tech with Kip 10 am

Thursday 4/11 at 11:30 am is our VOLUNTEER Luncheon. Our Volunteers are Amazing & we want to recognize them for all that they do!

Friday 4/12 Ladies Day Tea 10 a.m. A Real Tea with our real Tea Cups & Treats.

Friday 4/19 at 10 am we are building our Blue Bird boxes with Sean Lauer Wildlife Conservation Officer.

Friday 4/26 Seniors for Safe Driving 9 a.m. to 1 p.m. must pre-register.

Friday 4/26 at 10 a.m. we are making SPRING Smash Cans. These are so much fun! They make a great gift or a great door decoration for SPRING!

**SAVE the Date-Wednesday May 1st Happy Healthy You Day 9 am to 1 pm**

*Please Make Sure that you get Signed Up for any of the events you want to attend. This helps me make sure we have enough for everyone.*

**PUNXSUTAWNEY AREA  
SENIOR CENTER**

Coordinator: Debbie Long  
Phone: 814-938-8376  
Email: punxy@jcaaa.org



Coordinators: Cheryl Hannah  
Phone: 814-653-2522  
Email: foundry@jcaaa.org

**Hours are Monday thru Friday from 8:30 to 1:15.**

**Hot nutritious meals are offered daily. Take out at 11:30, dine in noon.**

Menus are available at center. The suggested donation remains \$2.50 for those 60 and older. Please preorder a day in advance. 814-938-8376.

Our center offers penny bingo, special bingo, cards, games, movies, puzzles, coloring books, word search books and much more. Suggestions for additional activities welcome.

**April 1** Slate painting. This activity will take more than a day to complete. Please sign up.

**April 5** Monthly birthday celebration

**April 8** Julie Lindemuth Entertainment at 10am Sentimental Journey. Please sign up.

**April 10** Kip 10 am technology assistance

**April 11** Volunteer Appreciation luncheon honoring our hardworking volunteers. There will be no take out that day. The suggested donation for this meal is free to volunteers, non volunteers \$5.00. Please sign up.

**April 17** Property tax and rent rebate application assistance from 1:00pm-3:00pm. Please stop in or call 938-8376 to sign up.

**April 24** Guess Who game. Participants will bring a photo of self as a child and those playing must guess the identity. Prize awarded. Please sign up.

**April 26** Ice Cream sundae after lunch.

**Hello from the Foundry!**

**Please come join us for lunch!** Everyday we serve a hot delicious and nutritious lunch for \$2.50 just call the day before to reserve yours!

Every Monday, Wednesday and Friday we have **Healthy Steps in Motion exercise** that we do either seated or standing from 10:15 am – 11:30 am

Every Thursday we play **Nickel Bingo** from 9:30 am – 11:30 am come and try your luck and then stay for lunch

Every Monday afternoon from 1pm-3pm we have **Jam Session** local musicians play and sing and may even take requests!

**Tai Chi** begins on Monday April 1st from 6-7 pm with Cheryl and Kim.

There will be NO dance on April 5th – but our dance will resume May 3rd from 6-9 pm doors open at 5:30pm

April 8th we are having a **Solar Eclipse party** at lunch – if interested come join us and call the day before!

April 11th Thursday is our **Volunteer lunch** at noon all volunteers eat free this day in appreciation for all that they do here at the Foundry!

\*\* As this is a special lunch our lunch fee is \$5.00 instead of the normal \$2.50.

April 23-May 23 Tuesday and Friday 10 am – Noon. **ArtsPath class** with Sandy Trimble. Sign up to attend.

We will be having a **guest speaker Peggy Renee Phillips Dinant** in the upcoming weeks to discuss anything from asthma, COPD, Diabetes and overall safety.

Date will be announced – so check in with us here at the Foundry or look on Facebook for our posting. Thank you and we hope you visit us soon as the Foundry.

## Caregiver Support Group

**April 4, 2024 at 3:00pm**

Heritage House Senior Center  
4 Sylvania Street Brookville, PA 15825

Group Facilitator: Kristine Santiso  
LMSW, CCM, ACM-SW, NCG, CDP

Caregiving can be a very rewarding experience but also places added stress on a caregiver's life. If you are a caregiver, please plan to attend the Caregiver Support Group at the Heritage House. Here you will have the ability to discuss and be educated on concerns, stressors, and topics only caregivers will understand.

Sitting service is available for your loved one while you attend the support group. Call to sign-up. Meetings will take place the first Thursday of every month at 3:00pm.

Please RSVP or to ask questions:

Jefferson County Area Agency on Aging 814-849-3096

**CAREGIVER**

## Summerville Eats & Sweets

Lunch available 11am-2pm on Tuesdays

- 4/2 Chicken over biscuit, mashed potatoes, green beans
- 4/9 Hot dog w/ meat sauce, mac salad, baked beans
- 4/16 Tuna melt, vegetable soup
- 4/23 Spaghetti, mixed green salad, homemade bread
- 4/30 Brown beef gravy, mashed potatoes, peas

Meal includes a choice of coffee, milk, or water. Any extras including pie, ice cream or other dessert will be charged accordingly to the customer.

