

The Sunshine Line

Volume 8 Issue 8 August 2025



JEFFERSON COUNTY
AREA AGENCY ON AGING

186 Main St STE 2 * Brookville, PA 15825

Phone: (814) 849-3096 1-800-852-8036

Want to receive our newsletter by email?

www.jcaaa.org

LEAVE A LEGACY IN YOUR COMMUNITY

It's Easy!

Planned giving is easy and you don't have to be wealthy to do it! Whether it's naming Jefferson County AAA in your will or trust, gifting a house or property, stocks or business holdings, there are many options to best fit your goals.



JEFFERSON COUNTY
AREA AGENCY ON AGING

What Is A Planned Gift?

A planned gift is an investment that will grow and benefit the Jefferson County Area Agency on Aging for many years to come.

As a non-profit, we are committed to ensuring seniors in our community will never have to worry about whether they may lose services they need every day. From in home services to our senior centers, you will make an impact every day for years to come.



Reasons To Leave A Legacy



It Can Provide Tax Benefits- see your financial or estate planner for your individual needs.



It Can Work With Family Priorities- gifts for family and charity can meet all of your goals.



It Will Be Remembered- leave a legacy to help continue the good work being done in our community!

Why have our donors decided to choose Jefferson County Area Agency on Aging as part of their estate planning?

"I wanted to give back to the community where I grew up. Making Jefferson County Area Agency on Aging part of my planning was a way for me to make sure my gift made an impact locally. Estate planning is helping my family and my community."

- Anonymous Donor

The Jefferson County Area Agency on Aging services helped my parents to be able to stay in their homes throughout their lives. This was important to them and to me. The Agency helped them manage their care and achieve their goals for independence and dignity. It is important to me to contribute to help others through estate planning."

-Dave L.

Let's discuss how you can make a difference in your community for years to come!



814-849-3096



info@jcaaa.org



jcaaa.org

A caregiver video collection, from trusted sources, — all in one place!



CAREGIVER RESOURCES

Caregiver Video Library

Explore this collection of videos that provide guidance for different caregiving tasks.

PA CareKit

pa.gov/CareKit

Jefferson County Caregiver Support Group

August 14 - 4:00pm

Heritage House Senior Center

4 Sylvania St Brookville

Group Facilitator:

Kristine Santiso

LMSW, CCM, ACM-SW, NCG, CDP

QUESTIONS?

Call 814-849-3096



Song Title Word Search

R Z P V U V M W M Y M Z A I D S T H E L O T T O
 O D I O R E O E B C R T A K E Y O U R S J D T Q
 Y M R X P X G D C W C L A S S I C A C S I A O O
 A B T C G M N I H O H E Y Y S M O N L T Z I U A
 L X D T X L E T D N U O F I T T F O B S N Q T N
 T S A F L M T P H T A V F T R E R D T D P U N W
 Y Q O V R A Y I A S M A I S A L E E N U H J I R
 U Q R T K G R R K R B I T K W L M T S O Y P R K
 M O O N L I G H T I L Z D L B T A O Y L A K P F
 Z O K O Q C H P R F L T A A E H E L A C E R E E
 B I P H U I B N K E Z R N T R E R M W S L R N T
 A D A C L N A U Y M Y E D E R W D A L V A A I H
 H S R Y U T C S O E S R E L Y O A N A X L V F E
 A L A S F H K R A K F R L T B R E B C N A T E B
 R A D P R E H O L O H E I T L L E U E P L H H A
 D B I T E H O I A R Z I O I O D S R T L A B T R
 T G S U D A M R L B G P N L N H I G D Q N C T R
 O O E B N M E R H U D Y S S D Z S C U Y D Z H E
 F R T E O P M A O O G I Q F W O L L E Y G A S L
 O I O T W T G W O Y A F W F R U E T H E D A Y Y
 R N M U R O U N D E R T H E T R E E L L V B N L
 G W E C M N Q W A L K I N G O N T H E W A V E S
 E O B Q R S W S K L A T Y D O B Y R E V E C Y V
 T Z B U R N T H E H O U S E D O W N Y G J E P K

