



186 Main St STE 2 * Brookville, PA 15825
Phone: (814) 849-3096 1-800-852-8036
Want to receive our newsletter by email?
www.jcaaa.org



2025 Senior Farmers Market Nutrition Program – What to Expect

The Senior Farmers Market Nutrition Program helps low-income seniors buy fresh produce from local farmers and runs June 1st to November 30th each year.

As the season approaches, it is important to note some changes in how the program will be implemented by our agency. We will have in-person distribution at our senior centers as well as by mail. You may call the Main Office at 814-849-3096 with questions.

Eligible applicants will receive \$25 in vouchers
(half the amount that was issued last year) redeemable at participating farmers markets and stands. Stay tuned for more information!

VOUCHERS AVAILABLE AFTER JUNE 1ST

The centers in-person pick up times:

- **Brockway**- Every Monday 8am-1pm
- **Heritage House** – Every Tuesday 9am- 11:30am
- **Reynoldsville**- June 18th, July 16th and August 20th
- 9:30am – 12:30pm
- **Punxsy**- Every Monday & Tuesday 9am – 11am

You can watch the My Plate video and also save a stamp by filling out your application online with the QR code below.



Jefferson County Area Agency
on Aging Main Office and
Senior Centers will be closed
on June 19th

Caregiver Support Group

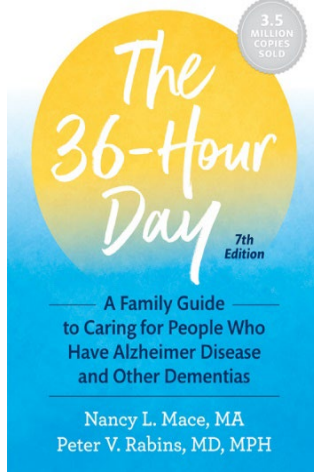
June 5 - 4:00pm

Heritage House Senior Center 4 Sylvania St Brookville

Group Facilitator: Kristine Santiso

LMSW, CCM, ACM-SW, NCG, CDP

A JOHNS HOPKINS PRESS HEALTH BOOK



Please RSVP or to ask questions:

Jefferson County Area Agency on Aging 814-849-3096

Need a Passport?
Visit the Prothonotary's office!

Jefferson County Courthouse
200 Main Street Brookville, PA 15825

Tonya S. Geist, Prothonotary

814-849-1606

Hours: 8:30am-4:30pm

PASSPORT CHECKLIST

- Passport Application
- Driver License
- Long Form Birth Certificate
- Certificate Must Have Both Parents Full Names
- Passport Photo Available to Be Taken Here
- 2 Forms of Payment
- Appointment Preferred, Please Call with Questions



Seniors For Safe Driving

Mature Driver Improvement Course

In-Person Classes	
<p>Brookville Heritage House 4 Sylvania St Brookville, PA 15825</p> <p><u>TWO CLASS OPTIONS:</u> June 27, 2025 September 12, 2025 9am-1pm</p>	<p>Reynoldsville Foundry Senior Center 45 W. Main St Reynoldsville, PA 15851</p> <p><u>TWO CLASS OPTIONS:</u> June 24, 2025 October 7, 2025 9am-1pm</p>
<p>Course Tuition \$17.00 per student Due at time of registration</p>	<p>To register or find additional courses visit: www.seniorsforsafedriving.com Call: 1-800-559-4880</p>

For office use only
Application _____

**COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF AGRICULTURE
SENIOR FARMERS' MARKET NUTRITION PROGRAM**

2025 APPLICATION FORM

To qualify, you must be 60 or older (or turn 60 by 12/31/2025) and meet the household income guidelines.

RIGHTS AND RESPONSIBILITIES

I certify that the information I have provided for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law. Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP. By signing this, I acknowledge that my total household income is within the Income guidelines: **\$28,953** for 1 person in the household; or **\$39,128** for 2 people in the household and that I am 60 years old or older (or will turn 60 by 12/31/2025).