\*Please tip your server\* The restaurant reserves the right to substitute items with something similar.

**A Needs Assessment MUST be completed to be eligible for this program. This program is only open to Jefferson County seniors only.**

If you would like to donate for meals, please consider sending a contribution to: Jefferson County Area Agency on Aging, 186 Main Street, Suite 2, Brookville, PA 15825



## ARE YOU ON MEDICARE?



You may qualify for financial assistance programs!

### MONTHLY INCOME AND RESOURCES HAVE INCREASED

Call the Jefferson County Area Aging PA-MEDI to help with applying or with questions.

1-814-849-3096 or 1-800-852-8036

#### EXTRA HELP

Is a program to help pay or reduce the Medicare D premium, reduce co-pays for prescriptions, and provide coverage in the gap.

You may qualify if:

- Single Person  
Monthly income \$1,903  
Resources \$17,220
- Married Couple  
Monthly income \$2,575  
Resources \$34,360

#### MEDICARE SAVINGS PROGRAM

Is a program to help pay the Medicare B premium that is usually deducted from the Social Security check.

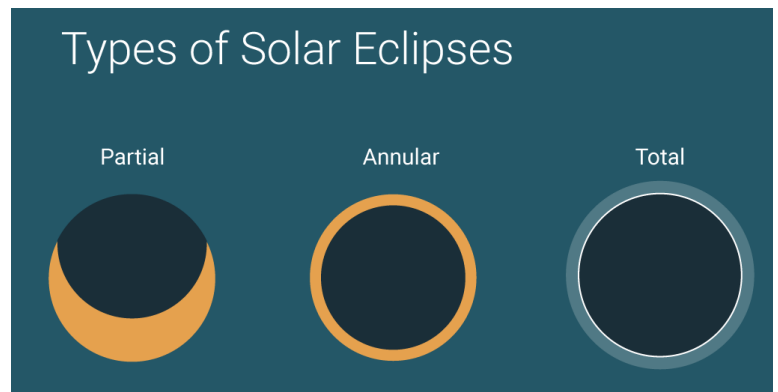
You may qualify if:

- Single Person  
Monthly income \$1,714  
Resources \$9,430
- Married Couple  
Monthly income \$2,320  
Resources \$14,130

## Solar System Word Search



ANCIENT	GIANT	RING
ATMOSPHERE	HYDROGEN	ROMAN
BAND	JOVIAN	SATURN
BRIGHTEST	JUPITER	SHAPE
DIAMETER	LARGE	SKY
EARTH	MASS	SPHEROID
ELEMENT	MOON	SUN
EQUATOR	MYTHOLOGY	SYSTEM
GALILEAN	NEPTUNE	URANUS
GALILEO	NIGHT	VENUS
GANYMEDE	PLANET	
GAS	RED	



The April 8, 2024 eclipse will be a total solar eclipse. During a total solar eclipse, the Moon moves between the Earth and Sun completely obscuring the Sun. All of the United States will experience a partial solar eclipse. An eclipse path sweeps across central Mexico, parts of Texas, Oklahoma, Arkansas, Missouri, Kentucky, Illinois, Indiana, Ohio, Pennsylvania, New York, Vermont, New Hampshire, Maine and southern Canada. During totality, you may view the Sun without proper eye protection, such as solar glasses. But during all other phases of the eclipse, you should only look at the Sun when your eyes are protected. Jefferson County Senior Centers will have a limited supply of the solar eclipse glasses for free for your safe viewing.

Eclipse Stages Worldwide	Local Time in Brookville*
First location to see the partial eclipse begin	Apr 8 at 11:42:15 am
First location to see the full eclipse begin	Apr 8 at 12:38:52 pm
Maximum Eclipse	Apr 8 at 2:17:21 pm
Last location to see the full eclipse end	Apr 8 at 3:55:35 pm
Last location to see the partial eclipse end	Apr 8 at 4:52:19 pm






Jefferson County  
Senior Center Menu



**Phone Numbers:**

Brockway 814-265-1719  
Brookville 814-849-3391  
Punxy 814-938-8376  
Reynoldsville 814-653-2522