Magic in the Hamptons
 Walking on the Waves
 An Ode to L'manburg
 Burn the House Down
 you broke me first
 Strawberry Blond
 I See A Dreamer
 Everybody Talks
 Cute but Psycho

Under the Tree
 Paradise to Me
 The Fine Print
 Tell the World
 Hard to Forget
 Mr. Wonderful
 Little Talks
 Classic
 Clouds

Rue the Day
 Dandelions
 La La Land
 The Barrel
 Take Yours
 Pierre
 Always
 Royalty
 Riptide

The Lotto
 Moonlight
 Back Home
 Ooh La La
 Roadtrip
 Warriors
 I Found
 Ho Hey
 Yellow

JEFFERSON COUNTY AREA AGENCY ON AGING

2025 SENIOR CITIZEN HEALTH FAIR

FRIDAY SEPTEMBER 12TH

Time: 10:00AM – 1:00PM

No Lunchtime Meal This Year.

We will have coffee, donuts, and water available.

JOIN US FOR FREE:
HEALTH SCREENINGS
COMMUNITY RESOURCES
PRIZES
AND MORE!

QUESTIONS?
CALL
814-849-3096

LOCATION:
JEFFERSON COUNTY
FAIRGROUNDS
146 STRISHOCK LANE
BROOKVILLE, PA 15825



There is no excuse for elder abuse. If you or someone you know is being subjected to abuse, neglect or exploitation, contact JCAA Protective Services at 1-800-852-8036.



**Jefferson County
Senior Center Menu**







Phone Numbers:

Brockway 814-265-1719

Brookville 814-849-3391

Punxy 814-938-8376

Reynoldsville 814-653-2522

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Menu Subject to Change*</p> 	<p>Centers NOT open on weekends to take reservations for Monday.</p> <p>RESERVATIONS/ CANCELLATIONS REQUIRED with 24 Hour Notice.</p>			<p>1 1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Warm Applesauce</p>
<p>4 Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>5 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Breadstick 1/2c Mixed Fruit Salad</p>	<p>6 Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple</p>	<p>7 3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Broccoli Dinner Roll 1/2c Blushed Fruit</p>	<p>8 Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding</p>
<p>11 4oz Egg Salad Sandwich 1c Cream of Potato Soup 1/2c Broccoli Salad Hamburger Bun Fresh Fruit</p>	<p>12 3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Carrots 1 White Bread 1/2c Peach Crisp</p>	<p>13 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Peas 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges</p>	<p>14 Chicken, Spinach & Cranberry Salad w/ Dressing 1c. Mixed Greens & Spinach 1/2c Pickled Beets 1 Breadstick 1 Piece Cake</p>	<p>15 BBQ Pork Ribette 1/2c Buttered Pasta 1/2c Brussel Sprouts 1 Sandwich Roll 1/2c Bread Pudding</p>
<p>18 Sweet & Sour Meatballs (4) 1/2c White Rice  1/2c Oriental Vegetables 1 Wheat Bread 1/2c Fresh Melon</p>	<p>19 Shrimp Scampi (3oz Shrimp) 1/2c Creamy Pasta 1/2c Lemon Pepper Broccoli  1 Breadstick 1/2c Pudding</p>	<p>20 Chicken Philly Cheesesteak  1c Cream of Spinach Soup 1/2c Coleslaw 1 Hoagie Roll 1/2c Gelatin</p>	<p>21 Swiss Steak w/ Onion Gravy 1/2c Buttered Parsley Noodles 1/2c Green Beans Wheat Bread 1/2c Pineapple Delight</p>	<p>22 Sliced Ham 1/2c Tri Color Sweet Potatoes 1/2c Peas 1 Dinner Roll 1 Cookie</p>
<p>25 3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread Seasonal Fresh Fruit</p>	<p>26 Grilled Chicken Salad (2oz Chicken, HB Egg, Cheddar, over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p>27 Western Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 Biscuit w/ Jelly 4oz Apple Juice</p>	<p>28 1c Cabbage Roll Casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll 1/2c Fruit Crisp</p>	<p>29 BBQ Chicken Breast 1/2c Country Collard Greens 1/2c Baked Beans 1 Dinner Roll Seasonal Fresh Fruit</p>