1st Participant Name (print): _____ **Birth Date** _____
(Person checks are for)

(Signature)

2nd Participant Name (print): _____ **Birth Date** _____
(Person checks are for)

(Signature)

Address (print): _____
(Street) (City) (State) (Zip Code)

Telephone Number: _____ **County of residence:** _____

☐ I will/have watched the "My Plate for Older Adults" video prior to redeeming my SFMNP vouchers.

Please circle appropriate identifier for each:

Ethnicity:	Hispanic or Latino	Not Hispanic or Latino	
Race:	American Indian or Alaskan Native	Asian	Black or African American
	Native Hawaiian or other Pacific Islander	White	

Check Range: _____ **(Office Use Only)**

Please see back for USDA Nondiscrimination Statement

PLEASE MAIL APPLICATION TO: Jefferson County Area Agency on Aging or Email to: sfnmp@jcaaa.org
186 Main Street Suite 2 Brookville, PA 15825 **LAST DAY TO RECEIVE CHECKS: 9/30/25**

PLEASE MAIL APPLICATION TO:
Jefferson County Area Agency on Aging
186 Main Street Suite 2 Brookville, PA 15825

or Email to: sfnmp@jcaaa.org

“Please **DO NOT Mail Your Application to the US Department of Agriculture.”**

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(202) 690-7442; or
3. **email:**
Program.Intake@usda.gov

This institution is an equal opportunity provider.

PLEASE MAIL APPLICATION TO: Jefferson County Area Agency on Aging or Email to: sfnmp@jcaaa.org
186 Main Street Suite 2 Brookville, PA 15825 **LAST DAY TO RECEIVE CHECKS: 9/30/25**

There is no excuse for elder abuse. If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA Protective Services at 1-800-852-8036.



**Jefferson County
Senior Center Menu**







Phone Numbers:

Brockway 814-265-1719

Brookville 814-849-3391

Punxy 814-938-8376

Reynoldsville 814-653-2522

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin</p>	<p>3</p> <p>Roast Beef Sandwich (3oz Roast Beef) w/ 1 slice Mozzarella Cheese) 1c Cream of Cauliflower Soup 1 Hamburger Bun 1/2c Blushed Pears</p>	<p>4</p> <p>3oz Kielbasa w/ 1oz Sauerkraut 1/2c Homemade Haluski 1/2c Brussel Sprouts 1/2c Applesauce</p> <p></p>	<p>5</p> <p>Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1c Tossed Salad w/ Tomato 1/2c Mandarin Oranges</p>	<p>6</p> <p>3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>
<p>9</p> <p>3oz Sausage Gravy 1 Biscuit 1 Egg Bite 1/2c Diced Potatoes 4oz Orange Juice</p> <p></p>	<p>10</p> <p>Turkey Chef Salad (2oz Turkey, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin</p>	<p>11</p> <p>Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Fresh Fruit</p>	<p>12</p> <p>Sweet & Sour Pork 1/2c Brown Rice 1/2c Broccoli & Cauliflower Blend 1 Wheat Bread Fresh Fruit</p>	<p>13</p> <p>1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Warm Applesauce</p>
<p>16</p> <p>Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>17</p> <p>Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Breadstick 1/2c Mixed Fruit Salad</p>	<p>18</p> <p>Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple</p>	<p>19</p> <p>Centers Closed</p> <p></p>	<p>20</p> <p>Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding</p>
<p>23</p> <p>4oz Chicken Salad Sandwich 1c Cream of Potato Soup 1/2c Pickled Beets Hamburger Bun Fresh Fruit</p>	<p>24</p> <p>3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 White Bread 1/2c Peach Crisp</p>	<p>25</p> <p>Hot Dog 1/2c Cheesy Potatoes 1/2c Sauerkraut 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges</p>	<p>26</p> <p>Chicken, Spinach & Cranberry Salad w/ Dressing 1c. Mixed Greens & Spinach 1/2c Pea Salad 1 Breadstick 1 Piece Cake</p>	<p>27</p> <p>BBQ Pork Ribette 1/2c Buttered Pasta 1/2c Broccoli Salad 1 Sandwich Roll 1/2c Pineapple Delight</p>
<p>30</p> <p>Chicken & Dumplings 1/2c Mixed Vegetables 1 Whole Grain Buttermilk Biscuit 1/2c Fresh Melon</p>		<p>*Menu Subject to Change*</p>	<p>RESERVATIONS/ CANCELLATIONS REQUIRED with 24 Hour Notice.</p> <p></p>	<p>Centers NOT open on weekends to take reservations for Monday.</p>