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>BBQ Pulled Pork Sandwich 1/2c Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie</p>	<p>2</p> <p>Baked Beef Ravioli w/ Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit</p> <p></p>	<p>3</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>	<p>4</p> <p>Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p>5</p> <p>Chicken, Spinach &amp; Cranberry Salad w/ Dressing 1c. Mixed Greens &amp; Spinach 1/2c. Beets 1 Breadstick 1 Piece Cake</p>
<p>8</p> <p>Orange Glazed Pork Loin 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread 1/2c Peach Crisp</p>	<p>9</p> <p>Balsamic Glazed Chicken w/Tomatoes &amp; Mozzarella Cheese 1/2c Seasoned Rice 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>10</p> <p>Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie</p>	<p>11</p> <p><b>JCAA Volunteer Recognition Lunch!</b> Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Corn 1 Dinner Roll 1/2c Coleslaw 1 piece Jello Poke Cake</p>	<p>12</p> <p>Tuna Salad Sandwich w/lettuce &amp; tomato 1c Bean Soup 1/2c Tomato &amp; Cucumber Salad 2 White Bread Seasonal Fresh Fruit</p>
<p>15</p> <p>Parmesan Chicken Over 1/2c. Lemon Asparagus Pasta 1c. Tossed Salad w/ Tomato 1 Breadstick 1/2c. Apple Crisp</p>	<p>16</p> <p>Sweet &amp; Sour Pork 1/2c. Rice 1/2c Broccoli &amp; Cauliflower Blend 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>17</p> <p>Stuffed Pepper w/ Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding</p>	<p>18</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin</p>	<p>19</p> <p>Sloppy Joe 1/2c Tater Tots 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit</p>
<p>22</p> <p>Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears</p>	<p>23</p> <p>Creamy Vegetable Lasagna Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese</p>	<p>24</p> <p> Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Roasted Brussel Sprouts 1 Wheat Bread 1/2c Mandarin Oranges</p>	<p>25</p> <p>Baked Lemon Pepper Fish 1/2c Rice Pilaf 1/2c California Blend Vegetables Dinner Roll Seasonal Fresh Fruit</p>	<p>26</p> <p>Baked Meatloaf w/ Gravy Baked Potato 1/2c Peas 1 White Bread 1/2c Gelatin</p>
<p>29</p> <p>Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie</p>	<p>30</p> <p>Pasta &amp; Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>	<p><b>*Menu subject to change*</b></p>	<p><b>RESERVATIONS/ CANCELLATIONS REQUIRED with 24 Hour Notice.</b></p> <p></p>	<p><b>Centers NOT open on weekends to take reservations for Monday.</b></p>



## PENNSYLVANIA PROPERTY TAX or RENT REBATE PROGRAM 2023

### AM I ELIGIBLE?

The program benefits income-eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older.

#### HOMEOWNERS

Income	Maximum Rebate
\$ 0 to \$ 8,000	\$1,000
\$ 8,001 to \$15,000	\$ 770
\$15,001 to \$18,000	\$ 460
\$18,001 to \$45,000	\$ 380

#### RENTERS

Income	Maximum Rebate
\$ 0 to \$ 8,000	\$1,000
\$ 8,001 to \$15,000	\$ 770
\$15,001 to \$18,000	\$ 460
\$18,001 to \$45,000	\$ 380

#### Other tips:

- NEVER send originals of any paperwork. Always make a copy and send copy with application.
- Selecting Direct Deposit will result in a quicker rebate.

### Documents to have ready when you apply:

All 2023 income (1099's and W2's)

- Social Security
- Railroad Retirement
- Pensions
- Others like gain/loss you will get from the completed income tax. Inheritance, alimony, lottery winnings, etc.

#### HOMEOWNERS:

Fall and Spring property taxes. must be signed and dated by the tax collector.

Mortgage interest statement showing taxes were paid.

#### RENTERS:

Must have the PA Rent Certificate completed before submitting.

If Landlord won't complete the form, person must have it notarized and write why the landlord will not complete the form.

### To Check the Status of Your Rebate:

1. Call 888-222-9190 or
2. Go online to <https://mypath.pa.gov/>

### Assistance Available!

Jefferson County Area Agency on Aging  
186 Main Street, Suite 2 Brookville, PA 15825  
CALL 814-849-3096 to schedule an appointment.

Rep. Brian Smith District Office  
82 Barnett Street, Brookville, PA 15825  
Phone: 814-849-8008

Sen. Cris Dush District Office  
73 S. White Street, Brookville, PA 15825  
Phone: 814-646-7272

Brookville Heritage House  
Department of Revenue on site  
May 14 and May 21 from 10am-2pm

Other Jefferson County Senior Centers  
Call to find out available dates/times.

Brockway: 814-265-1719  
Punxy: 814-938-8376  
Reynoldsville: 814-653-2522



## Are you a military veteran in need of food?

**Military Share in Jefferson**  
**Our next distribution will be**  
**Thursday, April 4<sup>th</sup>.**



*The Military Share program of Second Harvest Food Bank of Northwest Pennsylvania delivers fresh, nutritious foods to individuals and families who are in need and meet income requirements with at least one member who has served or is serving in the Armed Forces or National Guard.*

**Location: Jefferson County Fairgrounds;**  
**1514 State Route 28, Brookville, PA. 15825**  
**Time: 3:00 P.M. First Come, First Served.**

***\*\*Distribution will be in a drive-thru format.***

For all inquiries and qualifications for this FREE program, please call the Second Harvest Food Bank Food Helpline: 814-459-3663 extension 117.