Brockwayville Depot

Coordinator: Cheryl Moore
Phone: 814-265-1719
Email: depot@jcaaa.org



Coordinator: Tammy Miller
Phone: 814-849-3391
Email: heritage@jcaaa.org

Hours of operation: Monday 8am-1pm and Tuesday 6am-11am

Updates:

- Lunch reservation for Mondays are needed the prior Tuesday by 10am.
- Breakfast served Tuesday from 7:30-9:30 no reservation required.
- Breakfast will be cancelled 8/19, 8/26, 9/2, 9/9, and 9/16 BUT Lunch will be served during this time at 11:30. You must make a reservation for lunch.

Regularly Scheduled Weekly Activities:

- Also offered everyday:
- Lending Library and Courier Express newspaper
- Shoot a game of pool!
- Coffee pot is always on with great socializing!
- Did you know you can RENT the facility for a party? Call the Brookville office at 814-849-3096 for more information.

Scheduled Activities for August:

- August 5: Blood Drive 1pm-5:30pm. Register with the American Red Cross
- August 11: Celebration for August Birthdays!
- August 30: Brockway Alumni Dinner

Hello and Welcome to August at The Heritage House

If you have never been in to the center or haven't been in for a while, I encourage you to stop in to see what all we have going on and see if there might be something that might interest you. Coming in to the center is a great way to stay active, stay cool, and meet other seniors just like you. We have such a wonderful center to gather in and we hope You decide to join us this month.

Lots of great things happening!

Regularly Scheduled Weekly Activities:

- Mondays and Wednesdays Healthy Steps in Motion 10 am
- Tuesdays and Thursdays Chair Yoga 10:30 am
- Every Tuesday Getting Crafty with Friends 1-3 pm Bring your own craft and work along with others while chatting, learning new crafts, and making new friends.
- Mondays and Fridays Bingo 9 am
- 1st, 3rd, & 5th Wednesdays at 12:30 pm Hand & Foot Card Game
- Wednesdays Woodcarving 9 am
- Thursdays Coffee with the Veterans 9 am
- Free Coffee and Conversation Everyday as well as magazines to read, & board games and cards to play in our lovely Cafe'

Scheduled Activities for August:

- Friday August 8th Sherri Patterson will be here discussing Hearing Disorders at 10:30 am
- Friday August 15th Kick Off to our Week of FUN-Theme WEEK-Today is GAME DAY Join us from 10:30-11:30 am for indoor games-corn hole, yard Yahtzee, & more.
- Monday August 18 Decorate your own cupcake 10-11:30 am stop in and decorate your own cupcake.
- Tuesday August 19 Favorite Shirt Day wear your favorite shirt to win a prize open to anyone at the center drawing at lunchtime.
- Tuesday August 19 Treasure Hunt Day-stop in the office for the form to fill out for this activity. 9 am to 11:30 am One Day Only
- Wednesday August 20 Health and Wellness Day Join us for Healthy Steps in Motion at 10 am and then check out our Health and Wellness Table for lots of great healthy info. & possibly a healthy snack. 10-11:30 am
- Thursday August 21 Horoscopes, fortunes, and Tattoos Day stop in between 10-11:30 am for yours.
- Friday August 22 Craft Day stop in and join us for a craft of your choice we have several to choose from 10-11 am
- In addition to all the activities for our Week of Fun we will also have giveaways so make sure you get a ticket each day you participate, in the office from Tammy.
- Friday August 22nd at 6 pm we have a performance by Elvis/Kurt Nova. Doors will open at 5:15 pm and we will have snacks and drinks for purchase. There is a \$5 cover charge for this event.
- Friday August 29th Craft Day-Fall Smash Cans...make sure you stop by the center and sign up.