Brockwayville Depot

Coordinator: Cheryl Moore
Phone: 814-265-1719
Email: depot@jcaaa.org



Coordinator: Tammy Miller
Phone: 814-849-3391
Email: heritage@jcaaa.org

New Hours for 2025!

Updates:

- Hours of operation: Monday 8am-1pm and Tuesday 6am-11am
- Lunch reservation for Mondays are needed the prior Tuesday by 10am.
- Breakfast served Tuesday from 7:30-9:30.

Regularly Scheduled Weekly Activities:

- Every Monday at 10:00 Healthy Steps in Motion
- Also Available is our library, Courier Express newspaper, pool table, and coffee!

Scheduled Activities for June:

- June 16: Birthday Celebration with lunch
- June 23: It's Sundae day! Make your own with lunch!
- Looking ahead on July 14th is our trip to Farmer's Inn. Limited bus transportation. \$5.00 fee for this event paid ahead or day of to Cheryl Moore. More info to follow soon.

Welcome to June at The Heritage House

Regularly Scheduled Weekly Activities:

- Mondays and Wednesdays Healthy Steps in Motion 10 am
- Tuesdays and Thursdays Chair Yoga 10:30 am
- Every 2nd and 4th Wednesday and every 1st, 3rd, & 5th Monday afternoon 1-3 pm Getting Crafty with Friends
- Mondays and Fridays Bingo 9 am
- 1st, 3rd, & 5th Wednesdays at 1 pm Hand & Foot Card Game
- Wednesdays Woodcarving 9 am
- Thursdays Coffee with the Veterans 9 am
- Free Coffee and Conversation Everyday as well as magazines to read, & board games and cards to play in our lovely Cafe'

Scheduled Activities for June:

- No Chair Yoga with Leigh on June 3rd or 5th she is off.
- Thursday June 5th we will have Renee Peace from Dubois teaching some chair yoga at 10:30 am
- Wednesday June 4th at 10 am Join us to make door decorations for the residents doors at the Jefferson Manor and Brookside.
- Friday June 6th at 10:30 am we are building blue bird boxes come join us and build your own blue bird box-please bring a power drill if you have one.
- Friday June 6th at 11:15 am ATA will be here to talk to us about their program and have a Q & A session. Make Sure you sign up.
- Friday June 13th Sherri Patterson will be here talking about Heat Stroke/ Dehydration at 10:30 am
- Friday June 13th at 11 am we will have a presentation on Digital/Telehealth To help everyone understand how this works in case you need to use it someday-if you sign up & attend, you get a special treat.
- The center will be closed on June 19th for the Holiday
- Friday June 20th Doug Nixon from Ace will be here doing a plumbing demonstration at 10:30 am
- Friday June 27th is the Seniors for Safe Driving Class starting from 9-1 pm please call to get signed up for this one or stop in my office.
- Monday June 30th the center will be CLOSED due to our trip to Farmers Inn-we will meet at 11 am at Farmers Inn on this Day, You MUST be signed up by Monday June 23rd to attend this trip.

Looking Ahead:

Friday July 11, we will be hosting another Music Night at the Heritage House and in August we are having an Elvis impersonator in for a music night program. Look for more info in the July & August Sunshine Line.**

Farmers Market Vouchers-Tuesday June 3rd Farmers Market Vouchers will be issued from 9 am to 11:30 pm and each Tuesday after that from 9 am to 11:30 am also and on June 25th there will be an actual Farmers Market to shop at in the Heritage House Parking Lot from 9:30-12:30 pm and checks will be issued during that time as well. Checks will NOT be issued at any other times, so please only stop in when we are issuing them. THANKS!

PUNXSUTAWNEY AREA SENIOR CENTER

Coordinator: Debbie Long
Phone: 814-938-8376
Email: punxy@jcaaa.org



Coordinators: Cheryl Hannah
Phone: 814-653-2522
Email: foundry@jcaaa.org

Hello June!

Updates and Weekly Activities:

- We are open Mondays and Tuesdays 8 to 1 with a congregate meal at noon. Must be ordered a day in advance – (814) 938-8376
- Our meals are fresh and nutritious. Suggested donation \$2.50.
- We welcome newcomers! Our current consumers are very excited when new folks come.
- On hand we have games, puzzles, cards, coloring, old classic movies, crafts, educational speakers and much more. Once a month Lori Fulton, RN stops in to discuss health issues.
- Hot and cold beverages are available and most days a treat appears. Occasional celebrations happen – which are always a good time.
- Farmers Market vouchers will be available in June. Exact date TBA. Those who meet the income guidelines and born 1965 or before are eligible

Scheduled Activities for June:

- Monday, June 2 and Tuesday June 3 slate painting
- Monday, June 9 – trip to Farmers Inn for current consumers. There is a \$5 cost per participant. Departure time TBA
- Monday, June 16 – LCR game – remember to bring 3 lottery tickets
- Monday, June 30 – Lori Fulton, RN @10am

There June be other activities throughout the month.

Come and check us out!

We welcome the Month of June here at the Foundry ! How can it be June already!?

Regularly Scheduled Weekly Activities:

We serve a delicious lunch here every day at Noon – call the day before to reserve yours! Lunches are \$2.50 and are prepared by our awesome Nutrition group.

- The coffee pot is always on and the Courier Express is on hand for you to read as you enjoy your coffee!
- We have an exercise room in our downstairs with various pieces of equipment for your use. Also, we offer a small library to come and read awhile or take a book home with you
- Every Monday, Wednesday, Friday we offer Healthy Steps In Motion from 10:15-11:30 am to stay in shape and get you moving. You June do seated or standing.
- Nickel Bingo is on Thursdays from 9:30-11:30 am come and give it a try! Our bingo ladies have a really good time
- Monday afternoons from 1-3pm we have Jam Session – we have a group of friends come and play and sing Country, Gospel, and share songs they June have written – it really is a nice time

Scheduled Activities for June:

- We are having our dances resume on June 6th with “ Ain’t Nothing Fancy” the doors will open at 5:30 pm and the dance is from 6-9pm we offer a light menu if you are hungry and you June purchase something to eat or drink.
- June 18th We will be offering a “pop-up” Farmer’s Market so that you June use your vouchers! 9:30-12:30 they will be in the parking lot of the Foundry this day. We will offer a day in July and a day in August (TBA)
- Starting June 19th and every Thursday for 8 weeks from 9-11:00 am The Foundry is partnering with Penn Highlands Healthcare and is offer a program called “ A Matter of Balance” – this is a program offered for anyone that is concerned about falling and restriction of activities. This program is going to share how to improve balance, flexibility and strength. Any questions? Please call Cheryl Hannah at the Foundry at 814-653-2522 to sign up.
- On June 24th the Foundry is offering a Seniors for Safe Driving class from 9:00 am-1:00 pm Please call 814-653-2522 to speak with Cheryl or to sign up.
- June 26th We will have representatives here from Baltimore Life to discuss Estate Planning – program starts at 11:30 am – call if you would like a lunch that day.

Come and visit us here at the Foundry!



Are you a military veteran in need of food?

Military Share in Jefferson
Our next distribution will be

Thursday, June 5th .



The Military Share program of Second Harvest Food Bank of Northwest Pennsylvania delivers fresh, nutritious foods to individuals and families who are in need and meet income requirements with at least one member who has served or is serving in the Armed Forces or National Guard.

Location: Jefferson County Fairgrounds;
1514 State Route 28, Brookville, PA. 15825
Time: 3:00 P.M. First Come, First Served.

*****Distribution will be in a drive-thru format.***

For all inquiries and qualifications
 for this FREE program, please call the
 Second Harvest Food Bank Food Helpline:
 814-459-3663 extension 117.