PUNXSUTAWNEY AREA SENIOR CENTER

Coordinator: Debbie Long
Phone: 814-938-8376
Email: punxy@jcaaa.org



Coordinators: Cheryl Hannah
Phone: 814-653-2522
Email: foundry@jcaaa.org

Welcome August – stay cool – FYI
we have air conditioning, ice water
and ice tea.

Updates and Weekly Activities:

- Center located at 222 N. Findley St. Punxsutawney (within the ATA building)
- Hours 8 to 1 – Monday and Tuesday
- Lunches served at noon and must be ordered a day in advance, sign in at center or call 814-938-8376
- Suggested donation is \$2.50-\$5.00
- Please join us – available bingo, cards, games, crafts, movies, puzzles, book library, daily local newspaper and more.
- There are on going craft projects with necessary supplies available. Just sit down and be creative. Help is also available.
- Nearly every day a generous person brings a treat for all to enjoy.

Scheduled Activities for August:

- Monday, August 11, Judy from Serv-Pro will be presenting a discussion concerning mold – 10:00 am
- Monday, August 18, Ed and Chris from Baltimore Life will be educating us about Life Insurance Annunities – at 10 am
- Monday, August 25, Lori Fulton, RN will stop in to answer health related concerns, time undetermined

Happy August from the Foundry in Reynoldsville !

Regularly Scheduled Weekly Activities:

- Effective August 4th, 2025 the Foundry will have new hours of operation – we will be Open Monday, Tuesday, and Wednesday 9am – 2pm We will be closed Thursday and Friday
- Monday and Wednesday we will have Healthy step in motion from 10:15am – 11:30 am
- Tuesdays we will have Nickel bingo from 9:30-11:30 am
- Jam Session will continue to meet Monday's 1-3 pm
- We will continue to rent the Foundry for Bridal showers, Baby Showers, birthday parties, graduation parties and family dinners etc give Cheryl a call at 814-653-2522 if you are interested in renting the Foundry out.
- We also have an exercise room downstairs if you wish to walk on the treadmill or ride a stationary bike.
- We have coffee and the Courier Express available every day so stop by.
- Lunch is offered every day at noon call ahead the day before to order yours!

LOOKING AHEAD :

- WE WILL BE HAVING A SENIOR DANCE ON SEPTEMBER 5TH WITH "Ain't Nothin Fancy" 6-9 doors open at 5:30 pm we will be offering a light menu and food is available to purchase - \$5.00 cover charge at the door.
- *****We Will having a craft show here at the Foundry Saturday November 8th from 9am- 2pm \$10.00/table for rental – We offer 20 tables and 6 are already spoken for if you are interested give Cheryl a call at 814-653-2522. Hope to see you soon!



Are you a military veteran in need of food?

Military Share in Jefferson
Our next distribution will be

Thursday, August 7th .



Second Harvest
Food Bank
of Northwest Pennsylvania

The Military Share program of Second Harvest Food Bank of Northwest Pennsylvania delivers fresh, nutritious foods to individuals and families who are in need and meet income requirements with at least one member who has served or is serving in the Armed Forces or National Guard.

Location: Jefferson County Fairgrounds;
1514 State Route 28, Brookville, PA. 15825
Time: 3:00 P.M. First Come, First Served.

*****Distribution will be in a drive-thru format.***

For all inquiries and qualifications
 for this FREE program, please call the
 Second Harvest Food Bank Food Helpline:
 814-459-3663 extension 117.